

1 **Effects of environmental cocaine concentrations on the skeletal muscle of the European**
2 **eel (*Anguilla anguilla*).**

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14 **Running Title:** Cocaine-induced eel muscle changes

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51 **Abstract**

52 This study evaluated the influence of environmental cocaine concentrations on the skeletal
53 muscle of the European eel. Silver eels were exposed to 20 ng L⁻¹ of cocaine for fifty days;
54 moreover, control, vehicle control and two post-exposure recovery groups (three and ten days)
55 were made. The eels general health conditions, the morphology of the skeletal muscle and some
56 parameters indicative of the skeletal muscle physiology were evaluated: the muscle whole
57 protein profile; the activities of cytochrome oxidase and caspase-3; the serum levels of creatine
58 kinase, lactate dehydrogenase and aspartate aminotransferase. Cocaine-exposed eels appeared
59 hyperactive but showed the same health status compared to the other groups. Their skeletal
60 muscle, instead, showed serious injuries, still present ten days after the interruption of cocaine
61 exposure. Except the expression levels of the main muscle proteins, that appeared unchanged,
62 all the examined parameters showed alterations that continued ten days after the interruption of
63 cocaine exposure. These results showed that, also at low environmental concentrations, cocaine
64 heavily damaged the morphology and the physiology of the eel skeletal muscle. Considering
65 the complex life cycle of the eel, involving a long reproductive migration needing a healthy
66 skeletal tissue, and the condition of decline typical of this species, also caused by water
67 pollutants, our results suggest that cocaine could threaten the ability of the eel to successfully
68 migrate and reproduce. Moreover, since the skeletal muscle is the edible part of the eel, an
69 effect of cocaine on the nutritional value of this tissue could be hypothesized.

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74 **Keywords:** Eel caspase; Eel cytochrome oxidase; Eel muscle protein profile; Eel serum
75 enzymes; Eel skeletal muscle; Environmental cocaine

76 **1. Introduction**

77 Many illicit drugs and their breakdown products are detected in surface waters (Daughton,
78 2011; Kasprzyk-Hordern et al., 2008; Loganathan et al., 2009; Pal et al., 2013; Rosi-Marshall et
79 al., 2014; Zuccato et al., 2005, 2008) and in seawaters (Aligizakis et al., 2016; Seabra Pereira
80 et al., 2016) throughout the world, due to both the enormous worldwide use of these
81 substances, and an insufficient wastewater treatment. The environmental fate and ecological
82 effects of the illicit drugs are not well understood; however, the first studies showed toxic
83 effects to the aquatic organisms, as expected for a constant exposure to substances having
84 strong pharmacological activities (Pal et al., 2013; Rehm et al., 2006). Indeed cytotoxic,
85 genotoxic (Binelli et al., 2012), and sub-lethal (Parolini et al., 2013) effects were induced in the
86 freshwater mussel *Dreissena polymorpha* by environmental cocaine, and cocaine metabolite
87 benzoylecgonine, respectively. Moreover, alterations in the oxidative status, leading to increase
88 of lipid peroxidation, protein carbonylation and DNA damage were observed after the exposure
89 to environmental Δ -9-tetrahydrocannabinol (Parolini and Binelli, 2014). Since data about the
90 effects of environmental illicit drugs on fish were lacking, we started a study aimed to evaluate
91 and compare the effects on fish of the most frequent illicit drugs in surface waters. Our first
92 studies, concerning the effects of environmental concentrations of cocaine on the European eel
93 (*Anguilla anguilla*), selected as model species, showed that a chronic exposure induced the
94 bioaccumulation of cocaine in its tissues (Capaldo et al., 2012) and alterations in its endocrine
95 system (Gay et al., 2013). Since these results suggested histological changes as well, we also
96 evaluated the condition of the peripheral tissues. Indeed the histological features may be
97 considered suitable biomarkers in the evaluation of the health of fish exposed to contaminants
98 (Camargo and Martinez, 2007; Capkin et al., 2009; Ebrahimi and Taherianfard, 2011; Fanta et
99 al., 2003). Our first results, showing changes in the skin and the intestine, were presented in a

100 previous paper (Gay et al., 2016); in this paper, we describe our results concerning the skeletal
101 muscle.

102 In the eels, as in most teleosts, the skeletal muscle has red and white muscle fibres,
103 organized to form red and white muscles involved in two kinds of swimming activity. The red
104 muscle, having aerobic, slow-contracting, fibres, is related to sustained activity, while the white
105 muscle, having anaerobic, fast-contracting and fast-fatiguing fibres, is related to short, strong
106 bursts of motion (Mumford et al., 2007; Tesch, 2003). The red muscle is confined to a zone
107 beneath the lateral line whereas the white muscle makes up the bulk of the fish (Altringham and
108 Ellerby, 1999). The skeletal muscle was chosen because it bioaccumulates cocaine in a large
109 amount after a chronic exposure (Capaldo et al., 2012). Moreover, the peculiar life cycle of the
110 European eel makes very interesting the study of the health condition of this tissue. Indeed, at
111 the silver stage, the eel has to migrate across 6000 km without feeding to the spawning area of
112 the Sargasso sea (Tesch, 2003; van Ginneken and Maes, 2005). This means that, in addition to
113 sufficient energy reserves, the eel needs a healthy skeletal muscle and an efficient aerobic
114 metabolism, to complete successful swimming migration. Finally, the European eel is an edible
115 species, whose farming currently supplies more than the 80% of the world's consumption of
116 the species (Nielsen and Prouzet, 2008). Since the skeletal muscle is the edible part of the eel,
117 the study of the changes induced by the aquatic contaminants is informative from a human
118 health point of view. The effects of the chronic exposure to cocaine were observed by
119 evaluating the general health conditions of the eels, the general morphology of the skeletal
120 muscle and a number of different parameters indicative of the skeletal muscle physiology: the
121 muscle whole protein profile, as marker of the expression levels of the main muscle proteins
122 (Fedorova et al., 2009); the cytochrome oxidase (COX) activity, as marker of the oxidative
123 metabolism (Hovda et al., 1992); the caspase-3 activity as a marker of apoptosis activation,
124 since the caspase-3 is the major executioner caspase in the apoptotic pathway (Cohen, 1997);

125 the serum levels of creatine kinase (CK), lactate dehydrogenase (LDH) and aspartate
126 aminotransferase (AST), well established biomarkers of damages to the skeletal muscle
127 (Brancaccio et al., 2010).

128

129 **2. Materials and methods**

130

131 **2.1. Chemicals**

132 Cocaine free-base was purchased from Sigma-Aldrich Inc. (St. Louis, MO, USA). Ethyl 3-
133 aminobenzoate, methanesulfonic acid salt 98% (MS-222) was purchased from Aldrich
134 Chemical Corporation Inc. (Milwaukee, WI, USA).

