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Abstract: Hydrogels are hydrophilic polymer networks, able to absorb large amount of water, increasing their volume and showing a plethora of different material behaviors. Since their first practical application, dating from sixties of last century, they have been employed in several fields of biomedical sciences. After more than half a century of industrial uses, nowadays a lot of hydrogels are currently on the market for different purposes, and offering a wide spectra of features. In this review, even if it is virtually impossible to list all the commercial products based on hydrogels for biomedical applications, an extensive analysis of those materials that have reached the market has been carried out. The hydrogel-based materials used for drug delivery, wound dressing, tissue engineering, the building of contact lens, and hygiene products are enlisted and briefly described. A detailed snapshot of the set of these products that have reached the commercial maturity has been then obtained and presented. For each class of application, the basics of requirements are described, and then the materials are listed and classified on the basis of their chemical nature. For each product the commercial name, the producer, the chemical nature and the main characteristics are reported.

Dear Editor,

Enclosed please find the manuscript entitled “**Hydrogel-based commercial products for biomedical applications: a review**” by Gaetano Lamberti and myself.

The manuscript consists of an extensive analysis of those hydrogel based products that have reached the market. The hydrogel-based materials used for drug delivery, wound dressing, tissue engineering, the building of contact lens, and hygiene products are enlisted and briefly described. A detailed snapshot of the set of these products that have reached the commercial maturity has been then obtained and presented.

In my opinion, this approach can be of great interest for readers of *International Journal of Pharmaceutics* and it is suitable for the special issue named ‘*Hydrogels new apps*’. It is an original work, it has not been previously published in any language anywhere and that it is not under simultaneous consideration by another journal.

Look forward to hear from you

Best Regards  
Sara Cascone

Dear Editor,

I am writing with reference to the manuscript entitled "Hydrogel-based commercial products for biomedical applications: a review" (Manuscript number: IJP-D-19-01120R1) by Gaetano Lamberti and myself, submitted for publication in [International Journal of Pharmaceutics](#).

Attached to this letter you can find the answers and revisions we have made in response to the Reviewer 1; questions and suggestions in a point-by-point fashion (the queries are in black, the answers in red). Also, the modifications made in the manuscript are in red in the new version.

### Reviewer #1:

The authors have adequately responded to my comments. The addition of table 11 with the general overview of most applied materials and their properties have brought the manuscript to a higher level. Also the inclusion of vaginal application has improved the overview. I was just wondering if there is no hydrogel formulation for the administration of hormones used in birth control (eg NuvaRing? Or maybe this is not based on a hydrogel...). If so, a commercial birth control hydrogel could be included in the table.

The Reviewer is absolutely right, it exists a plenty of birth control dispositive that are based on a polymeric matrix from which the active ingredients are released, usually hormones. Unfortunately, the devices used as contraceptives in vaginal delivery are usually not based on hydrogels because they have to last in the contact with body fluids for long times, not losing in terms of mechanical properties and chemical stability, that is the reason why polyolefins are usually preferred in these applications.

Concerning the mentioned Nuvaring, it is a hormones-releasing device based on Poly(ethylene vinyl acetate), with a vinyl acetate content of 28% or 9% of the total amount. Thus, it cannot be seen properly as a hydrogel, so it has not been considered in this review.

However, since Authors agree with the Reviewer that contraceptives are fundamental in drug delivery, some examples have been added to the review, in both sections of oral and vaginal delivery.

Some spelling mistakes remain, for example

87 with final properties different respect to the initial polymers.

209 it can be used encapsulated in a hydrogel

346 It works as a fast acting and long lasting --> fast acting?

436 a very challenging tasking --> task?

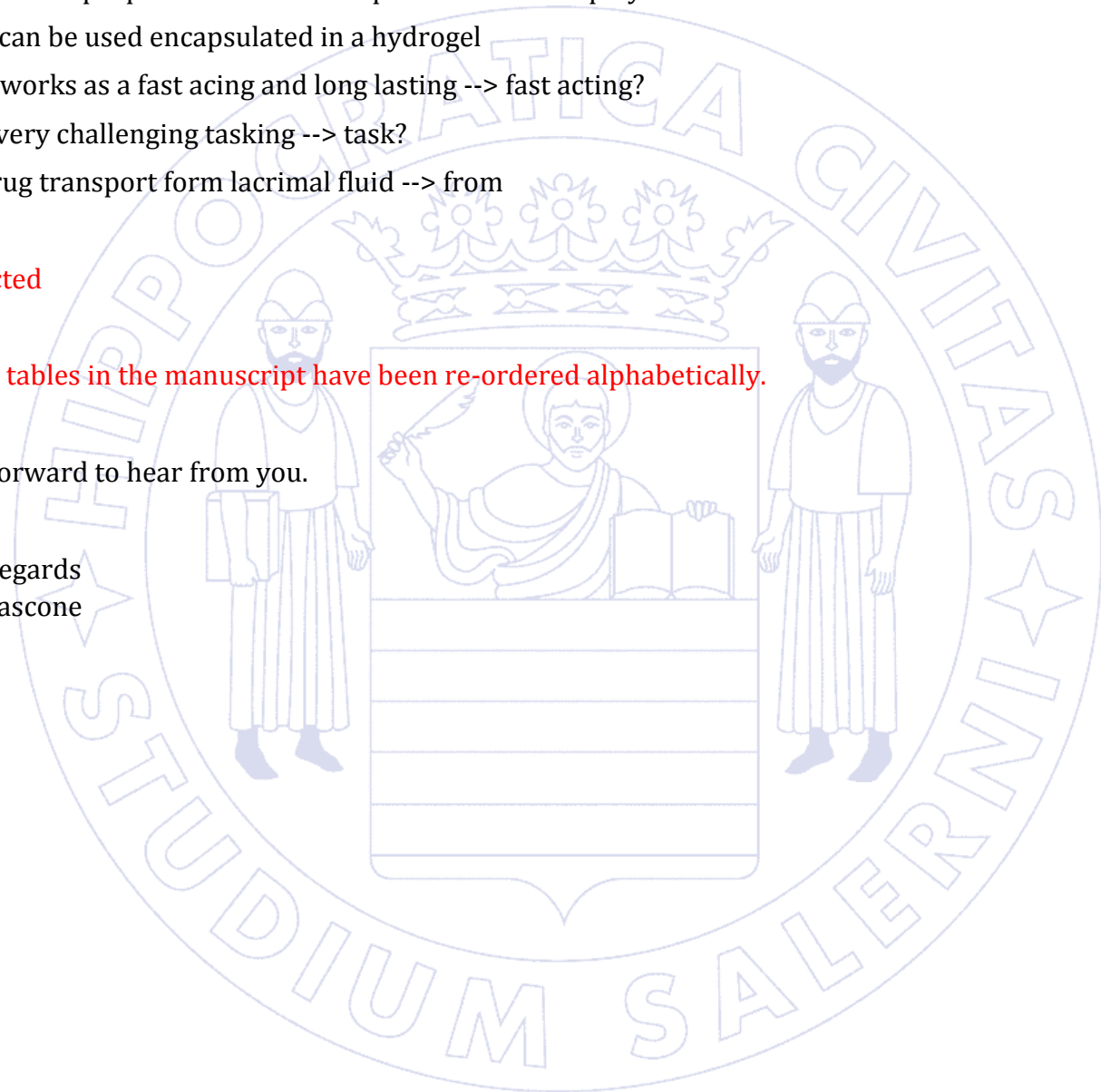
444 drug transport form lacrimal fluid --> from

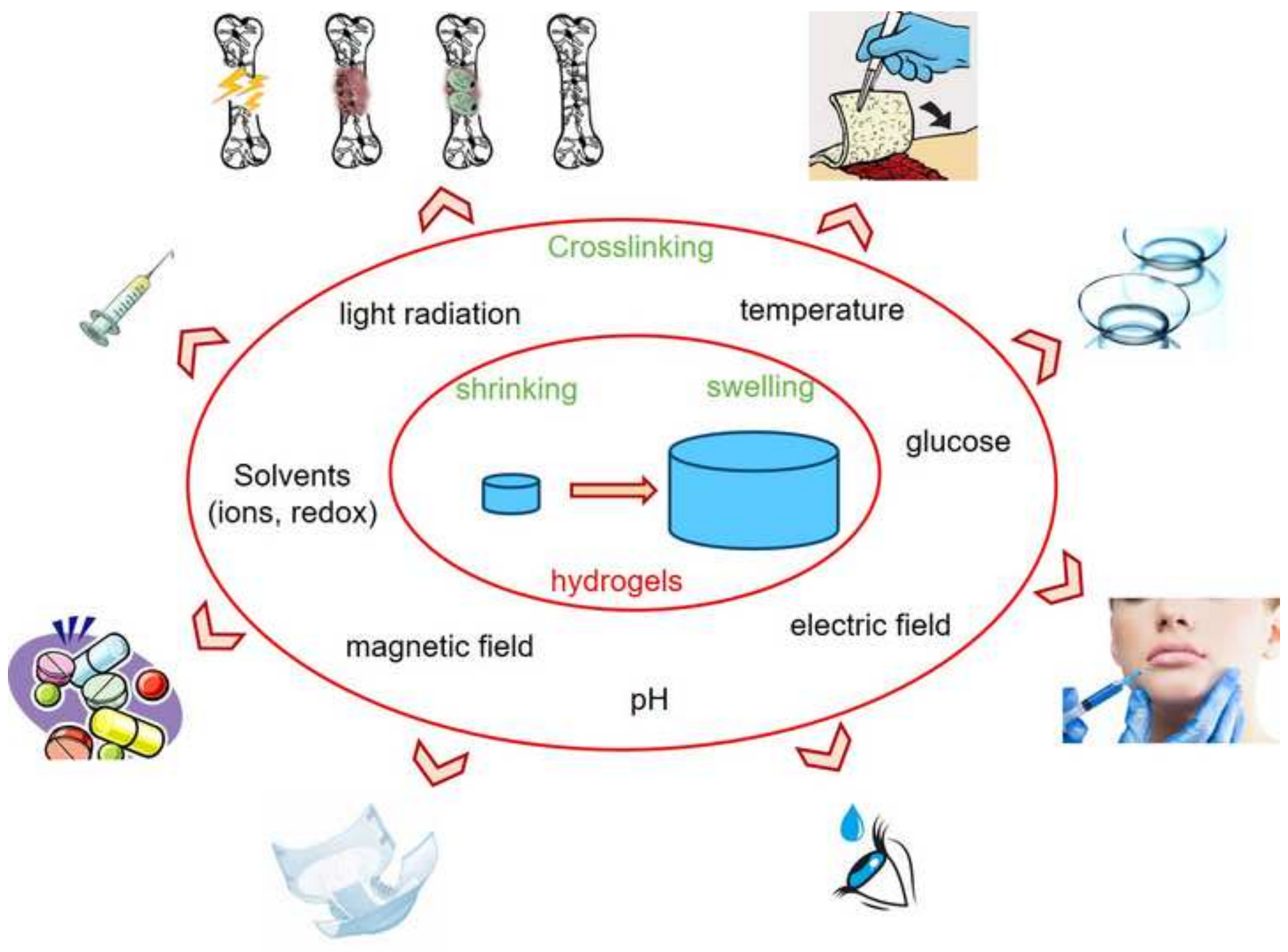
Corrected

All the tables in the manuscript have been re-ordered alphabetically.

Look forward to hear from you.

Best Regards  
Sara Cascone





# Hydrogel-based commercial products for biomedical applications: a review

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## Abstract

Hydrogels are hydrophilic polymer networks, able to absorb large amount of water, increasing their volume and showing a plethora of different material behaviors. Since their first practical application, dating from sixties of last century, they have been employed in several fields of biomedical sciences. After more than half a century of industrial uses, nowadays a lot of hydrogels are currently on the market for different purposes, and offering a wide spectra of features. In this review, even if it is virtually impossible to list all the commercial products based on hydrogels for biomedical applications, an extensive analysis of those materials that have reached the market has been carried out. The hydrogel-based materials used for drug delivery, wound dressing, tissue engineering, the building of contact lens, and hygiene products are enlisted and briefly described. A detailed snapshot of the set of these products that have reached the commercial maturity has been then obtained and presented. For each class of application, the basics of requirements are described, and then the materials are listed and classified on the basis of their chemical nature. For each product the commercial name, the producer, the chemical nature and the main characteristics are reported.

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## 38 1. Introduction

39 The origin of the term hydrogel goes back to 1894, when it was used to indicate colloidal gels of certain  
40 inorganic salts [1]. Nowadays, the term hydrogel is used to identify a class of material completely different  
41 from the beginning: hydrogels are three dimensional cross-linked networks of polymer chains that can absorb  
42 and hold large amounts of water in the interstitial spaces between chains. The first appearance of a hydrogel  
43 on the market is dated in 1949 with the poly(vinyl alcohol) cross-linked with formaldehyde and it was marketed  
44 with the trade name Ivalon, used for biomedical implant. However, the real turning point for the production  
45 and the use of hydrogels was the synthesis of poly(2-hydroxyethyl methacrylate) (pHEMA) gels for contact lens  
46 application in 1960, which represented the starting point for the spread and flourishing hydrogel market.

47 On the basis of an historical classification, hydrogels can be considered belonging to different eras: (i) first  
48 generation hydrogels (sixties onwards), which are cross-linked hydrogels with relatively high swelling and good  
49 mechanical strength; (ii) second generation hydrogels (start of seventies), which are stimuli-responsive,  
50 meaning that they are able to respond to specific stimuli such as pH, temperature, or biological molecules  
51 adapting their behavior; and (iii) third generation hydrogels comprising of stereo-complexed materials (e.g.,  
52 poly(ethylene glycol)-poly(lactic acid), PEG-PLA cross-linked by cyclodextrin) [1].

53 The first generation of hydrogels was obtained mainly by the mechanism of chain addition reaction, usually  
54 involving vinyl monomers and an initiating free radical specie. The free radical polymerization proceeds until  
55 the recombination of two radical species or disproportionation takes place. One of the main hydrogel-forming  
56 polymer in this category was polyacrylamide (PAM), which found its place in industrial applications as an  
57 agricultural gel. Another important polymer is poly(hydroxy-alkyl methacrylate) (pHEMA) that, despite its  
58 discovery is dated 50 years ago, is still one of the key materials in the development of contact lens. Hydrophilic  
59 polymers covalently cross-linked constitute the second major category of the first generation hydrogels.  
60 Among them, polyvinyl alcohol (PVA) and polyethylene glycol (PEG) still play a major role in tissue engineering.  
61 Finally, another category in the first generation hydrogels is the cellulose-based hydrogels, which are used  
62 extensively in drug delivery application as matrix for drug dispersion [2].

63 During the 1960s, the scientists' attention was attracted by the possibility to transfer chemical energy into  
64 mechanical work. Moved by this aim, during the 1970s the second generation of hydrogels was introduced on  
65 the market: the stimuli responsive hydrogels [3]. The use of these hydrogels allowed the triggering of a specific  
66 event (such as the drug release or the erosion of the polymer) as a response to a change of the external  
67 environment (i.e. temperature or pH). Belonging to this generation of hydrogels, PEG-polyester block

68 copolymers have to be mentioned, which are commonly known under the tradename of Pluronic (by BASF) or  
69 Poloxamers (by ICI). These polymers exhibit a phase transition from the sol to the gel state at low temperatures  
70 and from the gel to the sol state at higher temperatures, feature that has been widely used in sustained and  
71 controlled release for applications in human body. The second major type of stimuli-responsive polymers are  
72 the pH – sensitive hydrogels. These polymers usually contain acidic or basic moieties that are hydrolyzed at low  
73 or high pH, respectively. Thus, using the pH variation in different zones of the body, controlled release from  
74 hydrogel can be achieved. Biomolecule – sensitive hydrogels respond to a variation of the concentration of a  
75 certain biomolecule with a conformational change. Among these biomolecules, glucose is undoubtedly the  
76 most famous one. One application involving hydrogels is based on the release of insulin incorporated in a  
77 matrix containing glucose oxidase and pH sensitive moieties. When the glucose diffuses inside the matrix, it is  
78 converted in gluconic acid, which causes a lowering of the pH and a subsequent swelling increase due e.g.  
79 protonation of amine functionalities. In these conditions, insulin can be released from the matrix, which can be  
80 considered a self-regulating system [3]. Usually, the second generation of hydrogels is characterized by the  
81 crosslinking via hydrophobic or ionic interactions.

82 On the contrary, the third generation of hydrogels is characterized by crosslinking methods that allow to tune  
83 the thermal, mechanical, and degradation properties of the hydrogels: stereocomplexation, inclusion complex  
84 formation, metal–ligand coordination, and peptide interactions. The first example of stereocomplexation was  
85 reported in 1953 by Pauling and Corey for a polypeptide. A polymer stereocomplex is defined as a  
86 stereoselective interaction between two complementing stereoregular polymers, with final properties different  
87 ~~respect-compared~~ to the initial polymers. One of the main application of stereocomplexation to produce  
88 hydrogels concerns the employing of PLLA and PDLA (enantiomers of poly-lactic acid) blocks in amphiphilic  
89 copolymers for the preparation of injectable pharmaceutical forms. Hydrogels can be produced using the  
90 crosslinking by hydrophobic interactions, as in the case of cyclodextrins, which have a hydrophobic cavity that  
91 can host different molecules. Only a few reports on metallohydrogels, in which the reversible bonds between  
92 macromonomers are based on metal–ligand coordination, have been published: PEG, Pluronic and PEG–PLA  
93 end-functionalized with ligands such as terpyridine or bipyridine were employed as well to prepare hydrogels  
94 in the presence of transition metal ions such as Mn(II) and Ni(II) [3]. Belonging to the third generation of  
95 hydrogels are the natural building blocks that are able to naturally self-assembling in ordered structures, such  
96 as peptides. These macromolecules that assemble into hydrogels are usually designed according two different  
97 criteria: using genetically engineered copolymers or hybrid systems composed by a synthetic polymer and a  
98 peptide (or protein).

99 In spite of their classification or nature, it has to be highlighted that hydrogel market size nowadays is valued at  
100 USD 10.87 Billion (in 2016) and is projected to reach USD 15.33 Billion by 2022, at a CAGR (Compound Annual  
101 Growth Rate) of 6.04% from 2017 to 2022. The increase in consumption of personal care & hygiene products is  
102 one of the most significant factors driving the growth of the hydrogel market during the forecast period [4].

103 This review is aimed to explore the different hydrogels' applications in biomedical field, with particular  
104 attention to the hydrogels that are used in commercial products. A list of the marketed products, their main  
105 constituent, and their producer is appended at the end of each paragraph.

## 106 2. Applications

107 Hydrogels are a unique class of materials: they are hydrophilic, self-supporting, three-dimensional viscoelastic  
108 networks, which allow the diffusion and the attachment of molecules and cells. These networks can be  
109 composed of homopolymers or copolymers, and their structural and physical integrity is due to the presence of  
110 crosslinks, which can be of physical (such as entanglements or crystallites) or chemical (junctions or tie-points)  
111 nature. Based on the nature and on the stability of the crosslinking, which can be achieved by different  
112 methods (i.e. using temperature, ions, or UV radiation), the final hydrogel results in a polymer with specific and  
113 peculiar characteristics.

114 Due the wide spectrum of both chemical and physical characteristics, hydrogels have been extensively used in  
115 pharmaceutical and biomedical applications. In [Figure 1](#) the main methods to achieve the hydrogel's  
116 crosslinking are listed and some of the application fields covered by this review are depicted.

117 **Figure 1. Some examples of methods to crosslink hydrogels and their biomedical applications.**

### 118 2.1 Drug delivery

119 Hydrogels are extensively used in drug delivery and play a major role as drug vehicle. In this paragraph the  
120 commercial products for drug delivery based on hydrogels are listened on the basis of the administration route.

#### 121 2.1.1 Buccal delivery

122 The oral cavity is covered with mucous membranes with a total surface area of 100 cm<sup>2</sup>, consisting essentially  
123 of multilayered epithelium covered with mucus. The oral cavity can be divided in three areas: the floor of the  
124 mouth, the inside of the cheeks, and the gums. Each of these parts is suitable as site of drug administration: the  
125 sublingual route uses the floor of the mouth, the buccal route the cheeks, and the gingival route uses the gums  
126 [5]. The oral cavity can be considered an attractive site for drug delivery because of the ease of administration,

127 the avoiding of drug degradation in the gastrointestinal tract, and the avoiding of the first-pass metabolism  
128 effect [6]. The main advantages of the buccal administration route, besides that previously mentioned, are the  
129 patient compliance, due to the fact that it is not painful, the rapid onset of action, the very low risk of irritation  
130 or undesired side effects, the excellent accessibility, the ease of removal in emergency, the higher permeability  
131 than the skin, the fact that buccal mucosa is well vascularized [5, 7].

132 In general, to deliver a drug from the oral cavity, a series of resistance have to be passed: the drug has to leave  
133 the pharmaceutical form, to diffuse through the mucosa into the local blood circulation systems, and to reach  
134 the systemic blood circulation. Substances can be transported across the mucosal membrane by passive  
135 diffusion, carrier-mediated active transport or endocytosis [8].

136 From the viewpoint of permeability, the sublingual mucosa is more permeable than the buccal mucosa, making  
137 it particularly suitable in applications in which a rapid onset is desired, such as in cases of acute disorders.  
138 However, this advantage of the sublingual mucosa is lessened by the fact that a dosage form put on the  
139 sublingual site is affected by the movement of the tongue during speaking. On the other hand, a dosage form  
140 inserted onto the buccal mucosa receives less stress, but absorption of a drug from the gingiva does not seem  
141 promising and it is usually preferred for treatments of chronic disorders. Despite many dosage forms are  
142 suitable for delivery into the buccal mucosa, such as tablets, patches, sprays, chewing gums, or lollypop  
143 systems, a large part of these is affected of leakage into the gastrointestinal tract. Thus, in order to allow the  
144 release only across the buccal mucosa, mucoadhesive patches or tablets can be used [5]. The ideal  
145 characteristics of the polymer used for these formulations are: good spreadability, wetting, swelling,  
146 viscoelasticity, good adherence to the buccal mucosa and mechanical properties [9], bioadhesive properties  
147 both in dry and liquid state, low cost, biodegradability properties, non-toxic degradation products, and it has  
148 not to be a vehicle of secondary infection such as dental caries [10]. Hydrogel-based bioadhesive tablets can  
149 control the release rate of the drug depending on the hydration of the device, which is the driving force  
150 determining its swelling ability. Hydrogels commonly used in these applications are: hydroxypropyl cellulose  
151 (HPC), hydroxyethyl cellulose (HEC), polyacrylic (PA) resins, carboxymethyl cellulose (CMC), polyvinyl alcohol  
152 (PVA), hydroxypropylmethyl cellulose (HPMC), chitosan [5, 7, 11, 12]. The use of cellulosic or acrylic polymers  
153 generally offers almost immediate, high adhesion performance for prolonged times, even with high drug  
154 content.

155 Concerning the commercial product that can be found on the market, they range from hydrogels for mouth  
156 care and hydration to sustained drug delivery systems to prevent angina. Some of them are listed below:

- 157 • Lubrajel™ BA (by Ashland) oral moisturizing hydrogel is a solution for mouth moisturization and it is  
158 used in mouthwashes, oral gels and sprays.

- 159       • Hydrogel 15% (by Honest O3) is an oral gel with ozone infused sunflower seed oil. This mucoadhesive  
160 hydrogel is uniquely formulated to clean and nourish the mouth for optimal health.
- 161       • Biotène® product line (by GlaxoSmithKline) has been formulated to manage a dry mouth and relieve  
162 the symptoms.
- 163       • SCHALI® Dental Care Hydrogel (by SchaliProduct) is a highly-effective universal product for everyday  
164 dental and gums care, intended to promote complete oral hygiene and regeneration. The product  
165 contributes to better oral microflora, fresher breath, and helps in healing different gingival conditions.  
166 SCHALI® Dental Care Hydrogel may be successfully used for treatment and prevention of infectious  
167 (bacterial and viral) diseases in oral cavity and larynx. Active phyto- and mineral ingredients of the  
168 product are capable of eliminating bacterial plaque on teeth surface, which causes inflammation and  
169 smell.
- 170       • Gengigel® (by Oraldent Ltd.) is a biological mouth and gum-care gel based on hyaluronan, which helps  
171 to accelerate the healing process of ulcers within the mouth.
- 172       • Nicorette® (by Johnson&Johnson) or Nicotinell® (by GlaxoSmithKline) chewing gums or spray are used  
173 to deliver nicotine in order to quit smoking gradually.
- 174       • Buccastem® M buccal tablets (by Alliance) are prochlorperazine tablets for nausea and vomiting in  
175 previously diagnosed migraine. Once placed, Buccastem M tablet dissolves slowly, letting the  
176 medication enter in blood stream without necessity of swallowing.
- 177       • Zilactin-B Gel® (by Zila Pharmaceuticals) is a buccal film used to relieve pain from minor mouth  
178 problems (such as toothache, sores) delivering a local anesthetic (benzocaine) numbing the painful  
179 area.
- 180       • Imdur® (by Key Pharmaceuticals) is used to prevent angina by delivering isosorbide mononitrate and it  
181 can be absorbed by sublingual route.

182 **Table 1. Hydrogel-based commercial products used in buccal drug delivery.**

Product	Company	Main constituent	URL
Biotène®	GlaxoSmithKline	Carbomer and hydroxyethyl cellulose	<a href="https://bit.ly/2txQDwE">https://bit.ly/2txQDwE</a>
Buccastem® M	Alliance	Xanthan gum	<a href="https://bit.ly/2ltqf1f">https://bit.ly/2ltqf1f</a>
Gengigel®	Oraldent Ltd.	Hyaluronan	<a href="https://go.nature.com/2T5C5mv">https://go.nature.com/2T5C5mv</a>
Hydrogel 15%	Honest O3	Carbomer	<a href="https://bit.ly/2BM3Cze">https://bit.ly/2BM3Cze</a>
Imdur®	Key Pharmaceuticals	Hydroxypropylcellulose and hydroxypropyl methylcellulose	<a href="https://mayocl.in/2GXHhJ">https://mayocl.in/2GXHhJ</a>
Lubrajel™ BA	Ashland	Glyceryl acrylate and glyceryl	<a href="https://bit.ly/2NkTRS1">https://bit.ly/2NkTRS1</a>

		polyacrylate	
Nicorette®	Johnson&Johnson	hydroxypropyl methylcellulose	<a href="https://bit.ly/2NmKKeP">https://bit.ly/2NmKKeP</a>
Nicotinell®	GlaxoSmithKline	Xanthan gum and gelatin	<a href="https://bit.ly/2XhRGP6">https://bit.ly/2XhRGP6</a>
SCHALI®	SchaliProduct	Cellulose gum and hydrogenated starch	<a href="https://bit.ly/2U3P990">https://bit.ly/2U3P990</a>
Zilactin-B Gel®	Zila Pharmaceuticals	hydroxypropylcellulose	<a href="https://wb.md/2U2uLoW">https://wb.md/2U2uLoW</a>

### 183 2.1.2 Oral delivery

184 The oral administration has been ever considered the simplest and the most comfortable administration route,  
185 which improves patient compliance and reduces costs if compared with the injection-based delivery. Thus, this  
186 seems the ideal administration route for therapeutic molecules, in particular for the treatment of chronic  
187 disease; however, the oral delivery is limited to small molecules. The main challenge in the oral drug delivery is  
188 to transport drugs into the intestine safely, since most of the drugs orally taken are absorbed in the  
189 gastrointestinal (GI) tract. Moreover, they have to face other obstacles such as the poor permeability across  
190 the GI mucosa, the acid catalyzed or proteolytic degradation of drugs, which is particularly relevant in the  
191 delivery of molecules such as peptides or proteins [1]. The oral delivery of these drugs is in fact seriously  
192 limited by low bioavailability due to enzymatic degradation and poor penetration of the intestinal membrane  
193 into the bloodstream. Beside the proteolytic degradation, a great problem in the oral delivery of  
194 macromolecules is constituted by the low bioavailability of macromolecules, since it decreases sharply when  
195 the molecular mass exceeds 500-700 Da. Moreover, the molecules need a minimum level of lipophilicity to be  
196 absorbed transcellularly through passive diffusion and, unfortunately, most interesting macromolecules are  
197 hydrophilic [13]. Thus, since from the discovery of insulin and heparin [13], one of the greatest challenges is to  
198 deliver macromolecules orally [14]. The looking for a solution to overcome these limitations has focused the  
199 attention of scientists for long time [15]. Successful delivery of these molecules requires innovative techniques,  
200 such as protection by hydrogel networks [16, 17]. In example, in order to avoid the degradation of proteins or  
201 peptides, which takes place in the acidic environment of the stomach, ~~it~~-they can be ~~used~~ encapsulated in a  
202 hydrogel that remains shrunk in the acidic environment avoiding the release of the drug. To reach this goal,  
203 natural polymers with anionic pendant groups are usually used since they remain protonated in acidic  
204 environment [18, 19]. The most common practice is to graft natural polymers with acrylic acid derivatives in  
205 order to achieve a pH sensitivity to the final polymer [1, 20-22]. These kind of hydrogels are called “stimuli-  
206 responsive hydrogels”, which are able to adapt their network structure, swelling behavior, permeability, or  
207 mechanical strength depending on the environmental changes, enabling the control of the drug release [23].  
208 The external stimuli can be of physical (temperature, electric field, light) or chemical (pH, ionic strength, and

209 molecular recognition events) nature [16]. A review on the polymeric network design of hydrogels to address  
210 responsive and mechanical properties has been published by Liu et al. [24].

211 The drug release mechanisms from hydrogels can vary significantly depending on a series of factors, which can  
212 be related to solute characteristics, formulation composition, or polymer properties [25-27]. In general, drug  
213 release can be classified into three categories, depending on the release rate limiting step: i) diffusion  
214 controlled, which depends on the drug diffusivity across the polymeric matrix; ii) swelling controlled, which  
215 depends on the time necessary to the solvent to penetrate inside the polymeric matrix and form the gel layer;  
216 and iii) chemically controlled, which depends on reactions happening inside the polymeric matrix such as  
217 hydrolytic or enzymatic degradation of the matrix, usually called generically "erosion" of the matrix [28].

218 Two kinds of conventional formulations based on hydrogels are widely used in oral drug delivery: the matrix  
219 systems and the reservoir systems. Concerning the matrix systems, the drug is completely dispersed into the  
220 polymeric bulk, usually this result is obtained by mechanical mixing of dry powders. When these matrices enter  
221 in contact with biological fluids, the solvent diffuses into the matrix and causes the glass-rubber transition, the  
222 gel formation, and the polymer swelling. Through the gel layer, the dissolved drug can easily diffuse to be  
223 released into the dissolution medium. Meanwhile, the polymer chains dissolve causing the erosion of the  
224 matrix. The reservoir systems are composed by a drug core which is surrounded by a polymer shell. In these  
225 systems the drug release rate is controlled by the hydrogel properties (its composition and molecular weight),  
226 the shell thickness, the physicochemical properties of the drug (its solubility, particle size, or molecular weight)  
227 [29, 30].

228 Some of the commercial products based on hydrogels for oral drug delivery available on the market are listed  
229 below.

- 230 • Suprax® (by Sanofi Aventis) is an antibiotic useful to treat a number of bacterial infections. It was  
231 patented in 1979 and approved for medical use in the United States in 1989. It exerts its bactericidal  
232 effect by attaching to penicillin-binding proteins and inhibiting peptidoglycan synthesis, thus causing  
233 damage to the bacterial cell wall.
- 234 • Lopid® (by Pfizer Inc.) is a lipid regulating agent, which decreases serum triglycerides and very low  
235 density lipoprotein (VLDL) cholesterol, and increases high density lipoprotein (HDL) cholesterol.
- 236 • Advil® Film-Coated (by Pfizer Inc.) is designed for fast pain relief, in the whole Advil® products family  
237 the active ingredient is ibuprofen.
- 238 • Kaletra® (by AbbVie Ltd) is a prescription medicine that is used with other antiviral medicines to treat  
239 human immunodeficiency virus-1 (HIV-1) infection.
- 240 • Vicoprofen® (by AbbVie Ltd) combines the opioid analgesic agent, hydrocodone bitartrate, with the  
241 nonsteroidal anti-inflammatory (NSAID) agent, ibuprofen.