135

136 **2.2. Animals**

137 Adult specimens of European eel (*Anguilla anguilla*) (38.85 ± 0.39 cm; 85.38 ± 1.60 g; mean \pm
138 s.d.) (silver eel stage), obtained from a local fish dealer, were acclimated to the laboratory for
139 one month, in 300-L glass aquaria under a natural photoperiod, in dechlorinated, well-aerated
140 tap water, with the following physicochemical conditions: salinity 0, ammonia < 0.1 mg L⁻¹,
141 temperature $15 \text{ }^\circ\text{C} \pm 1^\circ\text{C}$, pH 7.3 ± 0.2 , dissolved oxygen 8.1 ± 0.5 mg L⁻¹; mean \pm s.d., as
142 previously described (Gay et al., 2016). The water was not recycled but renewed every 24 h.
143 Since the eels during the silver stage undergo a natural starvation period, they were not fed.
144 Fish exposure experiment was performed in accordance to EU Directive 2010/63/EU for
145 animal experiments and authorized by the National Committee of the Italian Ministry of Health
146 on in vivo experimentation (Department for Veterinary Public Health, Nutrition and Food
147 Safety). Efforts were made to avoid animal suffering and minimize the number of specimens
148 used. The animals were maintained in accordance with the institutional guidelines for care and
149 use of laboratory animals.

150

151 **2.3. Experimental design**

152 After acclimatization, the eels from the aquaria were randomly divided into five groups
153 (control, vehicle control, cocaine exposed and two post-exposure recovery groups), each
154 containing ten specimens. Each group was kept in 300-L glass aquarium, under the previously
155 described conditions. In each aquarium the water was renewed every 24 h. The nominal
156 concentration of cocaine selected (20 ng L^{-1}) corresponded to the mean cocaine concentration
157 detected in surface waters (Castiglioni et al., 2006; Daughton, 2011; Mari et al., 2009; Pal et
158 al., 2013; Postigo et al., 2010; Zuccato et al., 2005, 2008; Zuccato and Castiglioni, 2009). A
159 stock solution of 0.006 mg mL^{-1} cocaine free-base in ethanol was prepared (Gay et al., 2016).
160 The treated group was exposed daily to a nominal concentration of 20 ng L^{-1} cocaine (1 mL of
161 the stock solution, administered directly into the aquarium, every 24 h, after renewing the
162 water). At the same time, a control group was only exposed to tap water and a vehicle control
163 group was exposed daily to the same concentration of ethanol as the treated group, in the same
164 conditions. The treatment lasted fifty days. To verify the recovery ability of the eels, two post-
165 exposure recovery groups were exposed to cocaine, as the treated group, and then deprived of
166 cocaine and exposed to tap water, respectively for three and ten days. The test was carried out
167 in triplicate. The eels were anesthetised with MS-222 at a concentration of 100 mg L^{-1} (Capaldo
168 et al., 2012; Gay et al., 2013, 2016), weighed and measured. Blood was collected from the
169 posterior cardinal vein with a 5 ml syringe, allowed to clot in Eppendorf tubes for 2-4 h,
170 centrifuged for 15 min at 2,000 g, and serum was collected and stored at $-22 \text{ }^{\circ}\text{C}$ until assayed.
171 The animals were killed by decapitation immediately after collection of blood samples. From
172 each animal, blocks of superficial skeletal muscle tissue were removed from the lateral line
173 region and processed 1) for light microscopy, to evaluate the morphology of the skeletal muscle
174 and the sarcomeric actin filaments or 2) weighed, immediately frozen in liquid nitrogen and

175 stored at -80°C until the evaluation of proteins profile and the measurement of the activities of
176 caspase-3 and COX.

177

178 **2.4. Histology**

179 To assess the general morphology, the samples of skeletal muscle were fixed in Bouin's
180 solution, dehydrated in graded alcohols, cleared in Histolemon, embedded in Paraplast and cut
181 into $6\ \mu\text{m}$ serial sections. The sections were processed for routine histological analysis and
182 stained with Mallory trichromic stain. To assess the diameter of the red and white fibres,
183 samples of skeletal muscle of the specimens from each experimental group (ten samples for
184 each experimental group) were cut transversely into $5\ \mu\text{m}$ serial sections. The sections were
185 stained by silver impregnation to highlight the reticular argyrophilic fibres (Bradbury and
186 Gordon, 1980; Sheehan and Hrapchak, 1980), with the aid of a commercial kit (Bio-Optica
187 s.p.a, Milan, Italy). Sections were de-waxed, pre-treated with trivalent iron and later treated
188 with ammoniacal solution as silver source, based on the recommendations of the producer. Five
189 sections for each sample tissue (250 sections in all), taken from the middle part of the sample,
190 where the cross-section was largest, were examined. Observations and measurements were
191 performed using a Zeiss Axioskop microscope (Carl Zeiss MicroImaging s.p.a., Milan, Italy).
192 Images were captured with a camera attached to an IBM computer running the Kontron
193 Elektronik KS 300 image analysis system (Carl Zeiss MicroImaging s.p.a., Milan, Italy) and
194 Adobe Photoshop. The lesser diameter of the muscle fibre was used in calculations (Dubowitz,
195 1985). To assess the morphology of the sarcomeric actin filaments, the sections were de-waxed
196 and stained with $0.1\ \text{mg ml}^{-1}$ fluorescein isothiocyanate (FITC)-labelled phalloidin (Sigma-
197 Aldrich, Milan, Italy) for 60 min at room temperature. After washing with PBS, stained
198 sections were observed with an Axioskop 40 fluorescent microscope. Images were acquired and
199 processed using the Axiovision software (Carl Zeiss MicroImaging s.p.a., Milan, Italy).

200

201 **2.5. Sodium dodecyl sulfate (SDS)–polyacrylamide gel electrophoresis (PAGE) of muscle**
202 **proteins**

203 Samples of skeletal muscle were homogenized in cold lysis buffer (50 mM HEPES, pH 7.4, 5
204 mM CHAPS, 5 mM dithiothreitol) by using the T10 basic ULTRA-TURRAX S10N-5G (two
205 cycles of two min each). Homogenates were then centrifuged at 16,000 g for 15 minutes at 4°C
206 to remove tissue debris. The supernatant was transferred into a new tube and protein content
207 was determined by the Bradford Protein Assay (Bio-Rad Laboratories, Milan, Italy). Proteins
208 were then separated on a 10% SDS–page and both a mini-chamber (gel dimension 8.3 cm x 7.3
209 cm) and a large-chamber (gel dimension 16 cm x 16 cm) from Bio-Rad Laboratories (Milan,
210 Italy) were used. In order to well resolve high molecular weight (HMW myosins) and low
211 molecular weight (actins and tropomyosin) proteins, 60 µg of proteins in the mini-chamber and
212 45 µg of proteins in the large-chamber, respectively, were loaded onto a 10% gel. Gels were
213 stained with a solution of Coomassie brilliant blue for 1h. Colorant excess was removed by
214 washing the gels with a destaining solution for 48 h. Gel images were acquired by using the
215 densitometer GS800 from Bio-Rad Laboratories (Milan, Italy).