- 242 • Gaviscon® (by Reckitt Benckiser Group) is a sodium alginate-based pharmaceutical form used for the  
243 treatment of symptoms resulting from the reflux of acid, bile and pepsin into the esophagus such as  
244 acid regurgitation, heartburn, indigestion.
- 245 • Toviaz® (by Pfizer Inc) is indicated in adults for treatment of the symptoms (increased urinary  
246 frequency and/or urgency and/or urgency incontinence) that may occur with overactive bladder  
247 syndrome.
- 248 • Belviq XR® (by Eisai Inc.) extended-release tablets of lorcaserin hydrochloride is a serotonin 2C receptor  
249 agonist for oral administration used for chronic weight management.
- 250 • Ranexa® (Gilead Sciences) is a prescription medicine used to treat angina that keeps coming back  
251 (chronic angina). In 2016, it was the 276<sup>th</sup> most prescribed medication in the United States, with more  
252 than a million prescriptions.
- 253 • Xartemis XR® (Mallinckrodt Pharmaceuticals) is an extended-release tablet for oral administration  
254 containing both immediate- and extended-release components. Xartemis XR® is formulated to  
255 immediately release a portion of its oxycodone and acetaminophen doses and it is designed to swell in  
256 gastric fluid and gradually release the remainder of oxycodone and acetaminophen to the upper  
257 gastrointestinal (GI) tract.
- 258 • Aplenzin® is bupropion hydrobromide extended-release tablet, indicated for the treatment of major  
259 depressive disorder (MDD).
- 260 • Voltaren® is available as enteric-coated tablets for oral administration of diclofenac sodium. It is  
261 indicated for relief of the symptoms of osteoarthritis or rheumatoid arthritis.
- 262 • **Levora® and Portia® are oral contraceptive that delivers levonorgestrel and ethinyl estradiol, hormones**  
263 **that are commonly used in birth control systems. The hormones release is regulated by croscarmellose**  
264 **sodium, which is an internally cross-linked sodium carboxymethylcellulose, used as a disintegrant and**  
265 **hypromellose, respectively.**
- 266 • Osmotic drug-delivery systems suitable for oral administration typically consist of a compressed tablet  
267 core that is coated with a semipermeable membrane coating. Some examples are Concerta® (by Alza  
268 Corporation), extended-release tablets approved for the treatment of attention deficit hyperactivity  
269 disorder (ADHD), Jornista® (by Janssen), prolonged release tablets with a semipermeable cellulose  
270 acetate coating, both produced using the OROS® technology, properties of Alza Corporation.

271 **Table 2. Hydrogel-based commercial products used in oral drug delivery.**

Product	Company	Excipients	URL
Advil®	Pfizer Inc	hydroxypropyl methylcellulose	<a href="https://bit.ly/2EWtWb0">https://bit.ly/2EWtWb0</a>

Aplenzin®	Valeant Pharmaceuticals International, Inc.	Ethylcellulose and polyvinyl alcohol	<a href="https://bit.ly/2Cet1In">https://bit.ly/2Cet1In</a>
Belviq XR®	Eisai Inc.	Polyvinyl alcohol, hydroxypropyl methylcellulose, polyethylene glycol	<a href="https://bit.ly/2VK8o82">https://bit.ly/2VK8o82</a>
Concerta® Jurnista®	Alza Corporation	hydroxypropyl methylcellulose (Hypromellose) and polyethylene oxide	<a href="https://bit.ly/2XRKLfy">https://bit.ly/2XRKLfy</a> <a href="https://bit.ly/2TlrJsV">https://bit.ly/2TlrJsV</a>
Gaviscon®	Reckitt Benckiser Healthcare Ltd.	Sodium alginate and carbomer 974P	<a href="https://bit.ly/2F4Vyfd">https://bit.ly/2F4Vyfd</a>
Kaletra®	AbbVie Ltd	Polyvinyl alcohol	<a href="https://bit.ly/2CdCwSa">https://bit.ly/2CdCwSa</a>
Levora®	Mayne Pharma Inc.	Croscarmellose sodium	<a href="http://bit.ly/2LMq159">http://bit.ly/2LMq159</a>
Lopid®	Pfizer Inc	hydroxypropyl methylcellulose	<a href="https://bit.ly/2UvsT8n">https://bit.ly/2UvsT8n</a>
Portia®	Teva Pharmaceutical Industries Ltd.	Hypromellose	<a href="http://bit.ly/2n1Z7U">http://bit.ly/2n1Z7U</a>
Ranexa®	Gilead Sciences	Polyvinyl alcohol and hydroxypropyl methylcellulose	<a href="https://bit.ly/2NYIhYn">https://bit.ly/2NYIhYn</a>
Suprax®	Sanofi Aventis	hydroxypropyl methylcellulose	<a href="https://bit.ly/2J7dZnv">https://bit.ly/2J7dZnv</a>
Toviaz®	Pfizer Inc	Polyvinyl alcohol and hydroxypropyl methylcellulose	<a href="https://bit.ly/2O05Kso">https://bit.ly/2O05Kso</a>
Vicoprofen®	AbbVie Ltd	hydroxypropyl methylcellulose	<a href="https://bit.ly/2Tvt7ja">https://bit.ly/2Tvt7ja</a>
Voltaren®	GlaxoSmithKline	hydroxypropyl methylcellulose and polyethylene glycol	<a href="https://bit.ly/2XRtA9e">https://bit.ly/2XRtA9e</a>
Xartemis XR®	Mallinckrodt Pharmaceuticals	hydroxypropyl cellulose and polyvinyl alcohol	<a href="https://bit.ly/2ERRnC1">https://bit.ly/2ERRnC1</a>

272

### 273 *2.1.3 Vaginal delivery*

274 Bacteria, fungi, or viruses can easily colonize the vaginal lumen, causing various pathologies, among them the  
 275 most diffused is the vaginitis. Thus the vagina has been traditionally employed as route of administration for  
 276 the delivery of antimicrobial and antiviral drugs. The vagina constitutes an alternative to the parental route for  
 277 the administration of propranolol (which is more available if the hepatic first-pass effect is avoided), human  
 278 growth hormone, insulin, and steroids (which show reduced side effects if taken by vaginal route). Since a lack  
 279 of drug interactions has been observed in vagina compared to the gastrointestinal tract, vaginal delivery offers  
 280 some advantages respect to the oral delivery. Moreover, it has also great potentiality for systemic delivery due  
 281 to its large surface area, highly perfusion of tissues, and high permeability to a wide range of compounds,  
 282 including peptides and proteins. On the other side, vaginal delivery as administration route is underestimated

283 because of gender specificity and cyclic variations. In fact, the permeability of vaginal membrane is influenced  
284 by estrogen concentration, which of course affects the pharmacokinetics of an administered drug, and by the  
285 vaginal fluid amount, which changes depending from the period and the age, and can lead to the detachment  
286 of a pharmaceutical form. However, a large variety of pharmaceutical forms are currently used for vaginal  
287 delivery, they include: tablets and capsules, liquid preparations, gels, foams, vaginal films or rings, and  
288 tampons.

289 Thus, one of the main drawbacks of this administration route is its physiological removal mechanism, which is  
290 responsible of reduced residence times of the administered forms, that limits considerably the potentiality of  
291 this route. Two main approaches have been proposed to overcome this limitation: the use of mucoadhesive  
292 formulations to prolong the residence times onto the vaginal mucosa, and the external stimuli-sensitive gelling  
293 systems, which undergoes a sol-gel transition in the vaginal environment [31].

294 The formulations having mucoadhesive properties allow better contact with the vagina surface and longer  
295 residence times. The mechanism of adhesion involves a contact stage, in which three phenomena take place  
296 simultaneously: hydration, wetting, and diffusion [9]. Then, a consolidation stage, which involves the  
297 strengthening of polymer–mucin joints due to the interactions between the polymer chains and the mucus  
298 layer, mainly due to van der Waals forces, hydrogen bonds, or electrostatic interactions [31]. Usually, these  
299 properties are conferred to a formulation by excipients or polymers. The most used polymers in vaginal  
300 formulation are hydrogels: polyacrylates, which are the most investigated bioadhesive polymers for vaginal  
301 applications, chitosan, which is a natural polymer easily processable, cellulose derivatives, in particular  
302 carboxymethyl cellulose (CMC), hydroxypropylmethylcellulose (HPMC) and their mixtures, Carbopol, and  
303 hyaluronic acid, a natural polymer employed for its high hydration properties [32]. Among the others, alginate  
304 and gelatin can be used in the preparation of vaginal delivery formulations due to their properties of moisture  
305 retention and biocompatibility.

306 Environmentally-sensitive gels are able to undergo a sol-gel transition in the vaginal environment and, among  
307 them, the most used are undoubtedly the thermo-sensitive hydrogels. These gels change their characteristics  
308 gelling when the temperature changes from ambient to the physiological one. Thermo-gelation is a reversible  
309 mechanism that includes partial crystallization, coil-to-helix transition, hydrophobic association, and micelle  
310 packing, which serves as reversible physical cross-linking points to form a gel [33].

311 The most used products already available on the market are the vaginal odor control products, which are used  
312 to contain odor originating from the vaginal area, including odor during menstruation, urinary incontinence, or  
313 odor due to imbalance of bacteria. It has been estimated that only the global vaginal odor control product  
314 market will grow at a CAGR of 5.32% during the period 2018-2022.

315 Some of the commercial products based on hydrogels for vaginal applications available on the market are listed  
316 below.

- 317 • Replens® Long-Lasting Moisturizer contains a bioadhesive that allows it to attach to dry cells and  
318 deliver continuous moisture until those cells are naturally regenerated.
- 319 • Hyalo gyn® acts as a moisturizer due to the strong hydrating properties of HA derivative, Hydeal-D®. It  
320 adheres to the vaginal mucosa, enhancing the residence time, thus hydrating and protecting the tissue.
- 321 • ProHydrate® Complex is exclusive to Vagisil. This formulation contains a blend of moisturizers,  
322 including Hyaluronic Acid.
- 323 • Zestica Moisture™ is formulated utilizing two different lengths of HA molecules: i) shorter molecules of  
324 HA, which release water immediately for instant relief and ii) longer HA molecules, which gradually  
325 break down to deliver a second wave of moisture.
- 326 • Canesbalance Bacterial Vaginosis Gel is a triple benefit, 7-day treatment that relieves the symptoms of  
327 bacterial vaginosis infection: it helps to regulate the pH balance, which effectively relieves unpleasant  
328 odor and abnormal discharge, restricts growth of bad bacteria, and supports good bacteria  
329 (lactobacillus).
- 330 • Deligyn is indicated to combat the symptoms of irritation, dryness and itching of the vaginal mucosa  
331 with a special adhering formulation that guarantees the efficacy of the treatment.
- 332 • Elanee Intimate Hydrogel is a medical water-based lubricant with panthenol as additive. It moisturizes  
333 the skin and avoids the vagina drying out.
- 334 • SILOffGyn is a medical product in the form of a vaginal cream gel for the treatment of human  
335 papillomaviruses (HPV) or dryness. SILOffGyn creates a protective vaginal mucosa film that acts as a  
336 defense barrier and provides optimal conditions for the healing of HPV-induced epithelial micturition  
337 and dryness as a complementary therapy.
- 338 • RepHresh™ Vaginal Gel promotes the maintaining of natural pH using bioadhesive ingredients  
339 (Carbopol), staying in place for up to 3 days.
- 340 • pHemme revive Natural moisturizer using *aloe vera* extract and other natural ingredients, which help  
341 to maintain the natural moisture of the vagina such as sodium HA that penetrates the skin and gives  
342 immediate moisturizing relief.
- 343 • Vagisil® is one of the most diffused vaginal products. It works as a fast **acting** and long lasting treatment  
344 for the symptoms of dryness and helps to re-establish the natural moisture.

- 345 • Cervidil® (dinoprostone, 10 mg) is a vaginal insert approved to start and/or continue the ripening of the
- 346 cervix in pregnant women who are at or near the time of delivery. Cervidil® should only be inserted by
- 347 a trained healthcare professional in a hospital setting appropriate for childbirth.
- 348 • Metrogel Vagina® is the intravaginal dosage form of the synthetic antibacterial agent, metronidazole,
- 349 at a concentration of 0.75%.
- 350 • Crinone® is a hormone delivery system to administer progesterone usually during fertility assisted
- 351 procedures. When the gel is inserted into vagina, the progesterone is slowly released into the
- 352 bloodstream throughout the day.
- 353 • **Encare® is a vaginal contraceptive that releases nonoxynol-9 as spermicide directly in vagina.**
- 354 • **Conceptrol and Gynol II are two hormones-free contraceptives. They are based on the use of**
- 355 **spermicides that act directly in the vagina.**

356 **Table 3. Hydrogel-based commercial products used in vaginal drug delivery.**

Product	Company	Excipients	URL
Canesbalance BV Gel	Bayer AG	Methylhydroxypropyl cellulose	<a href="http://bit.ly/2ZhCaGG">http://bit.ly/2ZhCaGG</a>
Cervidil®	Ferring Pharmaceuticals Inc.	PolyEthylene Oxide	<a href="http://bit.ly/33OnJt0">http://bit.ly/33OnJt0</a>
<b>Conceptrol®</b> <b>Gynol II</b>	<b>Caldwell Consumer Health</b>	<b>Sodium CarboxyMethyl Cellulose</b>	<a href="http://bit.ly/2M6gG8p">http://bit.ly/2M6gG8p</a> <a href="http://bit.ly/2B1NokV">http://bit.ly/2B1NokV</a>
Crinone®	Serono	Carbopol	<a href="http://bit.ly/2KO6dOo">http://bit.ly/2KO6dOo</a>
Deligyn	Dermofarm S.A.	Carbomer	<a href="http://bit.ly/2YZYeGH">http://bit.ly/2YZYeGH</a>
Elanee Intimate Hydrogel	Grünspecht Naturprodukte GMBH	Hydroxyethylcellulose	<a href="http://bit.ly/2KNyqDq">http://bit.ly/2KNyqDq</a>
<b>Encare®</b>	<b>Blairx Laboratories Inc.</b>	<b>Polyethylene glycol</b>	<a href="http://bit.ly/2M7PIgA">http://bit.ly/2M7PIgA</a>
Hyalogyn®	Fidia pharma USA Inc.	Hyaluronic acid	<a href="http://bit.ly/2ZdTZSM">http://bit.ly/2ZdTZSM</a>
K-Y® jelly	Johnson&Johnson	hydroxyethyl cellulose	<a href="http://bit.ly/2KX6Gws">http://bit.ly/2KX6Gws</a>
Metrogel Vaginal®	3M Pharmaceuticals	Carbopol	<a href="http://bit.ly/2Z9uffd">http://bit.ly/2Z9uffd</a>
Miphil®	Sandoz	Hydroxyethylcellulose	<a href="http://bit.ly/2TLIjFW">http://bit.ly/2TLIjFW</a>
pHemme® Revive	Aurium Pharma Inc.	Hydroxyethylcellulose	<a href="http://bit.ly/2KWULi9">http://bit.ly/2KWULi9</a>
RepHresh™ Vaginal Gel	Church & Dwight Co., Inc.	Carbopol	<a href="http://bit.ly/2ZcC5A0">http://bit.ly/2ZcC5A0</a>
Replens®	Church & Dwight Co., Inc.	Hydroxyethylcellulose	<a href="http://bit.ly/30mviVI">http://bit.ly/30mviVI</a>
Vagisil®	Combe Inc.	Hyaluronic acid	<a href="http://bit.ly/2KGdteQ">http://bit.ly/2KGdteQ</a>
Zestica Moisture™	Searchlight Pharma Inc.	Hyaluronic acid	<a href="http://bit.ly/2TIid6O">http://bit.ly/2TIid6O</a>

357

#### 358 *2.1.4 Transdermal delivery*

359 During the last years, transdermal delivery has represented an attractive alternative to oral drug delivery. For a  
360 certain kind of drugs, transdermal delivery offers many advantages with respect to the most common oral  
361 administration. This route can be used when an oral administration is not feasible due to a poor absorption of  
362 the drug, or to a high first-pass effect, or enzymatic degradation in the gastrointestinal tract or liver, or when  
363 injections using hypodermic needles is not tolerated by the patients [34]. However, only a minority of drugs  
364 can be delivered by passive penetration into the skin. The skin is a very heterogeneous membrane, which has  
365 the role to impede the flux of toxins into the body and minimize the water loss. This results in a very low  
366 permeability to the penetration of foreign substance, and the stratum corneum, which is the external skin  
367 layer, is the main controller of the absorption. This layer, although it has a thickness of only 20-25  $\mu\text{m}$ , is a very  
368 effective barrier toward the penetration of drugs and it constitutes the major problem to overcome in order to  
369 make this administration route effective [35]. Thus, the number of drugs that can be administrated by  
370 conventional patches is limited to those having a low molecular mass, high lipophilicity, and small required  
371 doses [36]. Even if the transdermal route of administration has been traditionally considered only for topical  
372 use to treat skin diseases, in recent years it has been considered also for systemic delivery of drugs [37]. In  
373 1979 in the United States the first transdermal system for systemic deliver was approved. It consisted in a  
374 three-day patch for the delivery of scopolamine to treat sickness connected to motion. A decade later, the  
375 nicotine patches were launched on the market and became the first transdermal blockbuster, enhancing the  
376 visibility and the compliance of patients toward the transdermal patches. Since then, it was estimated that a  
377 new patch was approved on average every 2.2 years [38]. The most important events and dates associated to  
378 the transdermal drug delivery are reported in Prausnitz et al. [36, 38].