216

217 **2.6. Cytochrome oxidase (COX) activity**

218 Cytochrome oxidase (COX) activity was measured polarographically with a Clark-type
219 electrode at 25°C in medium containing 30µM cytochrome c, 4µM rotenone, 0.5 mM
220 dinitrophenol, 10 mM Na-malonate, 75 mM HEPES, pH 7.4 (Lionetti et al., 2004). To detect
221 COX activity, 100 mg of skeletal muscle were diluted in Chappel and Perry medium (1mM
222 ATP, 100 mM KCl, 5 mM MgCl₂, 1 mM EDTA, 5 mM EGTA, 50 mM HEPES pH 7.4)
223 containing Lubrol PX (225µg/mg protein) and incubated for 30 min in ice to unmask enzyme
224 activity. At the end of the incubation, COX activity in the whole homogenate was measured as

225 oxygen consumed in the presence of 4 mM ascorbate + 0.3 mM tetramethyl-p-
226 phenylenediammine (TMPD) (Barrè et al., 1997).

227

228 **2.7. Caspase-3 activity assay**

229 Samples of skeletal muscle were homogenized and protein content was determined as above
230 described for SDS-PAGE of muscle proteins. Caspase-3 activity was detected by the
231 Colorimetric Caspase 3 Assay Kit (Sigma-Aldrich, Milan, Italy), according to the
232 manufacturer-provided protocol. The assay is based on the hydrolysis of the synthetic
233 tetrapeptide, acetyl-Asp-Glu-Val-Asp, labelled with p-nitroanilide, pNA). Proteins were
234 incubated for 2 h at 37°C in a reaction mixture containing the labelled substrate (200 µM).
235 Hydrolysis of the labelled substrate results in the release of free p-NA which has an absorbance
236 at a wavelength of 405 nm. Caspase-3 activity was finally expressed as nmol of free pNA
237 normalized for µgram of proteins and time (min). When requested the caspase-3 inhibitor Ac-
238 DEVD-CHO was used at 20 µM.

239

240 **2.8. Serum enzymes**

241 Creatine kinase (EC 2.7.3.2; adenosine triphosphate: creatine N-phosphotransferase; CK);
242 lactate dehydrogenase (EC 1.1.1.27; L-lactate: NAD⁺ oxidoreductase: LDH) and aspartate
243 aminotransferase (EC 2.6.1.1; L-Aspartate: 2-Oxoglutarate Aminotransferase, AST or AspAT;
244 Glutamate Oxaloacetate Transaminase, GOT) were determined with the aid of commercial kits
245 (CK-NAC FL; LDH FL (DGKG); GOT/AST FL; Chema-Diagnostica, Monsano, AN, Italy).
246 The principle of the CK assay is as follows: CK catalyses the conversion of creatine phosphate
247 and ADP to creatine and ATP. ATP and glucose are converted to ADP and glucose-6-
248 phosphate by hexokinase. Glucose-6 dehydrogenase oxidizes glucose-6-phosphate to 6-
249 phosphogluconate, reducing NADP to NADPH. The rate of conversion of NADP/NADPH,

250 monitored at 340 nm, is proportional to CK activity. N-acetyl cysteine (NAC) is added as an
251 activator of CK. The principle of the LDH assay is as follows: LDH catalyzes the conversion of
252 pyruvate to L-lactate in presence of NADH, which is converted to NAD⁺. The rate of
253 conversion of NADH/NAD⁺, monitored at 340 nm, is proportional to LDH activity. The
254 principle of the AST assay is as follows: AST catalyzes the transaminase reaction between L-
255 Aspartate and α -ketoglutarate. The 2-Oxalacetate formed is reduced to malate in the presence
256 of malate dehydrogenase (MDH). As the reactions proceed, NADH is oxidized to NAD⁺. The
257 disappearance of NADH per unit time is followed by measuring the decrease in absorbance at
258 340 nm. The changes in absorbance at 340 nm ($\Delta A/\text{min}$) were measured by using the Smart
259 Spec Plus Spectrophotometer (Bio-Rad Laboratories). The CK, LDH and AST activities were
260 expressed as UI L⁻¹, multiplying the $\Delta A/\text{min}$ by the factor indicated from the producer. The
261 sensitivity/limit of detection were 1 UI L⁻¹, 31 UI L⁻¹ and 0.463 UI L⁻¹ for CK, LDH and AST,
262 respectively.

263

264 **2.9. Statistical analysis**

265 The values were expressed as means \pm standard error of mean (SE). All the data were first
266 tested for normality and homogeneity of variance to meet statistical assumptions; the
267 homogeneity of variance was assessed by the Bartlett test. The data were compared by one-way
268 analysis of variance (ANOVA), followed by the Tukey-Kramer multiple comparison test. All
269 statistical analyses were performed using commercial software (SigmaStat Version 4.0; SPSS);
270 differences were considered significant when $P < 0.05$.

271

272 **3. Results**

273

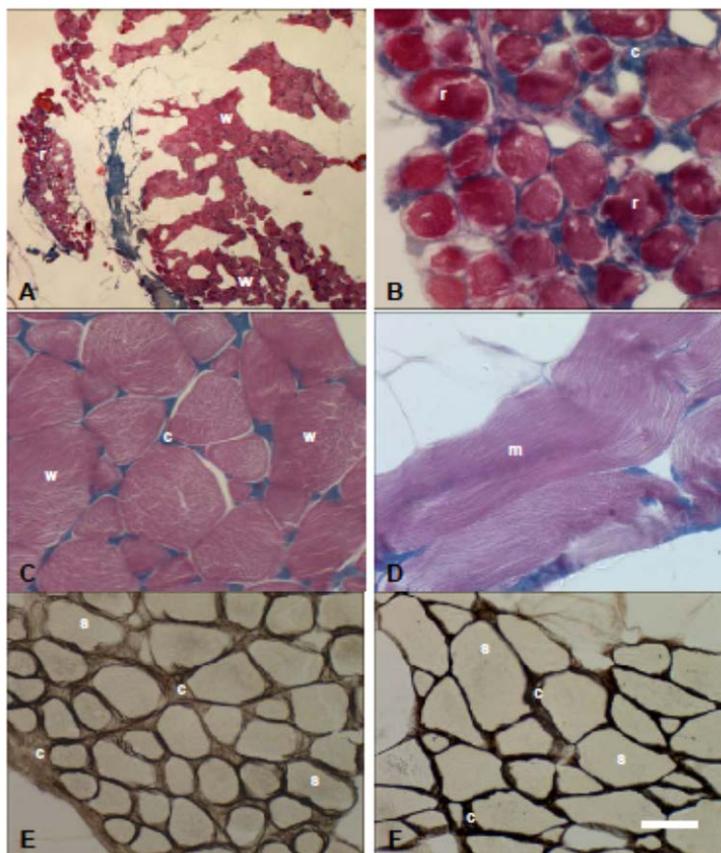
274 **3.1. General health condition**

275 No mortality was observed throughout the experiment. The eels exposed to cocaine appeared
276 hyperactive compared to the other groups; however, the exposed and the post-exposure
277 recovery eels showed the same health status as the control and vehicle control eels.
278 Since no differences were observed between the control and the vehicle control eels in general
279 health conditions and in all the parameters evaluated, the description of vehicle control results
280 will be omitted.