379 The conventional transdermal patches that have been marketed during the years can be divided into two main  
380 categories: the reservoir-type and the matrix type patches. The first kind are characterized by a complex design  
381 which provides the holding of the drug into a solution or a gel from which the deliver can be controlled by a  
382 membrane located between the drug reservoir and the skin. The latter kind is characterized by a simpler design  
383 in which the adhesive and mechanical properties of the formulation are combined and usually the rate of drug  
384 delivery is governed only by the skin permeability. The main advantage of the reservoir-type patches on the  
385 matrix-type is the flexibility of the formulation and the better control of the delivery rates [36]. After the  
386 success of patches on the market, it was realized that the skin enhancement permeability was necessary to  
387 enlarge the applications of transdermal delivery. This goal can be achieved by i) increasing the skin  
388 permeability by the rupture of the stratum corneum structure, or ii) providing an additional driving force for

389 the transport across the skin, and this has to be realized avoiding injury to the deeper living tissue [38]. These  
390 techniques can provide the use of [39]:

- 391 • **chemical enhancers:** they disrupt the highly ordered bilayer structures of the intracellular lipids in  
392 stratum corneum by inserting amphiphilic molecules or by extracting lipids using solvents and  
393 surfactants [40-42];
- 394 • **biochemical enhancers:** peptides have been examined as enhancers of skin permeability (magainin)  
395 [43] or enzymes (trypsin) [44];
- 396 • **iontophoresis:** it applies a continuous low-voltage current that provides an electrical driving force for  
397 transport [45, 46];
- 398 • **noncavitational ultrasounds:** they apply an oscillating pressure wave at high frequency that disrupt the  
399 stratum corneum lipid structure [47];
- 400 • **electroporation:** it uses short, high-voltage pulses to reversibly disrupt lipid bilayer of the skin,  
401 providing also an electrophoretic driving force that can persist for hours [48, 49];
- 402 • **cavitational ultrasound:** in this case the ultrasounds generate cavitation, which is the formation,  
403 oscillation and, in some cases, collapse of bubbles in an ultrasonic pressure field. The bubbles oscillate  
404 and collapse at the skin surface generating localized shock waves and liquid micro-jets at the stratum  
405 corneum surface enhancing the skin permeability [50];
- 406 • **microneedles and microneedle arrays:** they are minimally-invasive devices that painlessly by-pass  
407 the skin's stratum corneum. Microneedles pierce across the epidermis and increase the skin  
408 permeability creating micron-scale pathways into the skin and they can actively drive drugs into the  
409 skin using i.e. hollow microneedles [51, 52].

410 Hydrogels are being used for transdermal delivery in various forms such as patches or creams. They facilitate  
411 the skin permeation of drugs via skin hydration by a moisturizing effect and are suitable for topical  
412 applications. Furthermore, they have been studied as a means for stabilizing and improving transdermal  
413 delivery of other systems such as liposomes, micelles, and nanoparticles [53].

414 Some of the commercial products based on hydrogels for transdermal delivery available on the market are  
415 listed below.

- 416 • Clean & Clear® Persa-Gel® 10 Acne Medication is a unique formula that goes to work immediately,  
417 releasing the medicine deep into the pores where pimples start.
- 418 • Neutrogena® family (by Johnson & Johnson) are used to deliver several active ingredient in a cosmetic  
419 line containing hydrogels to control the delivery through the skin.

- 420 • Collagen Hydrogel Mask (by Skin Republic) is a serum mask that instantly restores moisture, elasticity  
421 and a healthy glow to the skin. The formula contains nutrient-packed sea minerals to nourish and  
422 hydrate.
- 423 • Astero® (by Gensco Pharma) is a FDA-cleared hydrogel plus topical anesthetic (containing Lidocaine HCl  
424 4%) indicated for painful wounds such as ulcerations, pressure wounds, first and second degree burns,  
425 post-surgical incisions, cuts and abrasions.
- 426 • Voltaren Gel® and Voltadol® (by GlaxoSmithKline) and Flector® Patch (by IBSA Farmaceutici Italia)  
427 contain diclofenac, a nonsteroidal anti-inflammatory drug to reduce pain and inflammation.
- 428 • Lidoderm® (by Teikoku Pharma USA) was the first prescription, topical, hydrogel patch approved in the  
429 United States for post-herpetic neuralgia (PHN) in 1999. Lidoderm provides analgesia (without  
430 anesthesia) directly to the affected nerves delivering lidocaine.

431 **Table 4. Hydrogel-based commercial products used in transdermal drug delivery.**

Product	Company	Main constituent	URL
Astero®	Gensco Pharma	Polyethylene Glycol(PEG) 400	<a href="https://bit.ly/2GV67U8">https://bit.ly/2GV67U8</a>
Collagen Hydrogel Mask	Skin Republic	Collagen and Sodium Hyaluronate	<a href="https://bit.ly/2GVGoex">https://bit.ly/2GVGoex</a>
Flector® Patch	IBSA Farmaceutici Italia	Gelatine and carboxymethylcellulose	<a href="https://bit.ly/2NHPTHJ">https://bit.ly/2NHPTHJ</a>
Lidoderm®	Teikoku Pharma USA	sodium carboxymethylcellulose	<a href="https://bit.ly/2EtPdbM">https://bit.ly/2EtPdbM</a>
Neutrogena®	Johnson & Johnson	Hyaluronic Acid	<a href="https://bit.ly/2UjIwzH">https://bit.ly/2UjIwzH</a>
Persa-Gel® 10	Clean & Clear	Carbomer, HPMC	<a href="https://bit.ly/2n9BfUk">https://bit.ly/2n9BfUk</a>
Voltaren Gel®, Voltadol®	GlaxoSmithKline	Polyethylene Glycol(PEG)	<a href="https://bit.ly/2TqC8cJ">https://bit.ly/2TqC8cJ</a>

432

### 433 *2.1.5 Ocular delivery*

434 The eye is a very particular organ both from the anatomical and physiological point of view, since it contains  
435 several different structures, each with a highly specific function. For this reason, the design and the  
436 optimization of the ocular drug delivery systems have always been a very challenging tasking for scientists [54].  
437 The main obstacle that these formulations have to overcome is to bypass the protective barrier of the eye  
438 without causing permanent tissue damage [55]. The first problem to be solved is the drug loss from the ocular  
439 surface that is due to two main causes: the flow of lacrimal fluid, which removes the administered compounds  
440 from the eye surface, and the systemic absorption instead of ocular absorption, which takes place both in the  
441 conjunctival sac (due to local blood capillaries) or after the solution flow to the nasal cavity [56]. Corneal  
442 epithelium limits drug absorption from the lacrimal fluid into the eye since the most apical corneal epithelial  
443 cells form junctions that limit the drug permeation. However, trans-corneal permeation is the main mechanism  
444 of drug transport ~~form~~ from lacrimal fluid to aqueous humor. Moreover, the blood ocular barriers have to be

445 taken into account, both the anterior one, which is composed of the endothelial cells in the uvea that limit the  
446 transport of hydrophilic drugs into the aqueous humor, and the posterior one, between blood stream and eye  
447 that comprises the retinal pigment epithelium. An overview of the ocular barriers to anterior segment delivery  
448 and the methods to overcome these barriers using nanocarrier systems can be found in Bachu et al. [57]. Thus,  
449 factors affecting ocular bioavailability are: inflow and outflow of lacrimal fluids, absorption or interaction of  
450 drugs into lacrimal tissues, dilution with tears, and corneal barriers. Due to all these obstacles, topical  
451 application of a drug to the eye normally entails a loss of approximately 95% of the administered dose, which  
452 results in poor ophthalmic bioavailability [58-60]. Ideal properties of ophthalmic delivery systems are: good  
453 corneal penetration with prolonged contact time with corneal tissues, appropriate rheological properties,  
454 comfort and easiness of installation for the patient, and stability.

455 There are several possible routes of drug delivery into the ocular tissues depending on the target tissue.  
456 Usually, topical ocular and subconjunctival administrations are used for anterior targets and intra-vitreous  
457 administrations for posterior targets [56]. Topical ocular delivery is usually accomplished by eye drops or  
458 ointments, which account for approximately 90% of currently marketed ophthalmic pharmaceuticals due to  
459 their low costs, rapid drug action, ease of administration, and high acceptance by patients because they are not  
460 invasive [61]. Among their disadvantages, in addition to the scarce bioavailability, there is the short contact  
461 time on the eye surface that usually implies repeated administrations that can weaken the patient compliance  
462 [62]. The contact times can be prolonged by formulations design such as gels, gelifying formulations, hydrogels,  
463 nanoparticles, liposomes, and micelles [63]. Using the subconjunctival administration, the drug can bypass the  
464 conjunctiva–cornea barrier, giving direct access to the trans-scleral route [64]. Due to this, this route of  
465 administration has been often used clinically despite it is very invasive due to the repeated injections [62]. One  
466 of the most used devices for drug delivery into the conjunctival sac are the resorbable ones, which dissolve  
467 over the time releasing their drug content. These devices have the main advantage that they have not to be  
468 removed, even if usually they have a limited time of action (typically less than 24 h), requiring frequent  
469 administrations [61]. Concerning the drug delivery into the vitreous humor, this has the advantage to offer a  
470 direct access to the vitreous and retina, determining an immediate and increased therapeutic effect at the  
471 intended tissue. This delivery technique has been long used in therapeutics: since 1911 intravitreal injections  
472 were described to employ an intravitreal air bubble tamponading a retinal tear [65]. Moreover, being the  
473 humor itself a gel, primarily composed by hyaluronan, hydrogel-based release systems are perfect candidates  
474 for sustained intravitreal protein delivery, especially if they are designed to be biocompatible, injectable or  
475 rapidly in-situ forming, bioresorbable or biodegradable, and transparent [66]. Hydrogels have been approved  
476 for several ophthalmic applications since they offer several advantages compared to the traditional materials  
477 such as colloidal drug delivery systems or polymeric implants. Among these advantages, the mild preparation

478 conditions and the high water content are important features to preserve the activity of molecules such as  
479 peptides, nucleic acids, and proteins. Moreover, some kinds of hydrogels can be administered using less  
480 invasive methods compared to the use of long-term delivery implants, such as the temperature responsive or  
481 in situ crosslinked hydrogels [67]. These hydrogels can be administered in the sol-state into the human body  
482 and the gelation happens in situ.

483 Concerning the market of biopharmaceuticals for ophthalmic prescriptions, the global sales exceeded \$8 billion  
484 in 2016 and is expected to reach \$35.7 billion by 2025, with a strong growth in the next five years [68]. The  
485 global ocular drug delivery technology market was valued at 15 Billion of US dollars in 2016, and is expected to  
486 reach 25 Billion of US dollars by 2025, expanding at a CAGR of 5.81% from 2017 to 2025 [69].

487 Some of the commercial products available on the market are listed below.

- 488 • Hylo® Gel (by Candoropharm Inc.) ensures an intensive and lasting lubrication of the ocular surface to  
489 treat severe, chronic dry eyes. These highly viscous eye drops remain for considerably long times on  
490 the ocular surface.
- 491 • SYSTANE® Gel Drops provide lasting relief from dry eye irritation. They are a thicker eye drops  
492 formulation that creates a protective shield over the eyes.
- 493 • Clinitas Hydrate Eye Gel (by Altacor) is another formulation intended to relief the dry eye syndrome.  
494 The eye gel works to enhance the layer of your tear film, providing longer-lasting moisture throughout  
495 the day.
- 496 • Ocular Therapeutix™ is a versatile platform used to encapsulate ophthalmic pharmaceuticals within  
497 hydrogels to deliver sustained and therapeutic level of drugs to targeted ocular tissues  
498 (<https://www.ocutx.com/about/hydrogel-technology/>).
- 499 • Retisert® (by Bausch and Lomb) is a sterile implant designed to release fluocinolone acetonide locally  
500 to the posterior segment of the eye for approximately 2.5 years.
- 501 • In 2014, The US Food and Drug Administration approved Iluvien® (by Alimera Sciences) for the  
502 treatment of diabetic macular edema to deliver 36 months of continuous, low-dose corticosteroid with  
503 a single injection.
- 504 • Restasis® (by Allergan) ophthalmic emulsion is indicated to increase tear production in patients whose  
505 tear production is limited due to ocular inflammation.
- 506 • Ocusert®, a pilocarpine ocular therapeutic system, is the first product marketed by Alza Corporation. It  
507 is used for glaucoma treatment and it is composed by a copolymer membrane in which the core is a  
508 drug reservoir dispersed into an alginic acid matrix.

- 509 • Lacrisert® and Vitrasert® (by Bausch and Lomb) are a prescription lubricant that is inserted into the eye  
510 to provide up to 24-hour relief from moderate to severe dry eye symptoms and the first intravitreal  
511 implant for the treatment of cytomegalovirus (CMV) retinitis in AIDS patients, respectively.
- 512 • Ozurdex® (By Allergan) is a tiny implant for ophthalmic intravitreal injection that slowly releases  
513 corticosteroid medication over time, without the need for monthly injections. It dissolves naturally and  
514 does not need to be removed.
- 515 • Dexycu and Yutiq™ employ Verisome® technology (property of EyePoint Pharmaceuticals) to dispense  
516 a sustained-release of drugs using biodegradable formulations.
- 517 • I-vation intravitreal implant and sustained drug delivery system (by Surmodics, Inc.) have been proven  
518 to provide controlled long-term drug delivery into the posterior chamber of the eye.

519 **Table 5. Hydrogel-based commercial products used in ocular drug delivery.**

Product	Company	Main constituent	URL
Clinitas Hydrate®	Altacor	Carbomer	<a href="https://bit.ly/2Gllmz9">https://bit.ly/2Gllmz9</a>
Hylo® Gel	Candorpharm Inc.	Sodium hyaluronate	<a href="https://bit.ly/2Gzopta">https://bit.ly/2Gzopta</a>
Iluvien®	Alimera Sciences	Polyvinyl alcohol and silicone adhesives	<a href="https://bit.ly/2Dwppyj">https://bit.ly/2Dwppyj</a>
I-vation	Surmodics, Inc.)	Poly(methyl methacrylate) (PMMA)	<a href="https://bit.ly/2GGDyc7">https://bit.ly/2GGDyc7</a>
Ocusert®	Alza Corporation	Alginate acid	<a href="https://bit.ly/2E6y4FP">https://bit.ly/2E6y4FP</a>
Ozurdex®	Allergan	poly (D,L-lactide-co-glycolide) (PLGA)	<a href="https://bit.ly/2GKGzbn">https://bit.ly/2GKGzbn</a>
Restasis®	Allergan	Carbomer	<a href="https://bit.ly/2GAf44u">https://bit.ly/2GAf44u</a>
Retisert®	Bausch and Lomb	Silicone elastomer and polyvinyl alcohol membrane	<a href="https://bit.ly/2X4sNGy">https://bit.ly/2X4sNGy</a>
Lacrisert®		Hydroxypropyl cellulose	<a href="https://bit.ly/2GHVqU3">https://bit.ly/2GHVqU3</a>
Vitrasert®		Polyvinyl alcohol coating	<a href="https://bit.ly/2UUZkML">https://bit.ly/2UUZkML</a>
Systane®	Alcon	Polyethylene Glycol 400	<a href="https://bit.ly/2StjFfZ">https://bit.ly/2StjFfZ</a>
Yutiq™	EyePoint Pharmaceuticals	polyvinyl alcohol	<a href="https://bit.ly/2Bz0xT3">https://bit.ly/2Bz0xT3</a>

520

## 521 2.2 Wound dressing

522 Wound healing is a complex process that includes the replacing of devitalized or missing cellular structure and  
523 tissue layers and it is strongly dynamic, since it involves several cell populations, the extracellular matrix, and  
524 the intervention of mediators (i.e. growth factors) [70]. It is a continuous process, which involves coordinated  
525 actions between different immunological and biological systems: the fact that different parts of a wound may  
526 be at different healing stage makes the wound treatment an interesting and challenging topic. Since a

527 complete and detailed description of the phases of wound healing and the factors affecting the process is  
528 beyond the scope of this work, the reader can refer to more specific literature [71-73]. Despite that, it is worth  
529 to mention properties that, if owned by the dressing used to treat the wound, can help during the healing  
530 process. First of all, keeping a wound moist rather than dry allows to heal more rapidly and with less chance of  
531 scars. Keeping away the wounds from mechanical stresses, which can cause the opening of the wound, and  
532 from the external environment, minimizing the danger of contaminations due to pathogens or foreign bodies is  
533 a common practice. Of fundamental relevance is to keep high level of oxygen tension on wound's surface, since  
534 oxygen is not only a key element in the reparative processes such as cell proliferation and synthesis of collagen,  
535 but even because it aids the generation of leukocytes, which are essential to kill bacteria [74]. An ideal wound  
536 dressing should contribute to maintain an appropriate temperature to promote the blood flow to the wound  
537 bed, it must be sterile, non-toxic, and non-allergic [75].

538 Due to the hydrogels' properties of maintaining a high moisture content at the wound site and simultaneously  
539 allowing the gas exchange between the wound and the external environment, of biocompatibility, of fast  
540 biological fluids absorption (i.e. of wound exudate), and of providing a cooling effect decreasing the  
541 temperature of the wound site, their applications in wound management have attracted both the academic  
542 and the industrial interests [2]. Moreover, due to hydrogels' softness and elasticity, they are easy to be applied  
543 and removed, making the dressing more comfortable and then attractive for patients. One of the main  
544 drawbacks in the use of hydrogels as wound dressing is that exudate accumulation can cause maceration and  
545 bacterial proliferation in the wound. Moreover, the low mechanical strength of hydrogels leads to a difficulty in  
546 handling [75]. When a new material is proposed to be used as wound dressing, the testing of its mechanical  
547 properties is of a fundamental relevance. It has to possess good tensile properties (tensile strength), since it  
548 has to bear the elongational stresses applied on the human skin. Tensile strength, which is defined as the ratio  
549 between the force necessary to break the sample and its cross-sectional area, and elongation at break, which is  
550 defined as the ratio between the length at breaking point and the initial one, can be easily measured using a  
551 texture analyzer. The polymer sample is held between two clamps positioned to a certain distance between  
552 them. Once the test is started, one of the clamps begins to move pulling the sample towards the top. The force  
553 and the elongation are measured at film broke [76].

554 In the wound care and healing, it is crucial to identify the correct needs of the injured part in order identify the  
555 material that most appropriately has to be used. Some examples of materials that are commonly used in  
556 wound care and commercial products available on the market are listed below [77].

557 **Hydrocolloids:** it is a wide class of materials, and they are usually used on burns, necrotic wounds, or under  
558 compression wraps. They can be used as powders or pastes of gelatin, pectine, or carboxymethylcellulose.

- 559
- 3M™ Tegaderm™ Hydrocolloid Dressing (3M Health Care) is a self-adhering product used on superficial  
560 wounds and abrasions, superficial and partial-thickness burns.
  - Gentell CMC Fiber Dressing (Gentell Corp.) is a carboxymethylcellulose absorptive dressing for wounds  
561 with moderate to heavy exudate since gel-like substances support the moist healing process and  
562 minimize the risk of leakage and maceration.
  - Comfeel® Plus Contour Dressing (Coloplast Corp.) is a butterfly-shaped hydrocolloid (mainly composed  
563 by carboxymethylcellulose) dressing for better conformity and adhesion, specially designed for  
564 difficult-to-dress areas.
  - CovaWound™ Hydrocolloid dressing (Covalon Technologies, Ltd.) maintains an optimal moist wound  
565 environment and provides a high rate of moisture vapor transmission. Composed of an absorbent  
566 hydrocolloid matrix that has a hydrocolloid border laminated onto a breathable polyurethane film  
567 backing. It is indicated for the management of lightly exuding wounds such as: pressure, leg and foot  
568 ulcers, superficial partial-thickness burns.
  - DermaFilm® (DermaRite Industries, LLC) is a hydrocolloid protective wound dressing for minor  
569 abrasions, closed surgical wounds, superficial pressure ulcers, and skin grafts.
- 570
- 571
- 572
- 573
- 574 **Alginate:** this type of dressings are used for moderate to high amounts of wound drainage, venous ulcers,  
575 packing wounds and pressure ulcers in stage III or IV.
- Ca-alginate dressing (Gentell Corp.) is a sterile, comfortable, advanced fiber-structured alginate with a  
576 highly absorbent capacity. Alginate dressings absorb, collect and contain exudate while providing a  
577 moist healing environment. It is intended for application in dry form on shallow wounds including leg,  
578 pressure, and diabetic foot ulcers and surgical wounds. May also be used for minor conditions such as  
579 lacerations, abrasions, skin tears and minor burns.
  - Kaltostat® (Convatec) is a soft, sterile, alginate dressing that converts to a firm gel on contact with fluid.  
580 It may be used on moderate to heavily exuding wounds chronic and acute wounds.
  - Algisite M (Smith & Nephew) is a calcium-alginate dressing which forms a soft, gel that absorbs when it  
581 comes into contact with wound exudate. Algisite M may be used for the management of minor  
582 conditions such as lacerations, abrasions, skin tears, minor burns. Alginate fibers create a moist  
583 wound environment at the wound surface. This helps to prevent eschar formation and promotes an  
584 optimal moist wound environment. The dressing allows wound contraction to occur, which may help to  
585 reduce scarring and also allows gaseous exchange necessary for a healthy wound bed.
  - NU-GEL™ Hydrogel (Systagenix) helps to create a moist wound healing environment and is indicated  
586 for debridement and desloughing of wounds together with the management of chronic wounds  
587  
588  
589  
590

591 throughout all stages of the healing process. The gel can be used to soften and hydrate eschar by  
592 facilitating rehydration of the wound.

- 593 • Finally, it has to be mentioned Medihoney® Adhesive Dressings (Derma Sciences Inc.), which is  
594 composed of a Calcium Alginate dressing impregnated with 100% *Leptospermum* or Manuka Honey.  
595 This dressing provides wound fluid absorption capabilities and continuous donation of honey to the  
596 wound bed, which has an antimicrobial effect. This dressing is for partial to full thickness wounds and  
597 burns that are moderately to heavily draining.

598 **Collagen:** this dressings can be used for chronic or stalled wounds, ulcers, bed sores, transplant sites, surgical  
599 wounds, second degree or higher burns and wounds with large surface areas. Collagen is a fibrous protein that  
600 constitutes the extracellular matrix of human tissues, among them skin, tendons, and bones and it constitutes  
601 about 25% of the total body proteins.

- 602 • Helix3-cm® (Amerx Health Care Corp.) is composed by 100% of bovine collagen and it is a thin, semi-  
603 transparent dressing used to maintain a moist wound environment allowing a better observation of the  
604 wound healing process.
- 605 • Condress (Smith & Nephew) is a dressing composed by pure equine collagen extract from horse  
606 tendons and contributes to speed up the healing process of chronic skin wounds, even acute wounds.

607 **Miscellaneous:** this type of dressing is intended for painful wounds, necrotic wounds, pressure ulcers, donor  
608 sites, second degree or higher burns and infected wounds.

- 609 • Cutimed® Gel (Bsn Medical GmbH) is a clear, amorphous hydrogel (Carbomer 940) for the treatment of  
610 necrotic and sloughy tissues in chronic wounds.
- 611 • Kendall™ Hydrogel Dressing (Cardinal Health) is indicated for use on light- to moderate-draining  
612 wounds, first- and second-degree burns. It is characterized by a glycerin formulation which not dry out.
- 613 • Sofargel (Sofar) is used in the healing of abrasions, grazes, cut, first- and second-degree burns. It is  
614 mainly composed by a hydrogel (Carbopol 974P) and allows to maintain the moisture content to  
615 simplify tissue regeneration.
- 616 • Inadine™ (Systagenix) is PVP medication dunked in Polyethylene Glycol (PEG). It is indicated for the  
617 treatment of ulcers, minor burns, and chronic wounds.
- 618 • Finally, it has to be mentioned in this compound class Amniomatrix®4 (Derma Sciences Inc.), which is a  
619 cryopreserved liquid allograft derived from the components of the amniotic membrane and amniotic  
620 fluid that provides structural tissue to advance soft tissue repair, replacement and reconstruction.

621 **Table 6. Hydrogel-based commercial products used in wound dressing.**

Product	Company	Main constituent	URL
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Algisite M Condress	Smith & Nephew	Alginate Collagen	<a href="https://bit.ly/2D59yU6">https://bit.ly/2D59yU6</a> <a href="https://bit.ly/2Spi0Hn">https://bit.ly/2Spi0Hn</a>
Amniomatrix®4 Medihoney® Adhesive Dressings	Derma Sciences Inc.	Amniotic membrane and fluid constituents Alginate	<a href="https://bit.ly/1Y5LrJw">https://bit.ly/1Y5LrJw</a> <a href="https://bit.ly/2DS648T">https://bit.ly/2DS648T</a>
Comfeel® Plus Contour Dressing	Coloplast Corp.	Carboxymethylcellulose	<a href="https://bit.ly/2MM74yn">https://bit.ly/2MM74yn</a>
CovaWound™ Hydrocolloid dressing	Covalon Technologies, Ltd.	Hydrocolloids	<a href="https://bit.ly/2MPPRnB">https://bit.ly/2MPPRnB</a>
Cutimed® Gel	Bsn Medical Gmbh	Carbomer 940	<a href="https://bit.ly/2G6kTXK">https://bit.ly/2G6kTXK</a>
DermaFilm®	DermaRite Industries, LLC	Hydrocolloids	<a href="https://bit.ly/2WfFb4d">https://bit.ly/2WfFb4d</a>
Gentell CMC Fiber Dressing Ca-alginate dressing	Gentell Corp.	Carboxymethylcellulose Alginate	<a href="https://bit.ly/2ScM6OX">https://bit.ly/2ScM6OX</a> <a href="https://bit.ly/2BmLjAB">https://bit.ly/2BmLjAB</a>
Helix3-cm®	Amerx Health Care Corp.	Collagen	<a href="https://bit.ly/2HQ0fwP">https://bit.ly/2HQ0fwP</a>
Inadine™ NU-Derm™ Hydrogel	Systagenix	Polyethylene Glycol Alginate	<a href="https://bit.ly/2S5YrEJ">https://bit.ly/2S5YrEJ</a> <a href="https://bit.ly/2HZ5mem">https://bit.ly/2HZ5mem</a>
Kaltostat®	Convatec	Alginate	<a href="https://bit.ly/2RDyrey">https://bit.ly/2RDyrey</a>
Kendall™ Hydrogel Dressing	Cardinal Health	Glycerin formulation	<a href="https://bit.ly/2GqY7tf">https://bit.ly/2GqY7tf</a>
Sofargel	Sofar	Carbopol 974P	<a href="https://bit.ly/2BhPSMu">https://bit.ly/2BhPSMu</a>
Tegaderm™ Hydrocolloid Dressing	3M Health Care	Hydrocolloids	<a href="https://bit.ly/2StNIIU">https://bit.ly/2StNIIU</a>

## 622 2.3 Tissue engineering & scaffolds

623 Tissue engineering is a relatively new field that combines the use of living cells, biocompatible materials, and  
624 growth factors to create tissue-like structures. It is aimed to restore or improve tissue functions that are  
625 defective or that have been lost because of pathological conditions. The methods used by tissue engineering  
626 can be divided into three categories: (i) implantation of isolated cells or cell substitutes into the organism, (ii)  
627 delivering of tissue-inducing substances (such as growth factors), and (iii) placing cells on or within different  
628 matrices [78]. The last strategy is based on the implantation of living cells on a natural or synthetic extracellular  
629 substrate, or scaffold, in order to be implanted in living bodies. Scaffolds are three-dimensional porous solid  
630 biomaterials that are designed to fulfill one or more function, such as: i) to promote cell attachment, migration,  
631 and cell-biomaterial interactions; ii) to allow, through adequate porosity and interconnected channels,  
632 sufficient transport of gases, nutrients, and wastes [79] in order to guarantee cell survival, proliferation, and  
633 differentiation; iii) to biodegrade at a controlled rate that usually is the same of tissue regeneration at  
634 predetermined conditions; iv) to ensure the desired mechanical characteristics; v) protect cells from possible  
635 damages via external factors; and vi) to have a minimal degree of inflammation and toxicity [78, 80, 81]. A  
636 scaffold is ideally expected to function as a temporary extracellular matrix (ECM), capable of fulfilling various

637 biomechanical requirements, whilst being gradually resorbed and eventually replaced by host bone [82]. The  
638 first successful tissue-engineered skin products were produced in early 1980s but most scientists agree that  
639 modern tissue engineering started around 1987. Some historical highlights related to tissue engineering and its  
640 development are reported in Berthiaume et al. [80]. Nowadays, approximately 500 different companies are  
641 involved in tissue engineering field worldwide and the global scaffold technology market has been evaluated in  
642 879 million of US dollars in 2018 and the prevision is 1063 in 2020 [83]. Among the companies related to three-  
643 dimensional cell culture consumables and instruments, BD Biosciences is the largest with a 27% of the market  
644 share, followed by Life Technologies (16%), Corning (11%), Sigma-Aldrich (8%), Lonza (6%), Insphero (4%), 3D  
645 Biotek (4%), and Global Cell Solutions (3%) [83]. The eventual pathway from a new scaffold idea to the final  
646 clinical application is long and expensive, often taking up to 10 years with a cost ranging from 10 to over 200  
647 million of dollars [84].

648 The most important characteristics that the materials chosen as scaffold must have is the biocompatibility, in  
649 order to avoid undesired body reaction to the implant, such as reject, and to facilitate the cell attachment, and  
650 the biodegradability, in order to disappear after a certain time by degradation into nontoxic products [85].  
651 Another fundamental issue that have to be considered is the micro- and macro-structure of the materials.  
652 Highly porous materials are desirable because large surface area promotes cell attachment and growth,  
653 because the diffusion of nutrients and wastes is facilitated, as well as the vascularization, which is particularly  
654 important in tissues and organs with metabolic functions. Of course, the pore size and the pore size  
655 distribution have a fundamental role in tissue engineering [86] and they have to be adapted depending of the  
656 scaffold application [63, 85], in order to facilitate the re-vascularization of tissues. Concerning the structure of a  
657 scaffold, not only the dimensions are a critical factor, but even the continuity of pores within the matrix. In  
658 fact, if the structure is highly porous but the channels are not interconnected, the mass transport (of nutrients,  
659 wastes, and cells) is inhibited, failing the scaffold role [87]. Moreover, scaffolds necessitate to have the  
660 mechanical strength necessary to maintain its structure after the implantation, especially for application in  
661 tissues such as bones or cartilages and they have to guarantee a good processability, particularly when the final  
662 shape of the implanted scaffold has an influence on its activity [85]. Three different categories of scaffold  
663 applications can be identified: i) space filling agents; ii) bioactive molecule delivery; and III) cell/tissue delivery  
664 [88].

665 Hydrogels are materials commonly used in tissue engineering field because of their biocompatibility,  
666 degradability, processability under mild conditions (which facilitate the entrapment of viable cells), their  
667 mechanical and structural properties comparable with many tissues and ECM, and the possibility to be  
668 delivered in a low-invasive way [88]. Different applications of hydrogels can be found in literature related to  
669 regenerative medicine, such as scaffold for cellular organization, tissue barrier against restenosis, bioadhesives,

670 drug reservoir, matrix to deliver bioactive agents encouraging the natural reparative process, or to encapsulate  
671 and deliver cells [89-93]. The ECM is a complex network structure surrounding and supporting cells of natural  
672 tissues and it constitutes also a bioactive and dynamic environment that mediates cellular functions [94]. Thus,  
673 it is highly desirable to produce scaffolds that mimic both the structure and the bio-functions of the natural  
674 ECM. One of the prerequisites necessary for the cell growth process is the cell attachment to the ECM to allow  
675 cells proliferation and migration. It has to be considered that these functions last until the degradation of the  
676 polymer is complete. Thus, if the biodegradation is faster than the tissue regeneration, the scaffolds will lose  
677 their carrier function for cell growth; on the other hand, if the biodegradation is too slow compared with tissue  
678 regeneration, the scaffolds will impede tissue regeneration. Therefore, scaffolds' critical design factors are the  
679 degradation rate of the polymer and the transition of the functions between the scaffold and the emerging  
680 tissue. It has to be kept in mind that not all the tissue engineering applications require a complete degradation  
681 of the scaffold but in some cases, such as articular cartilage or corneal replacement, a permanent scaffold may  
682 be the better choice. Hydrogels have unique characteristics, such as hydrophilicity, biocompatibility, and the  
683 ability to modify the drug release rate by controlling the swelling and degradation rate with external stimuli,  
684 which make them perfect candidates to act as carriers for controlled release of bioactive molecules or drug  
685 depots. For this reason, to mimic the function of ECM as reservoir of growth factors, a class of proteins or  
686 polypeptides that contributes to cell functions such as differentiation, migration, proliferation and gene  
687 expression, they have been incorporated in hydrogel based scaffolds [94]. Using the combining of tissue  
688 engineering and drug delivery functions, the same system may be able to regulate cell response and tissue  
689 formation.