281

282 **3.2. General morphology**

283 In the control eels, the red muscle lied as a wedge along the lateral line, just beneath the skin,
284 whereas the white muscle formed the greatest volume of the body tissue (Fig. 1A). The red
285 fibres appeared rounded and intensely stained (Fig. 1B); the white fibres larger and less
286 intensely stained than red ones (Fig. 1C). Both red and white fibres were surrounded by a
287 reticular connective tissue, more conspicuous in the red muscle (Figs. 1B, C). The white fibres
288 were characterized by different diameters, giving the tissues a typical mosaic appearance;
289 however, mainly large fibres were visible, as expected in the silver stage (Tesch, 2003) (Fig.
290 1C). In the sarcoplasm (the cytoplasm of the muscle fibre), the contractile apparatus of both
291 types of fibres appeared compact, with myofibrils regularly aligned and parallel each other
292 (Figs. 1B-D). With the silver impregnation technique, the connective reticular tissue appeared
293 weakly argyrophilic in the red muscle (Fig. 1E) and deeply argyrophilic, black stained, in the
294 white muscle (Fig. 1F). No stain was observed in the sarcoplasm of both types of fibres.



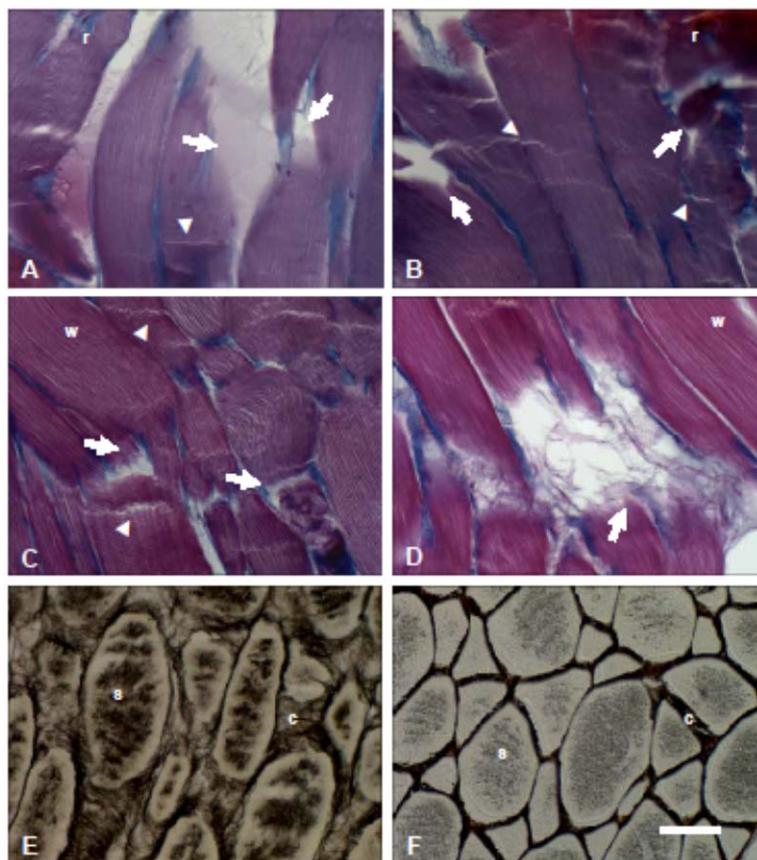
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296

297 **Figure 1. Light micrographs of the skeletal muscle of *Anguilla anguilla*: control specimens.** (A, B, C, D:
298 Mallory staining; E, F. silver impregnation). (A) The red (r) muscle lied as a wedge along the lateral line, whereas
299 the white (w) muscle formed the greatest volume of the body tissue. (B, C) In transverse section, the red (r) fibres
300 appeared rounded and intensely stained, and the white (w) fibres, larger and less intensely stained. The connective
301 reticular tissue (c) was more abundant in the red muscle. The white fibres had different diameters; both types of
302 fibres had a well organized contractile apparatus, showing, in longitudinal section (D), myofibrils (m) regularly
303 aligned and parallel each other. (E, F) The connective reticular tissue (c) was weakly argyrophilic in the red
304 muscle (E) and deeply argyrophilic, black stained, in the white muscle (F). No stain was observed in the
305 sarcoplasm (s) of both types of fibres. Scale bar: a: 200 μm ; b, c, d, e, f: 25 μm .

306

307 After the exposure to cocaine, both red (Figs. 2A, B) and white (Figs. 2C, D) fibres showed
308 signs of injury as laceration and trasversal fragmentation. The silver impregnation showed that
309 the sarcoplasm of both types of fibres appeared silver stained (Figs. 2E,F); the red fibres (Fig.
310 2E) appeared larger than control ones.



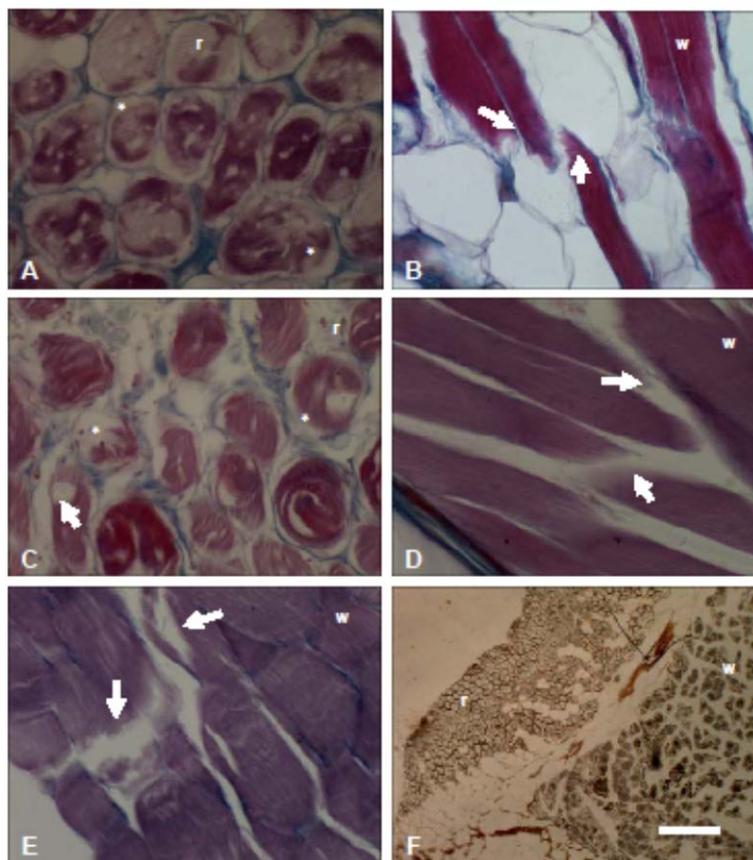
311

312 **Figure 2. Light micrographs of the skeletal muscle of *Anguilla anguilla*: exposed specimens.** (A, B, C, D:
313 Mallory staining; E, F. silver impregnation). Both red (r) (A, B) and white (w) (C, D) fibres showed signs of injury
314 as laceration (arrow) and trasversal fragmentation (arrowhead). (E, F) In addition to the connective (c) tissue, the
315 sarcoplasm (s) of both the red (E) and white (F) fibres were silver-stained and argyrophilic. Scale bar: 25 μ m.