690 Hydrogels commonly used for scaffold production can be i) natural, such as proteins, polysaccharides; ii)  
691 synthetic, both non-biodegradable (PHEMA, PVA) and biodegradable (PEG, synthetic peptides); or iii) hybrids  
692 (complex hydrogels deriving from a combination of polymers) [94, 95].

693 **Alginate.** Alginate is a brown-algae-derived polysaccharide composed of  $\beta$ -D-mannuronic acid and R-L-  
694 guluronic acid units. By the addition of divalent cations, alginate solutions rapidly form ionotropical gels that  
695 have been found extremely interesting for applications in biomedical field. It is commonly used as microcarriers  
696 for cell encapsulation [96, 97]. Since alginate does not have cell-interactive properties and does not mimic the  
697 natural ECM, it can be found combined with other hydrogels, cell-interactive peptides, or growth factors that  
698 can be attached to the alginate backbone [98]. Moreover, alginate semi-interpenetrating polymer networks  
699 can be successfully used in biomedical applications, mainly due to the combination of the properties of the  
700 constituting materials that allows to overcome the disadvantages of a single polymer network, providing better  
701 thermal stability, mechanical and chemical resistance [99, 100]. Thus, alginate can be found combined with  
702 elastine and angiogenic factors for reconstruction of blood vessel, with agarose, hyaluronic acid, and growth

703 factor for cartilage repair applications, with chitosan for liver repair applications [98]. A review of the use of  
704 alginate hydrogels in culturing 3D cells can be found in [101], one of the most used alginate-based commercial  
705 product for 3D cell culture is AlgiMatrix® (by Thermo Fisher Scientific).

706 **Hyaluronic Acid.** Hyaluronic acid (HA) is naturally occurring as glycosaminoglycan (GAG) and it is present in all  
707 the vertebrates. It is a major constituent of the ECM, in example it can be found in the vitreous humor of the  
708 human eye, in skin, in cartilage, in synovial joint fluid, and in the matrix produced by the cumulus cells around  
709 the oocyte prior to ovulation [102]. However, high molecular weight HA is a natural barrier for angiogenesis  
710 and proliferation, thus, to allow cellular infiltration and remodeling of the material by cells, HA can be  
711 crosslinked with protease-degradable peptides and modified with cell adhesion ligands [103]. HA-based  
712 polymers has been used as cell carriers for tissue engineered repair of bone and cartilage or their regeneration,  
713 in central neural tissues engineering for nerve and brain repair, in soft tissue repair and smooth muscles  
714 engineering [102].

715 • Hyalograft® (Anika Therapeutics, Inc.) is a minimally invasive tissue engineering approach, consisting in  
716 the implantation of expanded autologous chondrocytes grown on a three-dimensional HA-based  
717 scaffold, useful in treatment of acute cartilage lesions [104]. This technology has been recently  
718 resumed to produce solid HA-based treatments, including Hyaloglide®, a transparent, highly viscous  
719 barrier gel used to prevent or reduce adhesions after various surgical procedures; Hyalonect®, a bio-  
720 resorbable knitted mesh used in orthopedic and trauma reconstructive surgeries composed of Hyaff®  
721 (HA crosslinked by esterification with benzyl alcohol); and Orthovisc-T®, an ultra-pure, high molecular  
722 weight injectable hyaluronic acid (HA) designed to relieve pain and restore function to tendons  
723 damaged by chronic tennis elbow.

724 • Gel-One® Hyaluronate (by Zimmer Biomet) is an injectable hyaluronate gel approved for the treatment  
725 of osteoarthritis of the knee.

726 **Collagen.** Collagen is the most abundant protein in the human body, nearly 30% of all proteins. During tendons  
727 and ligaments healing, cells that usually produce collagen of normal intact tissues are induced to synthesize  
728 different types of collagen at the repair site [105]. Since the role of collagen is of fundamental relevance during  
729 the natural healing processes, this has been extensively used as support material, particularly for tendon and  
730 ligament repair [106]. Concerning the commercial products used in this area, the most famous are:

731 • Graftjacket™ (by Wright Medical), which is derived from human dermal collagen matrix and it is freeze-  
732 dried with a proprietary process that prevents the formation of ice crystals to preserve the intact  
733 matrix including vascular channels.

- 734
- The Restore™ Orthobiologic Soft Tissue Implant (by DePuy, Inc.) is a round device, manufactured from  
735 10 layers of Small Intestine Submucosa (SIS), a biomaterial derived from porcine small intestine and it is  
736 composed mainly of water and collagen.
  - The Zimmer® Collagen Repair Patch (by Zimmer) is a biological implant consisting of an acellular  
737 scaffold of collagen and elastin, derived from porcine dermal tissue. In tensile tests, the Zimmer  
738 Collagen Repair Patch was shown to withstand a significantly larger load than SIS patches.
  - Permacol™ (by Tissue Science Laboratories) surgical implant is a porcine dermal collagen implant from  
740 which cells, cell debris, DNA and RNA are removed in a gentle process that is not damaging to the 3D  
741 collagen matrix. The resulting acellular collagen matrix is then cross-linked for enhanced durability.
  - TissueMend™ Soft Tissue Repair Matrix (by Stryker Orthopaedics) is an acellular, collagen membrane  
743 used to repair and reinforce soft tissues where weakness exists. It is composed of native collagen, non-  
744 denatured, from fetal bovine dermis.
  - The OrthADAPT™ Bioimplant is a biocompatible, stabilized, terminally sterilized collagen scaffold  
746 launched from Pegasus Biologics, Inc., in order to improve the repair and reconstruction of soft tissue  
747 in musculoskeletal procedures.
  - Alloderm® Regenerative Tissue Matrix (RTM) (by BioHorizons) is an acellular dermal matrix for soft  
749 tissue applications, containing undamaged collagen and elastin matrices.
  - Apligraf® (by Organogenesis) consists of living cells and structural proteins. The lower dermal layer  
751 combines bovine type 1 collagen and human fibroblasts (dermal cells), which produce additional matrix  
752 proteins.
- 753
- 754 Other polymers commonly used as scaffolds are:
- poly(glycolic acid) (PGA) that can be used in applications such as synthetic suture (Dexon™ by  
755 Medtronic) or bone internal fixation devices due to its good mechanical properties.
  - Poly(lactic acid) (PLLA) is used in orthopedic fixation device, such as SmartPin® and Bio Mini-Revo® (by  
757 Conmed), which are resorbable orthopedic pin and screw-in implants, respectively, Bio-Anchor® (by  
758 Conmed) for shoulder repair intervention; Biocryl® and Milagro Advance Interference screw (by De  
759 Puy) used in cruciate ligament reconstruction.
  - Poly(lactide-co-glycolide) (PLGA) is used for resorbable sutures (Vicryl® by Ethicon Inc.) due to its high  
761 degradation kinetics.
  - Polyethylene glycol (PEG) can be used in surgical procedures, such as Veriset™ Hemostatic patch by  
763 Medtronic; a PEG ester solution and a trily sine amine solution are constituent of DuraSeal®, a synthetic  
764 absorbable surgical sealant by Integra.
- 765

**Table 7. Hydrogel-based commercial products used in tissue engineering applications.**

Product	Company	Main constituent	Application	URL
AlgiMatrix®	Thermo Fisher Scientific	Alginate	Cell culture	<a href="https://bit.ly/2UF71Hg">https://bit.ly/2UF71Hg</a>
Alloderm® Regenerative Tissue Matrix	BioHorizons	Collagen and elastine	soft tissue applications	<a href="https://bit.ly/2SqFPHp">https://bit.ly/2SqFPHp</a>
Apligraf®	Organogenesis	Collagen and fibroblast	Living cells and structural proteins to produce matrices	<a href="https://bit.ly/2TuaHvd">https://bit.ly/2TuaHvd</a>
Biocryl® Milagro Advance	De Puy	Poly(lactic acid)	cruciate ligament reconstruction	<a href="https://bit.ly/2HZbUts">https://bit.ly/2HZbUts</a> <a href="https://bit.ly/2t6lcbw">https://bit.ly/2t6lcbw</a>
Dexon™ Veriset™ Hemostatic patch DuraSeal®	Medtronic	poly(glycolic acid) Polyethylene glycol Polyethylene glycol	synthetic suture or bone internal fixation devices Hemostatic patch absorbable surgical sealant	<a href="https://bit.ly/2t6KJTc">https://bit.ly/2t6KJTc</a> <a href="https://bit.ly/2RAH7IX">https://bit.ly/2RAH7IX</a> <a href="https://bit.ly/2MQFOhX">https://bit.ly/2MQFOhX</a>
Gel-One® Hyaluronate	Zimmer Biomet	Hyaluronic acid	Osteoarthritis of the knee	<a href="https://bit.ly/2Sq79Nm">https://bit.ly/2Sq79Nm</a>
Graftjacket™	Wright Medical	Collagen	preserve the intact matrix including vascular channels	<a href="https://bit.ly/2HRXvyT">https://bit.ly/2HRXvyT</a>
Hyaloglide® Hyalonect® Orthovisc-T®	Anika Therapeutics, Inc.	Hyaluronic acid	Cartilage lesions Reduce adhesions after surgery Restore function of tendons	<a href="https://bit.ly/2G9pEQy">https://bit.ly/2G9pEQy</a> <a href="https://bit.ly/2GbWAaQ">https://bit.ly/2GbWAaQ</a> <a href="https://bit.ly/2DUkmGh">https://bit.ly/2DUkmGh</a>
OrthADAPT™ Bioimplant	Pegasus Biologics, Inc.	Collagen	Repair of soft tissue in musculoskeletal procedures	<a href="https://bit.ly/2SmtVWv">https://bit.ly/2SmtVWv</a>
Permacol™	Tissue Science Laboratories	Collagen		<a href="https://bit.ly/2GlxPbD">https://bit.ly/2GlxPbD</a>
Restore™ Orthobiologic Soft Tissue Implant	DePuy, Inc.	Collagen and water	Orthopedic tissue	<a href="https://bit.ly/2SpE7gl">https://bit.ly/2SpE7gl</a>
SmartPin® Mini-Revo® Bio-Anchor®	Conmed	Poly(lactic acid)	resorbable orthopedic pins shoulder repair intervention	<a href="https://bit.ly/2BfiO2Y">https://bit.ly/2BfiO2Y</a> <a href="https://bit.ly/2BjFfiW">https://bit.ly/2BjFfiW</a> <a href="https://bit.ly/2t0YBYe">https://bit.ly/2t0YBYe</a>
TissueMend™	Stryker Orthopaedics	Collagen	Soft Tissue Repair Matrix	<a href="https://bit.ly/2UGETDQ">https://bit.ly/2UGETDQ</a>
Vicryl®	Ethicon Inc.	Poly(lactide-co-glycolide)	resorbable sutures	<a href="https://bit.ly/2M0h4HI">https://bit.ly/2M0h4HI</a>
Zimmer® Collagen Repair	Zimmer	Collagen and	Rotator Cuff Tendon	<a href="https://bit.ly/2HM0LMe">https://bit.ly/2HM0LMe</a>

Patch		elastine	Repair	
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767

768

## 2.4 Contact lens

769 The first time that a corneal lens (or rigid lens) was developed dates back to 1948, when, starting from a  
770 laboratory error, an optical technician tried to wear in his own eye only the corneal portion of a PMMA scleral  
771 lens and he found that the lens could be tolerated by his eye. This discovery led to the first patent in the same  
772 year [107]. The attempts to improve the wearability and the performances of contact lenses grew during the  
773 years, but the turning point was achieved by Otto Wichterle, who produced, although discouraged by his  
774 superiors, soft lenses composed of hydroxyethyl methacrylate (HEMA). The patent [108] to produce  
775 commercially soft contact lenses was acquired by Bausch&Lomb in 1972. Since then, the market of contact  
776 lenses started to proliferate. Since the first uses of contact lenses, it appeared evident that the physiological  
777 response of the eye would have been improved by using materials more permeable to oxygen and with a  
778 reduced absorption of proteins, lipids, or other tears' constituents. The following turning point in the  
779 improvement of contact lenses was the incorporation of silicone into the basic PMMA structure, which led to  
780 the birth of a new family of polymers for contact lens applications, the so called silicone acrylates (1974).  
781 Actually, the most significant advance in contact lenses development since the introduction of HEMA has been  
782 attributed to the launch on the market of two spherical-design silicone hydrogel lenses by CIBA Vision (with the  
783 product Focus Night & Day®) and Baush & Lomb (with the product Purevision®) in 1998. In 2001 lenses  
784 manufactured from silicone hydrogel materials were introduced into the US market and, since then, their  
785 prescribing has reached a peak of 73% of all soft lenses, remaining at this level up to 2014 [109].  
786 Being the ocular environment very sensitive to the external stimuli, the hydrogel based biomaterials used to  
787 produce contact lenses must have specific properties, such as: be permeable to oxygen and to ions, in order to  
788 ensure the corneal metabolism and the on-eye movement, respectively, be comfortable, hydrolytically stable,  
789 biologically inert, and allow a clear and stable vision maintaining a continuous tear film on the eye [110]. In  
790 order to obtain a high visual performance, the hydrogel selected as contact lens material needs to be  
791 transparent. This characteristic is usually expressed as the percentage of transmission of the visible  
792 electromagnetic spectrum. Thus, hydrogels suitable to be used as contact lens materials have to transmit at  
793 least 90% of visible light. The loss of transparency of a hydrogel is usually due to a phase separation of water  
794 that can be caused in example by temperature, thus the storage and handling of these products should be  
795 accurate. The mechanical properties of contact lens materials are fundamental since they determine the  
796 comfort, the durability, and the handleability of the product. It has to be highlighted that the mechanical  
797 properties of hydrogels are not easy to be measured, due to the hydrophilic nature of the polymers and to the

798 large amount of water contained in their network [23]. In fact, any deformation applied to a hydrogel involves  
799 the redistribution of water inside the network affecting the characteristics of the sample, which could result  
800 different from those of the material used during the final application [111]. In general, the strength of a  
801 hydrogel is measured in order to evaluate its resistance during handling and the elastic modulus in order to  
802 evaluate the deformability of lenses and their fitting characteristics in human eyes. Surface characteristics of  
803 contact lens materials directly affect the interaction with eyes and the surrounding tear films, which means  
804 that affect the biocompatibility with the ocular environment. Surface properties include friction, wettability,  
805 and surface water contact. Friction happens when two surfaces slide against each other, and this sliding causes  
806 the wear of one or both the surfaces. In order to prevent the wear of the surfaces, it can be provided a  
807 lubrication process. Wettability is a characteristic of a fluid that is spread on a solid surface. To enhance the  
808 comfort of contact lens, materials have been modified in order to reduce friction by increasing lubricity of the  
809 surface (i.e. adding wetting agents) [112]. Studies suggested that hydrogels having lower modulus, higher  
810 oxygen transmissibility to the cornea, and higher equilibrium water content were preferred by patients in  
811 terms of comfort [113-115]; even if it has to be considered that *in vivo* hydration levels can be influenced by  
812 lens thickness, osmolarity, size of the palpebral aperture, or environmental conditions [116]. Thus these  
813 properties are fundamental, since the first reason leading patients to the discontinuation of the use of contact  
814 lens is discomfort (about 50%), followed by vision problems (about 10%) and difficulty of handling (about 5%)  
815 [117]. In order to combine the characteristics of softness, wettability, and comfort of the conventional  
816 hydrogels with the high oxygen transmission of siloxanes and fluorosiloxane, a new class of materials, called  
817 siloxane hydrogels, have been introduced [118, 119].

818 Concerning the commercial products currently available on the market, they have been proliferated during the  
819 years. Among them, it can be found:

- 820 • Avaira® and Biofinity® (Coopervision Inc.) are both composed of N-vinylpyrrolidone (NPV) with viscosity  
821 modifying admixture (VMA) in order to increase comfort and stability to the lens.
- 822 • Coopervision launched in the market the MyDay® contact lenses, with the Smart Silicone™ technology,  
823 which allows to deliver oxygen to the eyes much more efficiently using less silicone. This results in  
824 softer lens and allows more room in the lenses for other components to improve the hydration of eyes.
- 825 • Based on the use of silicone hydrogel are the PremiO lenses (by Menicon), product of Japanese  
826 research to optimize the delivery of oxygen to the eye using very permeable materials.