316

317 Three days (Figs. 3A, B) and ten days (Figs. 3C, D, E) after the interruption of cocaine
318 exposure, both red (Figs. 3A, C) and white (Figs. 3B, D, E) fibres showed signs of injury and
319 breakdown. Especially the red fibres (Fig. 3A,C) appeared deeply altered showing signs of
320 swelling, rarefaction of the myofibrils and disorganization of the contractile apparatus. The
321 sarcoplasm of both types of fibres appeared still silver stained ten days after the interruption of
322 cocaine exposure (Fig. 3F).

323



324

325 **Figure 3. Light micrographs of the skeletal muscle of *Anguilla anguilla*: post-exposure recovery three and**
326 **ten days specimens.** (A, B, C, D, E: Mallory staining; F: silver impregnation). Three days (A, B) and ten days (C,
327 D, E) after the interruption of cocaine exposure, both red (r) (A, C) and white (w) (B, D, E) fibres showed signs of
328 injury and breakdown (arrow). (C). The red (r) fibres showed signs of swelling (asterisk), rarefaction of the
329 miofibrils and disorganization of the contractile apparatus . (F) Ten days after the interruption of cocaine exposure,
330 the sarcoplasm of both types of fibres appeared silver stained. Scale bar: a, b, c, d, e; 25 μ m; f: 200 μ m.

331

332 The assessment of the diameter of the red and white fibres evidenced an increase in the mean
333 diameter of both types of fibres. This increase was always significant ($P < 0.05$) in the red
334 fibres of the exposed and post-exposure recovery specimens , whereas in the white fibres
335 became significant only ten days after the interruption of cocaine exposure (Table 1).

336

337

338

339 **Table 1.** Diameter (μm) of the red and white muscle fibers in control, exposed and post-exposure recovery three
 340 and ten days specimens. Values are means \pm SE of the mean. *: $P < 0.05$ vs. control.

341

	Red fibers (μm)	White fibers (μm)
Control	19.76 \pm 5.90	24.41 \pm 10.38
Exposed	*27.91 \pm 15.19	26.72 \pm 13.65
Post-exposure recovery 3 days	*29.27 \pm 10.05	30.35 \pm 14.03
Post-exposure recovery 10 days	*33.55 \pm 6.96	*33.37 \pm 16.52

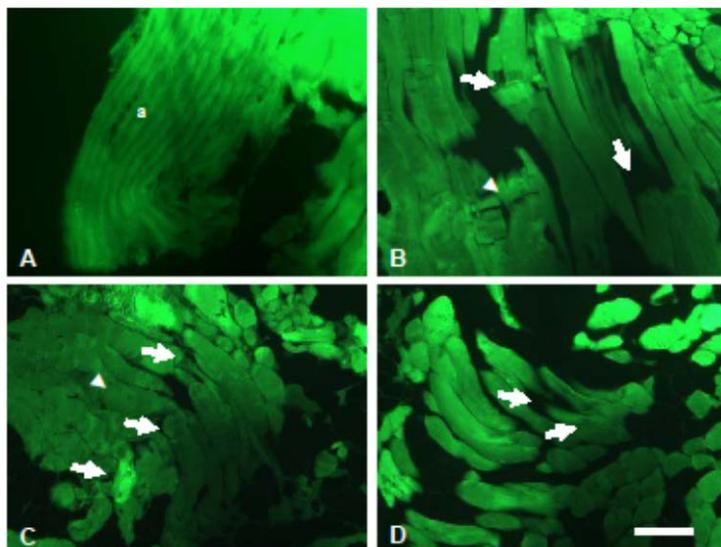
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344 The assessment of the morphology of the sarcomeric actin filaments with FITC- phalloidin
 345 (Fig. 4) confirmed previous observations. In control eels, actin filaments showed a regular
 346 organization (Fig. 4A) whereas, after the exposure to cocaine, the filaments showed signs of
 347 injury as laceration and transversal fragmentation (Fig. 4B). Three days (Fig. 4C) and ten days
 348 (Fig. 4D) after the interruption of cocaine exposure, the alterations were still present.

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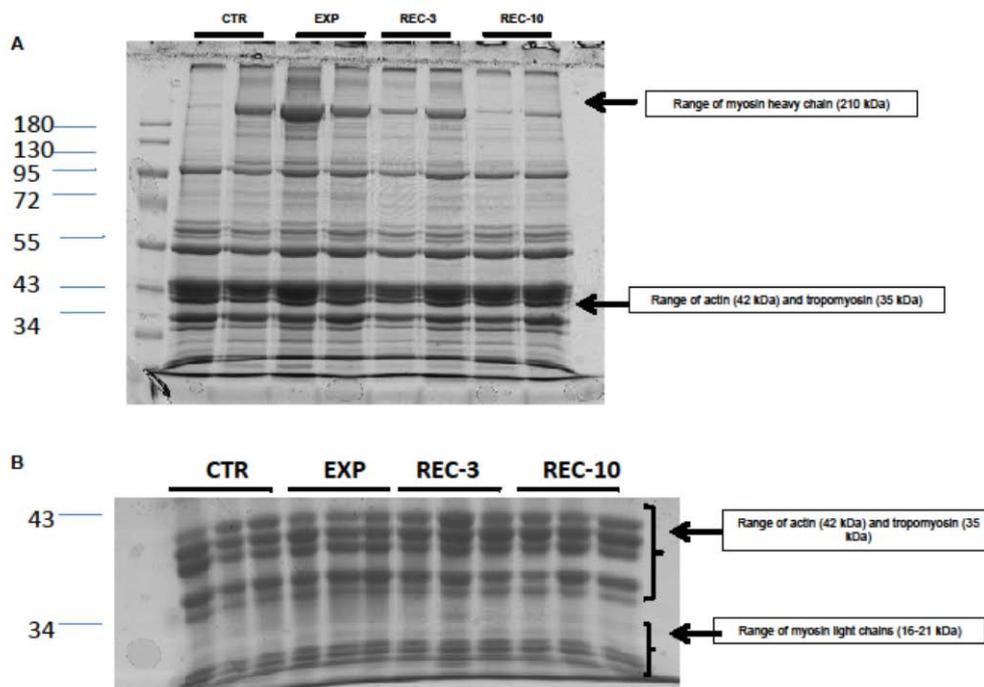
352 **Figure 4. Fluorescent micrographs of the skeletal muscle of *Anguilla anguilla*: FITC- phalloidin staining.**

353 (A) Control specimens. Actin (a) filaments showed a regular organization (B) Exposed specimens. Actin filaments
354 showed signs of laceration (arrow) and transversal fragmentation (arrowhead), still evident (C) three days after
355 the interruption of cocaine exposure and (D) ten days after the interruption of cocaine exposure. Scale bar: a: 50
356 μm ; b, c, d, e: 100 μm .