827 As mentioned above, the siloxane-based materials are extensively used to produce contact lenses, some  
828 examples are:

- 829 • Dailies Total1 (by Alcon), having a water content that ranges from 33% at the core to over 80% at  
830 the surface, and at the outer surface reaches almost 100%, nearly the same as the surface of the

- 831 cornea. Moreover these lenses allow oxygen to freely flow resulting in the highest oxygen  
832 transmissibility of any daily contact lens on the market.
- 833 • Moreover, Alcon produces Air Optix® Aqua contact lenses, characterized by SmartShield  
834 Technology, which is a surface technology for moisture retention and consistent comfort, based on  
835 plasma iconicity modification. This allows to retain moisture and to limit cholesterol sorption and  
836 deposits to increase the lenses comfort.
  - 837 • Finally, it has to be mentioned the first selling contact lenses brand in the world: Acuvue Oasys®,  
838 produced by Johnson & Johnson. It is characterized by the wetting technology called Hydraclear®  
839 Plus technology, which stabilizes the tear film promoting comfortable wear.

840 **Table 8. Hydrogel-based commercial contact lens.**

Product	Company	Main constituent	
Acuvue Oasys®	Johnson & Johnson	siloxane-based materials	<a href="https://bit.ly/2UIEBMs">https://bit.ly/2UIEBMs</a>
Avaira® Biofinity® MyDay®	Coopervision Inc.	N-vinylpyrrolidone and viscosity modifying admixture silicone hydrogel	<a href="https://bit.ly/2GcYgkq">https://bit.ly/2GcYgkq</a> <a href="https://bit.ly/2tFtsDy">https://bit.ly/2tFtsDy</a> <a href="https://bit.ly/2GwSnOi">https://bit.ly/2GwSnOi</a>
Dailies Total1 Air Optix® Aqua	Alcon	siloxane-based materials	<a href="https://bit.ly/2HV9UIN">https://bit.ly/2HV9UIN</a> <a href="https://bit.ly/2GeAIRA">https://bit.ly/2GeAIRA</a>
Focus Night & Day®	CIBA Vision	silicone hydrogel	<a href="https://bit.ly/2HYUZqK">https://bit.ly/2HYUZqK</a>
PremiO lenses	Menicon	silicone hydrogel	<a href="https://bit.ly/2SwGxKC">https://bit.ly/2SwGxKC</a>
Purevision®	Baush & Lomb	silicone hydrogel	<a href="https://bit.ly/2t6ArCx">https://bit.ly/2t6ArCx</a>

841

## 842 2.5 Hygiene

843 Hygiene products based on hydrogels include disposable diapers, sanitary pads, and adult protective  
844 underwear for incontinence. Among the different products, disposable diaper is the largest consumer of  
845 superabsorbent polymers (SAP), which are extensively used to absorb fluids. Superabsorbent materials are  
846 three-dimensional cross-linked polymers (linear or branched) able to absorb and retain heavy amounts of  
847 liquids due to their excellent hydrophilic properties. They are characterized by a high swelling capacity, and  
848 they are capable to absorb water (or biological fluids) up to 1000 times their weight [120]. The main  
849 advantages in the use of these polymers are that they are able to hold moisture away from the skin, promoting  
850 its health, preventing diaper rash and colonization of germs, and reducing the risk of fecal contaminations, and  
851 potential spread of gastrointestinal infections [121].

852 Since the 1970s, diaper technology has been of great commercial interest, and about 1000 patents have been  
853 published for last 25 years on the construction and design of diapers. Japan started the first commercial

854 production of hydrogels in 1978 for use in feminine napkins, and later in 1980, Germany and France started  
855 using them in baby diaper [122]. The use of SAP in diaper industry was proposed in 1982 in Japan reducing the  
856 size of diapers (of about 50%) and improving the retention performances, reducing the leakage values below  
857 2% [123]. Nowadays, the most common polymers used as superabsorbent materials are based on cross-linked  
858 synthetic polymers, such as acrylic acid and its copolymers with acrylamide. On the market of the hygiene  
859 products cellulose-derived materials containing polymeric particles, which can be synthetic, such as  
860 polyacrylates, sulfonated polystyrene, poly(vinyl alcohol, or natural, such as carboxy-alkyl cellulose, gum,  
861 carboxy-alkyl starch, or cellulose sulfate, are very common. The final characteristics of the superabsorbent  
862 polymer can vary significantly depending on its composition: i.e. the maximum absorbency of natural materials  
863 (such as cellulose or protein based materials [124, 125]) ranges from 10 to 100 g water /g material, which is far  
864 less than that of commercial synthetic polymers (~1000 g/g) [120].

865 One of the major drawbacks in the use of diapers is the production of solid wastes. In fact, it has been reported  
866 [122] that a child till the age of 30 months using disposable diaper creates about 1092 m<sup>3</sup> of garbage per year.  
867 Disposable diapers are the third largest single consumer item in landfills, and represent about 4% of solid  
868 waste. In a house with a child in diapers, disposables make up 50% of household waste [126]. Thus, many  
869 attempts have been taken to make reuse of the items like disposable diapers, napkins, hospital bedsheets,  
870 sanitary towels, and other similar products. The recycling of such complex products is performed separating  
871 ingredients for further uses, in fact the cellulosic part is recyclable and biodegradable. This process is tedious  
872 and not efficient, thus it made scientists to think alternatively, using ingredients completely biodegradable.  
873 Novel types of hydrogels, containing sodium carboxymethylcellulose (NaCMC) and hydroxyethyl cellulose (HEC)  
874 cross-linked with divinyl sulfone (DVS), can swell like SAPs, and exhibit high water retention as a result of the  
875 capillary effects [127].

876 Concerning the commercial products containing SAPs, it has to be considered that Pampers (owned by  
877 Procter&Gamble) and Huggies (from Kimberly–Clark) are the two most widely used disposable diaper brands,  
878 with about 35% and 22% global market share, respectively [123]. Moreover, the global feminine hygiene  
879 products market, forecasted to be worth 38,000 million of US dollars by 2026 end, is expected to increase at a  
880 CAGR of 6.9% during the period 2018-2026.

881 • Aqua Keep (Sumimoto Seika Chemicals Co. LTD.) is a superabsorbent polymer which holds water within  
882 molecular chains and retain the water even under pressure. It is composed mainly of sodium  
883 polyacrylate with high content of COO<sup>-</sup> and Na<sup>+</sup> ions. The difference between the ionic content inside  
884 the polymer and the external environment determines the intensity of the osmotic pressure and,  
885 consequently, of the amount of water absorbable.

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- HySorb® (BASF) portfolio offers different kinds of products, among them it has to be mentioned HySorb® Biomass Balanced, superabsorbent obtained from renewable feedstock like biogas or bio-naphtha that can be derived from organic waste or vegetable oils, and Saviva®, obtained by a new technology of droplet polymerization, which forms a pathway for a quick liquid distribution thanks to a system of fine capillaries that allows an homogeneous swelling behavior.
  - Ultrasorbs™ AP Premium Drypad (Medline Industries Inc.) are air-permeable drypads that feature a patented, SuperCore® absorbent that draws in moisture, locks it away from the skin and feels dry to the touch in just minutes.
  - Sanwet (Sanyo Chemical Industries Ltd.) is the evolution of the first SAP appeared on the Japanese market for hygiene applications and it is characterized by two features: the controlled absorption speed and the improved-permeability of swollen gel.
  - HI-SWELL™ (Songwon Industrial Co. Ltd) exhibits quick and high water absorbency and an excellent stability to heat and light.

899 **Table 9. Hydrogel-based commercial products used in hygiene applications.**

Product	Company	Main constituent	URL
Aqua Keep	Sumimoto Seika Chemicals Co. LTD.	sodium polyacrylate	<a href="https://bit.ly/2t7tAJ1">https://bit.ly/2t7tAJ1</a>
HI-SWELL™	Songwon Industrial Co. Ltd	SAPs	<a href="https://bit.ly/2Ge9S6K">https://bit.ly/2Ge9S6K</a>
Huggies	Kimberly–Clark	SAPs	<a href="https://bit.ly/2DbtVPe">https://bit.ly/2DbtVPe</a>
HySorb® Saviva®	BASF	superabsorbent obtained from renewable feedstock	<a href="https://bit.ly/2BkN3u8">https://bit.ly/2BkN3u8</a> <a href="https://bit.ly/2WHIVyF">https://bit.ly/2WHIVyF</a>
Pampers	Procter&Gamble	SAPs	<a href="https://bit.ly/2MRYSGs">https://bit.ly/2MRYSGs</a>
Sanwet	Sanyo Chemical Industries Ltd.	SAPs	<a href="https://bit.ly/2SyWX5b">https://bit.ly/2SyWX5b</a>
Ultrasorbs™ AP Premium Drypad SuperCore®	Medline Industries Inc.	SAPs	<a href="https://bit.ly/2UNXxtr">https://bit.ly/2UNXxtr</a>

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## 2.6 Fillers

902 Although the concept of filler injections to adjust facial soft tissue defects has been introduced since the 19<sup>th</sup>

903 century (Neuber in 1893 was the first physician who transplanted fat from arms into facial defects

904 [128]), it has been only 30 years since the introduction of the first Food and Drug Administration-approved

905 filler material, the bovine collagen [129]. After that, the researches and studies in this field have been

906 proliferated and, nowadays, there are over 35 major filler producer companies worldwide. It has been

907 evaluated that global dermal filler market will surpass USD 8.5 billion by 2024 and is set to 5.8% of CAGR in  
908 2017 according to a new research report by Global Market Insights Inc., probably due to world population  
909 aging looking for anti-aging and wrinkle treatments [130]. According to the International Society of Aesthetic  
910 Plastic Surgery (ISAPS), the number of non-surgical cosmetic procedures has increased by around 9% annually  
911 in 2017. Biodegradable fillers segment held largest market part (around 88%) in 2017 due to safety offered by  
912 this type of fillers and to the fact that complications related with their use disappears spontaneously, since they  
913 are biodegradable substances that are eventually metabolized by the body, usually in a period ranging from  
914 months up to one year. Biodegradable fillers can be divided into two main classes, according with their  
915 duration into the human body: the nonpermanent fillers, such as collagen or hyaluronic acid, and the  
916 semipermanent fillers, such as polylactic acid and calcium hydroxylapatite [131]. Among hydrogels, the most  
917 used as filler in cosmetic industry are, undoubtedly, bovine collagen and hyaluronic acid, both belonging to the  
918 biodegradable fillers category, and polyacrylamide hydrogel filler, which is a non-biodegradable filler with long  
919 lasting effects. The physical properties of fillers determine their unique characteristics and, then, they define  
920 the potential application in cosmetic soft tissue and dermal correction. Among these properties, it has to be  
921 evaluated the gel hardness or, in general, the rheological behavior of the filler since this property affects the  
922 flow of the gel passing through a syringe and, when it is released and restored, it gains its viscoelastic state.  
923 Thus, the gel hardness influences both the structure and the stiffness of the filler. Gels with higher stiffness can  
924 provide a better support in facial muscles and they better resist to the dynamic forces acting during their  
925 movements. On the other side, gel with low modulus better suits the use in areas with static and superficial  
926 wrinkles, where the mechanical resistance is not a critical factor. The particle size within the gel determines the  
927 volume filling once it is injected, which means, from a clinical point of view, the degree of correction that can  
928 be realized. Moreover, this parameter has to be checked after the production because the particles size has to  
929 be able to pass through the syringe's needle during the intervention avoiding pain, bleeding, or edemas. The  
930 hydrogel concentration in the filler determines the longevity and the stability of the correction intervention  
931 [132]. Usually, the filler concentration provided by the manufactures includes both cross-linked gels and a fluid  
932 component of the hydrogel. This latter one is easily metabolized by the human body and does not contribute  
933 to the duration and effectiveness of the product [133]. The swelling degree of a filler depends on whether the  
934 filler has reached the equilibrium state for bound water, and this depends on the gel characteristics. Thus,  
935 hydrated and equilibrium gels have already reached their hydration capacity and they do not swell when  
936 injected, non-equilibrium gels, on the contrary, tends to swell post injection, thus this behavior has to be  
937 considered before the application.

938 **Collagen.** Bovine collagen was the first kind of filler approved by FDA for the use in aesthetic treatments.  
939 Bovine collagen is resorbable, and it has been used in soft tissue augmentation with a duration effect of less

940 than 6 months. It has to be considered that collagen is the major structural component of the dermis and it has  
941 a fundamental role in providing strength and support to human skin [128]. However, the possibility to develop  
942 an allergic reaction to the use of collagen involves many people, since the injected collagen material can be  
943 detected by body as a foreign substance and degraded by collagenases and inflammatory cells [134]. In 2003,  
944 FDA approved human-derived bioengineered collagen implants [135]. These implants are composed by  
945 collagen derived from bioengineered human fibroblasts cultured in a bioreactor simulating the human body  
946 and screened for viral and bacterial pathogens. Thus, since the collagen source is human and does not contain  
947 animal-derived products, allergy test before using these implants are not necessary. Other two types of  
948 collagen have to be considered: the collagen fibers (and extracellular matrix) derived from human cadaveric  
949 tissues and the autologous collagen, which is produced from a patient's own skin. These products have lost  
950 interest in the market once the bioengineered collagen was launched.

951 The most famous collagen types available are:

- 952 • Zyderm® I and II (by Collagen Corporation), and Zyplast®, both of bovine-origin, are usually the less  
953 expensive but the risk of allergic reaction is higher.
- 954 • Cross-linked porcine collagen is on the market under the name of Evolence® and Evolence Breeze® (by  
955 Johnson & Johnson). These were used in the treatment of acne scars but the manufacturer company  
956 announced the products' retirement.
- 957 • CosmoDerm® and CosmoPlast® (by Allergan) are both human-derived collagen products, and they are  
958 used for the treatments for smoothing wrinkles, filling furrows (deep wrinkles) and restoring the  
959 border of the lip.
- 960 • Isolagen® (by Isolagen Europe Ltd.) is an autologous cell therapy that uses the patient's own fibroblasts  
961 to correct defects, including wrinkles and scarring.
- 962 • Autologen® (by Autogenous Technologies) is made of human dermis from skin using a laborious  
963 process for harvesting.
- 964 • To avoid complex procedures, Dermologen® (by Collagenesis Inc.) was developed. This is identical in  
965 structure and substance to the previous one, but it is obtained, rather than using autologous skin, from  
966 a cadaveric source [136].

967 Obtained from a cadaveric source are:

- 968 • Cymetra® (AlloDerm, LifeCell Corporation), composed by micronized human cadaveric dermis,
- 969 • Fascian® (by Biosystem), composed by human cadaveric fascia [137].

970 An hybrid product, Artefill® (known in Europe as Artecoll®), is a mixture of bovine collagen and homogeneous  
971 polymethylmethacrylate microspheres, which not only help to maintain the desired results much longer, but  
972 also to stimulate natural collagen production.

973 **Hyaluronic acid.** Hyaluronic acid (HA) segment accounted over USD 4.5 billion in 2017. It is commonly adopted  
974 by elderly people to correct facial lines and reduce wrinkling. After Botox, hyaluronic acid is the most common  
975 non-surgical cosmetic procedure in the U.S. because of the large number of approved products, and the low  
976 risk of complications. Moreover, HA fillers have the advantage over collagen of being instantly reversible by the  
977 application of hyaluronidase. HA was discovered by Karl Meyer and his assistant John Palmer in 1934 [138]. It is  
978 a glycosaminoglycan disaccharide, which exists naturally in the body. HA fillers can be derived both from  
979 animal or bacteria sources. HA products differ from the collagen products since they do not contain local  
980 anesthetic. This, combined with their increased viscosity compared to collagen, can result in more discomfort  
981 with injection [134]. Although its properties well fit the necessities of a dermal filler, at the beginning its use  
982 was seriously limited because of its rapid degradation in biological tissues. Later, its performances have been  
983 highly improved by the cross-linking procedure that stabilizes and prolongs its duration over the time, making  
984 HA competitive on the market. Each company uses different cross-linking chemicals to obtain its product but all  
985 of them have in common the fact that they can be irritating or toxic for the skin, thus one of the fundamental  
986 step of the filler production process is the purification [138].