357

358 **3.3. Muscle protein profile**

359 No evident differences of protein bands belonging to the different experimental groups whether
360 in the range of high molecular weight proteins (HMW myosins) (about 210 kDa) (Fig.5A) or
361 in the range of low molecular weight proteins (actins and tropomyosins) (about 32-45 kDa)
362 (Fig.5B) were observed. Sporadic differences of band intensities were only due to individual
363 variability.



364

365 **Figure 5. SDS-page representative profiles of proteins from samples of skeletal muscles from control (CTR),**
366 **exposed (EXP), post-exposure recovery three days (REC-3) and ten days (REC-10) specimens. No**
367 **differences in both the ranges of high molecular weight (HMW myosins) (A) or low molecular weight (actins and**
368 **tropomyosins) (B) were observed.**

369

370 **3.4. Cytochrome oxidase (COX) activity**

371 Compared to control eels, COX activity slightly increased in cocaine-exposed eels. Significant
372 ($P < 0.05$) increases in COX activities were observed three days and ten days after the
373 interruption of cocaine exposure, respectively (Fig. 6).

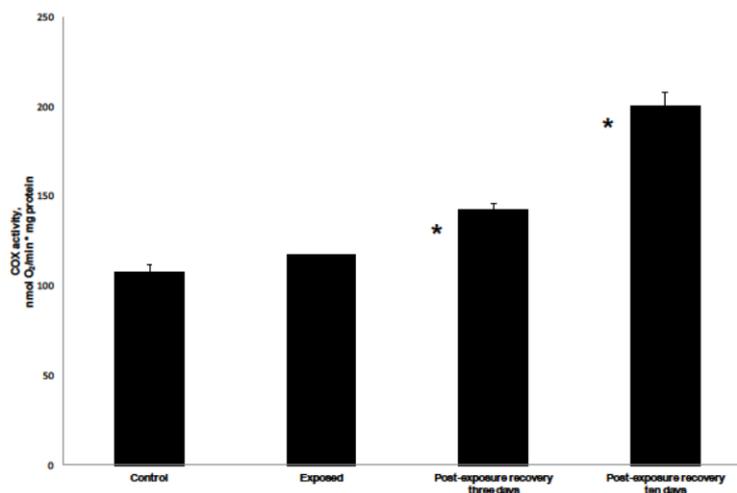
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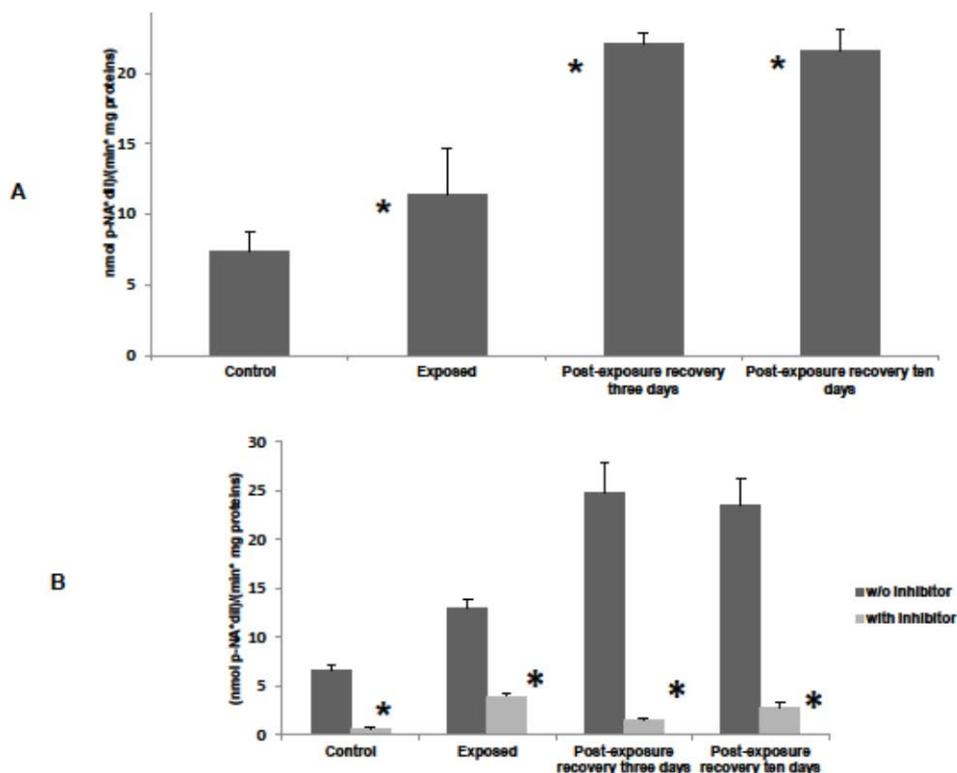
380 **Figure 6. Citocromo oxydase (COX) activity in control, exposed, post-exposure recovery three and ten**
381 **specimens.** Values are expressed as nmol O₂/min x mg protein. COX activity significantly increased three and ten
382 days after the interruption of cocaine exposure. Values are mean ± SE of the mean . *: significantly (P <0.05)
383 different from the control values.

384

385 **3.5. Caspase-3 activity**

386 Compared to control eels, caspase-3 activity significantly (P < 0.05) increased in cocaine-
387 exposed specimens, and further increased (P < 0.02) three days and ten days after the
388 interruption of cocaine exposure (Fig.7A). To verify that the absorbances registered were due
389 to specific caspase-3 activity, the caspase-3 inhibitor was used in representative samples from
390 each experimental group. A significant (P < 0.05) reduction of the absorbances in all the
391 samples was observed, as expected (Fig.7B).

392



393

394

395 **Figure 7. Caspase-3 activity in the skeletal muscle of control, exposed, post-exposure recovery three and ten**

396 **days specimens.** Values are expressed as nmol of free pNA normalized for μ gram of proteins and time (min). (A)

397 Caspase-3 activity significantly increased in cocaine-exposed and post-exposure recovery specimens. (B) In

398 representative samples from each experimental group, the use of caspase-3 inhibitor reduced the registered

399 absorbances of all samples. Values are the mean \pm SE of the mean. *: significantly ($P < 0.05$) different from the

400 control values.

401

402 3.6. Serum enzymes

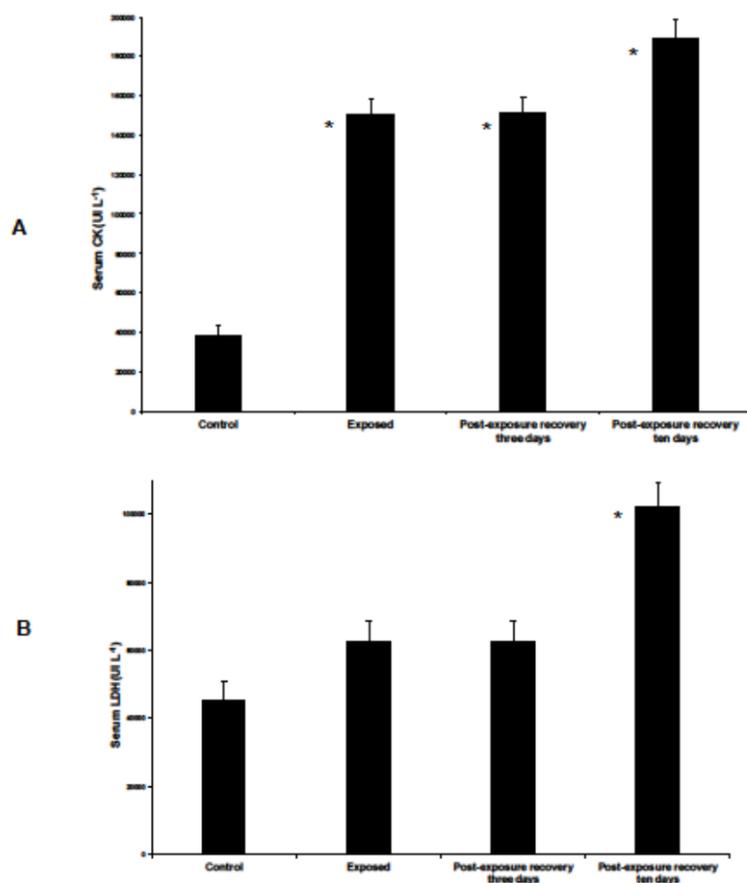
403 After the exposure to cocaine, changes were observed in the serum levels of CK (Fig. 8A),

404 LDH (Fig. 8B) and AST (Fig. 9). The serum levels of CK significantly ($P < 0.05$) increased,

405 remained steady three days and further increased ten days after the interruption of cocaine

406 exposure (Fig. 8A). The serum levels of LDH showed a gradual increase that became

407 significant ($P < 0.05$) only ten days after the interruption of cocaine exposure (Fig.8B).

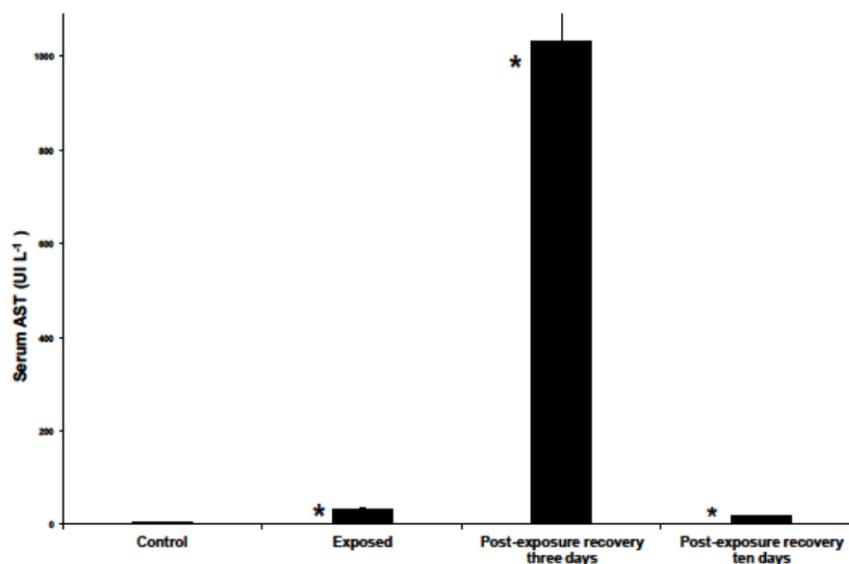


408

409 **Figure 8. (A) Serum creatine kinase (CK) and (B) serum lactate dehydrogenase (LDH) levels in control,**
410 **exposed, post-exposure recovery three and ten days specimens.** Values are expressed as UI L⁻¹. (A) The serum
411 CK levels significantly increased in the exposed specimens to be steady three days and further increase ten days
412 after the interruption of cocaine exposure. (B) The serum LDH levels significantly increased only ten days after
413 the interruption of cocaine exposure. Values are the mean \pm SE of the mean. *: significantly ($P < 0.05$) different
414 from the control values.

415

416 The serum levels of AST significantly ($P < 0.05$) increased after the exposure to cocaine and
417 mainly three days after the interruption of cocaine exposure. The AST levels decreased ten
418 days after the interruption of cocaine exposure, being however higher than control ones (Fig.
419 9).



420

421 **Figure 9. Serum aspartate aminotransferase (AST) levels in control, exposed, post-exposure recovery three**
422 **and ten days specimens.** Values are expressed as UI L⁻¹. The serum AST levels significantly increased in the
423 exposed specimens to further hugely increase three days and to decrease ten days after the interruption of cocaine
424 exposure, when AST levels were however significantly higher than the control levels. Values are the mean ± SE of
425 the mean. *: significantly (P<0.05) different from the control values.

426

427 **4. Discussion**

428 The results of the present study show, for the first time, that low environmental cocaine
429 concentrations heavily harm the skeletal muscle of the European eel, inducing alterations that
430 continue also after the interruption of cocaine exposure.

431

432 **4.1. General health condition**

433 As regards the general health conditions of cocaine-exposed eels, they showed the same health
434 status of the other groups of eels, with the only exception of an increased locomotor activity.
435 This finding is consistent with the properties of cocaine, a psychomotor stimulant well-known
436 to produce motor stimulation and increase vigilance and alertness (Grilly and Salamone, 2012).
437 Hyperactivity was also observed in the zebrafish *Danio rerio*, but only during cocaine
438 withdrawal and not following a single administration of a range of cocaine doses (López-Patiño

439 et al., 2008). It is likely that such a difference could be related to the difference between the
440 species examined, and/or the treatments performed (doses administered, acute *vs.* chronic
441 administration etc.). In any case, these results indicate that also at the very low environmental
442 concentrations, a chronic cocaine exposure has effects on the eels similar to what observed on
443 humans (Grilly and Salamone, 2012).

444

445 **4.2. General morphology and protein profile of the skeletal muscle**

446 As regards the general morphology of the skeletal muscle, the routine histological analysis
447 showed that a chronic exposure to environmental cocaine concentrations heavily damaged both
448 the red and white fibres, that showed signs of injury as breakdown and swelling. These
449 damages were still present ten days after the interruption of cocaine exposure, and were
450 confirmed with the FITC-phalloidin staining technique, specific for the sarcomeric actin
451 filaments, that appeared damaged both during the exposure and after the interruption of the
452 cocaine exposure. The alterations observed in the skeletal muscle of *A. anguilla* look like those
453 typical of rhabdomyolysis, a syndrome characterized by breakdown of muscle tissue, followed
454 by dispersing into the circulatory system its intracellular components, as the enzymes CK,
455 LDH, AST, the myoglobin and different electrolytes (Keltz et al., 2013; Khan, 2009). Our
456 results, showing greatly increased serum levels of CK, LDH and AST in *A. anguilla* both
457 during the cocaine exposure (CK, AST) and after its interruption (CK, LDH, AST) suggest that
458 the morphological picture observed may be indicative of rhabdomyolysis. The development of
459 rhabdomyolysis has been associated with a wide variety of diseases, injuries, medications,
460 toxins, alcohol and drugs of abuse as opiates, amphetamines and other stimulants as cocaine
461 (Brazeau et al., 1995; Keltz et al., 2013; Khan, 2009; Warren et al., 2002). It has been
462 postulated that cocaine-induced rhabdomyolysis may occur through both a direct drug effect on
463 the muscle and/or repeated ischemic events mediated by vasoconstrictor properties of cocaine