- 987 • Restylane® and Perlane® products (by Q-Med and distributed by Medicis Aesthetics) are non-animal  
988 stabilized hyaluronic acids (NASHAs), or rather, of bacterial origin (they are derived from cultures of  
989 *Streptococcus equi*). Both of them are cross-linked with butanediol diglycidyl ether (BDDE). Restylane®  
990 was the first non-animal stabilized HA approved in the United States in 2003 [132], Perlane® was  
991 approved later, in 2007. The only difference between these two products is the particle size: the largest  
992 fraction of gel particles for Perlane is between 940 and 1090 µm, whereas the largest fraction for  
993 Restylane® is between 250 and 500 µm [138].
- 994 • Juvéderm™ family products are manufactured by Corneal and distributed by Allergan. They are non-  
995 particulate forms of NASHAs, cross-linked with BDDE and they were approved by FDA in 2006.  
996 According to the producer, these products feature a crosslinking process called Hylacross®, which  
997 produces a softer, more viscous gel which is intended to enhance durability, in fact it has been  
998 demonstrated that this fillers last up to 12 months [131].
- 999 • Elevess® (by Anika Therapeutics) is cross-linked with biscarbodiimide (BCDI) and was approved by FDA  
1000 in 2006. It is based on chemically modified non-animal HA proprietary technology which incorporates  
1001 0.3% lidocaine and the concentration of HA in this product is the highest available on the market.
- 1002 • Captique™, Prevelle Silk®, and the Hylaform® family are all manufactured by Genzyme and use divinyl  
1003 sulfone (DVS) as cross-linking agent. Hylaform® was the first HA developed for dermal filling: released  
1004 in Europe in 1996, it was FDA approved in the United States in 2004. Despite Captique™ and Prevelle

1005 Silk® are bacterial-based HA, Hylaform® and Hylaform Plus® are avian-derived, from the body of rooster  
1006 combs. The duration is estimated to be 4-5 months [136].  
1007 Since the market demonstrated repulsion towards the animal-based products, NASHAs are currently the most  
1008 used as fillers worldwide. Most products are cross-linked with single ether bonds, only Puragen™ family (by  
1009 Mentor Corporation) subjects a two-stage double cross-linking process with 1,2,7,8-diepoxyoctane (DEO) using  
1010 a proprietary DXL™ technology, which increases stability and duration over time.

1011 **Table 10. Hydrogel-based commercial fillers.**

Product	Company	Main constituent	URL
Artefill®	Suneva Medical	bovine collagen and homogeneous polymethylmethacrylate microspheres	<a href="https://bit.ly/2WNkMWb">https://bit.ly/2WNkMWb</a>
Autologen®	Autogenous Technologies	Collagen from human dermis	<a href="https://bit.ly/2TAYTaN">https://bit.ly/2TAYTaN</a>
Captique™ Prevelle Silk® Hylaform® Hylaform Plus®	Genzyme	bacterial-based hyaluronic acids avian-derived hyaluronic acids	<a href="https://bit.ly/2GcZ4Wx">https://bit.ly/2GcZ4Wx</a> <a href="https://bit.ly/2DXsQw0">https://bit.ly/2DXsQw0</a> <a href="https://bit.ly/2BonGHU">https://bit.ly/2BonGHU</a> <a href="https://bit.ly/2DiTjTI">https://bit.ly/2DiTjTI</a>
CosmoDerm® CosmoPlast® Juvéderm™	Allergan	human-derived collagen human-derived collagen non-animal stabilized hyaluronic acids	<a href="https://bit.ly/2GtwY8T">https://bit.ly/2GtwY8T</a> <a href="https://bit.ly/2jCYoxw">https://bit.ly/2jCYoxw</a>
Cymetra®	AlloDerm, LifeCell Corporation	micronized human cadaveric dermis	<a href="https://bit.ly/2taBtxq">https://bit.ly/2taBtxq</a>
Dermologen®	Collagenesis Inc.	Collagen from cadaveric source	<a href="https://bit.ly/2RM5gpM">https://bit.ly/2RM5gpM</a>
Eleess®	Anika Therapeutics	chemically modified non-animal hyaluronic acids	<a href="https://bit.ly/2BqYAbg">https://bit.ly/2BqYAbg</a>
Evolence® Evolence Breeze®	Johnson & Johnson	Cross-linked porcine collagen	<a href="https://bit.ly/2Bmhgcs">https://bit.ly/2Bmhgcs</a>
Fascian®	Biosystem	Collagen from human cadaveric fascia	<a href="https://bit.ly/2I71bwK">https://bit.ly/2I71bwK</a>
Isolagen®	Isolagen Europe Ltd.	Collagen with autologous cell therapy	<a href="https://bit.ly/2StKQGJ">https://bit.ly/2StKQGJ</a>
Restylane® Perlane®	Q-Med	non-animal stabilized hyaluronic acids	<a href="https://bit.ly/2mnOgJu">https://bit.ly/2mnOgJu</a> <a href="https://bit.ly/2Rqsl1g">https://bit.ly/2Rqsl1g</a>
Zyderm® Zyplast®	Collagen Corporation	bovine-origin collagen	<a href="https://bit.ly/2GrRNS5">https://bit.ly/2GrRNS5</a> <a href="https://bit.ly/2Ge7ahQ">https://bit.ly/2Ge7ahQ</a>

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### 3. Conclusions

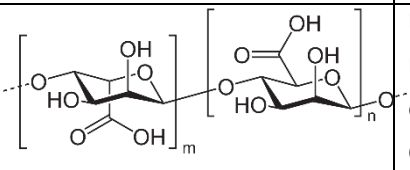
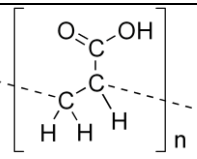
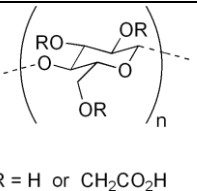
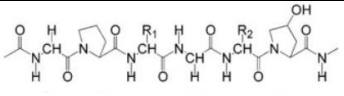
1014 Despite hydrogels have existed for more than half century, their charm is still unquestioned. Due to their  
1015 fascinating properties, hydrogels have attracted the attention of both scientific and industrial communities but,

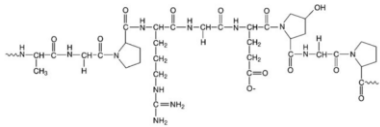
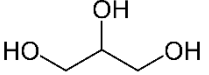
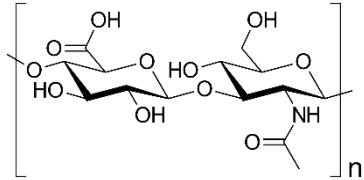
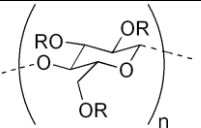
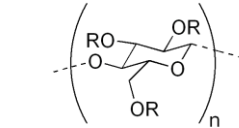
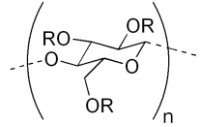
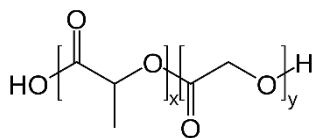
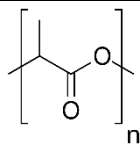
1016 even if the studies concerning their potentiality are spread diffused, not all the formulations developed have  
1017 reached the market. Focusing only on the biomedical applications, hydrogels have been used in different forms  
1018 and amounts, in several fields, such as the drug delivery, wound healing, or tissue engineering.

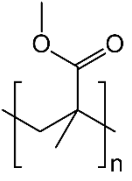
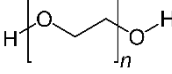
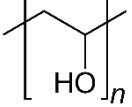
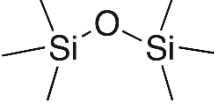
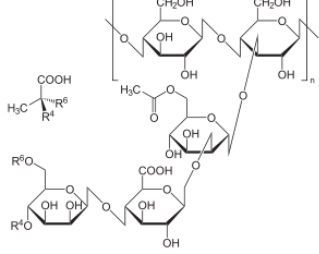
1019 The studies devolved to the development of new hydrogels' formulations or to the improvement of their  
1020 properties are still attracting a lot of attention from scientists, but only a small part of them will result in the  
1021 invention of a new product for people's daily life.

1022 The main intent of this review is to give to the readers an overview of the hydrogels that have reached the  
1023 market over the time, listing some of the commercial products that have been launched. However, the authors  
1024 are aware that a complete and comprehensive review of all the commercial products is not possible, thus in  
1025 the following a list of the main hydrogels that have resulted in a commercial product and the properties that  
1026 characterize their use in specific application fields is reported.

1027 **Table 11. Chemical structure and properties of the main hydrogels used in biomedical applications.**

Hydrogel	Chemical structure	Main properties	Applications
Alginate		Natural water-soluble polymer; Biocompatible and structured as extracellular matrix; Crosslinkable ionically or covalently.	Wound healing, drug delivery, and tissue engineering applications.
Carbomer (Poly(acrylic acid))		Weak anionic polyelectrolyte; Degree of ionization depends on solution pH; Mucoadhesive properties.	Disposable diapers, buccal delivery, gels for skin care.
Carboxymethyl cellulose	 R = H or CH <sub>2</sub> CO <sub>2</sub> H	Ionic cellulose-derivative; Solubility pH-dependent; Viscosity-increasing properties; Mucoadhesive properties.	Matrix for transdermal delivery and wound dressing, constituent of SAPs for hygienic applications.
Collagen		Main structural protein in the extracellular space; Biodegradable, biocompatible, and weak antigenic; Obtainable from different sources (animal and human); Cell attachment capability; Adhesive properties.	Cardiac applications, cosmetic surgery, filler, bone graft, tissue engineering, wound healing.

Gelatin		Film forming properties; Foam stabilizer; Adhesive properties as warm solution; Gelling properties.	Suspending agent, encapsulating agent, and tablet binder in pharmaceuticals
Glycerin		Smoothness improver and lubricant; Humectant properties; Plasticizer; High solvent power.	Rectal administrations, jellies and creams for topical uses, wound dressing.
Hyaluronic Acid		Natural water-soluble polymer; Biocompatible and structured as extracellular matrix.	Wound and skin healing, filler, cosmetics, tissue engineering, injectable gel.
Hydroxyethyl cellulose	 <p>R = H or CH<sub>2</sub>CH<sub>2</sub>OH</p>	Non-ionic cellulose derivative; Gelling and thickening agent; Bubble-forming; High hydrophilicity and maximum erodibility.	Excipient in pharmaceutical formulations, cream for topical medications, ointments, eye drops.
Hydroxypropyl methylcellulose	 <p>R = H or CH<sub>3</sub> or CH<sub>2</sub>CH(OH)CH<sub>3</sub></p>	Non-ionic cellulose derivative; Thermal gelation properties; Film-forming properties; High hydrophilicity.	Excipient in pharmaceutical formulations, matrix for controlled delivery tablets, emulsifier, eye drops.
Hydroxypropyl cellulose	 <p>R = H or CH<sub>2</sub>CH(OH)CH<sub>3</sub></p>	Non-ionic cellulose derivative; Fully soluble in water and polar organic solvents; Solubility in water temperature-dependent.	Topical ophthalmic protectant and lubricant, excipient for controlled delivery tablets.
poly (D,L-lactide-co-glycolide)		Biodegradable and biocompatible copolymer; FDA approved; Soluble in a wide range of organic solvents; Crystallinity and melting point tunable with the molecular weight.	Optical delivery, resorbable sutures, carrier for controlled delivery, tissue engineering applications.
Poly(lactic acid)		Biocompatibility and biodegradability; Good mechanical properties: Thermal plasticity.	Tissue engineering, wound healing, matrix for drug delivery systems.

<p>Poly(methyl methacrylate)</p>		<p>Non-degradable polyacrylate; Excellent optical properties; Mechanical properties are tunable depending on the ratio of monomer and initiator during the polymerization</p>	<p>Intraocular lenses, orthopedic surgery, screws in bone fixation, cosmetic surgery, dentistry.</p>
<p>Polyethylene glycol</p>		<p>Water-soluble linear polymer; Absorbing and binding properties; Do not readily penetrate the skin.</p>	<p>Parenteral, topical, ophthalmic, oral and rectal preparations, base of ointments, wound dressing.</p>
<p>Polyvinyl alcohol</p>		<p>Water-soluble synthetic polymer; Film-forming, emulsifying, and adhesive properties; High oxygen barrier properties.</p>	<p>Excipient in sustained-release formulations, matrix for capsules, coating material for eye drops.</p>
<p>siloxane</p>		<p>Siloxane-hydrogels improve gas permeability of contact lenses, comfort of lenses and easiness of implantation.</p>	<p>Ocular drug delivery and contact lenses.</p>
<p>Xanthan gum</p>		<p>Natural polysaccharide; Highly soluble in hot and cold water; Stable in acidic and alkaline environments; Approved by FDA and compatible with foods.</p>	<p>Creams and suspensions as emulsion stabilizer, in cosmetics as thickener and stabilizer, buccal delivery.</p>

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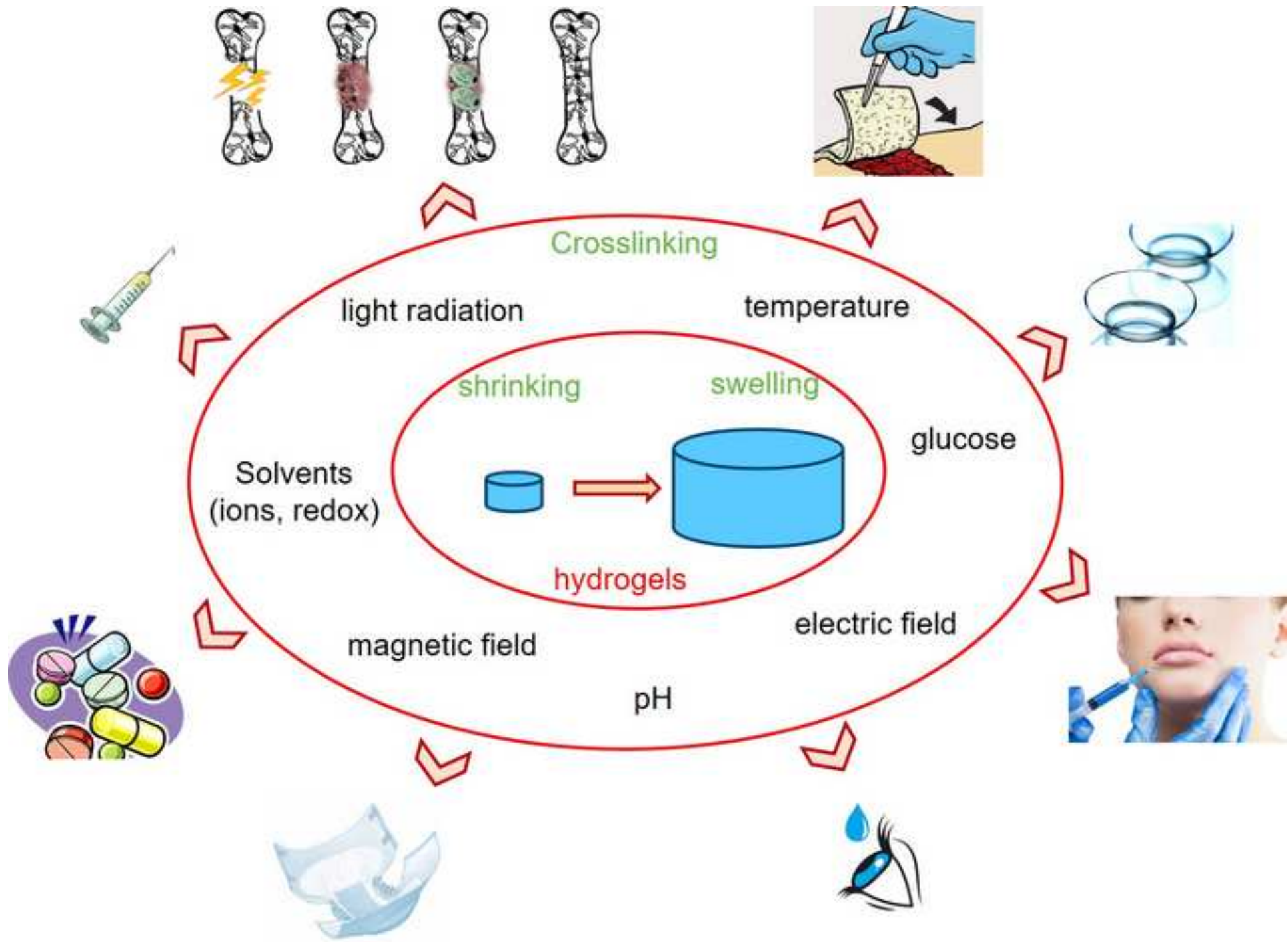
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Figure 1



**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

none
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