464 and its metabolites. Damage to the muscle tissue would result from the subsequent reperfusion
465 and the generation of free radicals, not inactivated by radical scavenging systems in the muscle
466 and associated vasculature. This in turn would damage the sarcolemma, the membrane
467 enclosing the skeletal muscle fibres, leading to increased cytosolic enzyme release (Brazeau et
468 al., 1995). It is possible that such mechanisms could take place also in *A. anguilla* during and
469 after the interruption of cocaine exposure. Another effect of the disruption of sarcolemma is the
470 leak into the circulation of large quantities of myoglobin, the cytoplasmic hemoprotein
471 expressed solely in cardiac myocytes and in the skeletal muscle fibers (Ordway and Garry,
472 2004). If the myoglobin levels exceed the protein-binding capacity of the plasma, it can
473 precipitate in the glomerular filtrate, causing renal tubular obstruction, direct nephrotoxicity,
474 and acute renal failure (Khan, 2009). Our preliminary results, not yet published, have
475 highlighted also renal damages in *A. anguilla* chronically exposed to cocaine, strengthening our
476 hypothesis of a rhabdomyolysis syndrome.

477 An indirect confirmation of the structural damage of the skeletal muscle fibres come from
478 the silver impregnation technique, that normally stains the argyrophilic reticular fibres of the
479 connective tissue, but not the muscle tissue. During the cocaine exposure and after its
480 interruption, both the red and white fibres appeared silver stained. The breakdown of the
481 skeletal muscle fibres probably allowed silver to enter the sarcoplasm and bind to the cell
482 structures. Since proteins bind silver ions with either a silver nitrate or a silver-ammonia
483 complex solution (Blough et al., 1996; Chevallet et al., 2006), it is conceivable that the cell
484 structures involved in the silver binding were the muscle proteins, even if it is difficult to
485 understand which ones.

486 The increase in the mean diameter of the muscle fibres, as well, may be considered
487 indicative of muscle damage. Indeed, it has been shown that the swelling of the muscle fibres
488 can be the reaction of the muscle substance to a variety of injuries (Barer, 1947) and muscle

489 swelling is one of the clinical features of rhabdomyolysis (Nance et al., 2015). The red muscle
490 appeared the most sensitive to cocaine, since the mean diameter of the red fibres increased in
491 both the exposed eels and the post-exposure recovery eels. Instead, the mean diameter of the
492 white fibres increased only ten days after the interruption of cocaine exposure. In silver eels,
493 that have to perform a very long reproductive migration to the Sargasso sea, without feeding,
494 the swimming activity is sustained by an increase in the activity of the slow red aerobic muscle.
495 Indeed, in the silver stage, the volume of red muscle and the activity of aerobic enzymes, like
496 COX, are increased compared to the yellow, non migrating, stage (Mortelette et al., 2010). It is
497 possible that these features of the red muscle make it most sensitive to the vasoconstrictor
498 properties of cocaine (Brazeau et al., 1995), compared to the fast white anaerobic muscle.
499 Moreover, it is interesting to observe that the effect of cocaine on the skeletal muscle tissue was
500 completely different from that on the smooth muscle tissue of the eel intestine. Indeed, cocaine,
501 probably through the increase in plasma prolactin levels, restored the smooth intestinal
502 musculature that in control eels showed signs of degeneration (Gay et al., 2016), whereas it
503 seriously damaged the skeletal muscle, with an effect similar to what observed in humans
504 (Brazeau et al., 1995; Keltz et al., 2013; Khan, 2009; Warren et al., 2002).

505 As regards the muscle protein profile, our analysis did not highlight differences among the
506 different experimental groups, indicating that the chronic cocaine exposure did not change the
507 expression levels of the muscles protein, whether in the range of high molecular weight
508 (myosins) or in the range of low molecular weight (actins and tropomyosins). Cocaine is
509 known to influence the cell cytoskeleton. In the rat nucleus accumbens cocaine increases actin
510 cycling, indeed acute and withdrawal from repeated cocaine administration produces reversible
511 and enduring elevations, respectively, in F-actin, through changes in the content or
512 phosphorylation state of actin binding proteins, or reduced depolymerization and actin cycling
513 (Toda et al., 2006). Moreover, cocaine increases the total protein content and the expression of

514 beta- myosin heavy-chain protein in the rat cardiac ventricular myocytes (Henning et al., 2000)
515 and alters the protein profile of many different proteins, including cytoskeleton, of zebrafish
516 embryos (Parolini et al., 2018). The lack of significant changes in the eel muscle protein profile
517 after a chronic cocaine exposure could be due to species-specific differences and/or differences
518 in the doses utilized. In any case, the effect of cocaine on of the eel muscle protein profile
519 needs further studies to be better understood.

520

521 **4.3. Cytochrome oxidase (COX) and caspase-3 activities**

522 As regards the COX activity, our results showed an increase that became significant after the
523 interruption of cocaine exposure. Cytochrome oxidase (COX), a well-known biomarker of the
524 oxidative metabolism (Hovda et al., 1992), catalyzes the final step in the mitochondrial electron
525 transfer chain (ETC), the reduction of oxygen to water. ETC plays a key role in the cell
526 metabolism producing the most of cellular energy. The increase in COX activity observed in
527 skeletal muscle homogenates could indicate an increase in specific mitochondrial enzyme
528 activity and/or in mitochondrial protein mass. This increase could play an important role in the
529 physiological adaptation to cocaine exposure by supporting the increased energy requirements
530 for detoxification process. However, cocaine is known to induce mitochondrial dysfunction in
531 primary cultures of rat cardiomyocytes (Yuan and Acosta, 1996) and in rat cortical neurons
532 (Cunha-Oliveira et al., 2006), and to reduce COX activity in the rat prefrontal cortex (Vélez-
533 Hernández et al., 2014). The contrast between these data and our finding could be due to the
534 different animal/cellular models and/or to different dose and time of exposure to cocaine.
535 Noteworthy, previous studies suggested that a chronic cocaine exposure leads to repeated
536 ischemic events mediated by the vasoconstrictor properties of cocaine and its metabolites. The
537 subsequent reperfusion and the generation of free radicals could induce rhabdomyolysis and/or
538 muscle damage (Brazeau et al., 1995). Further studies showed, during the progression of

539 reperfusion injury, critical alterations in COX activity, in which three stages were proposed: an
540 ischemic starvation phase, a reperfusion-induced hyperactivation phase, and a mitochondrial
541 dysfunction phase. It was hypothesized that ischemia-induced stress alters the phosphorylation
542 state of COX, that becomes hyperactive and leads to mitochondrial ROS generation during the
543 beginning of reperfusion. In turn, ROS induce mitochondrial dysfunction during late
544 reperfusion, and activate the intrinsic apoptotic pathway, committing the cell to death
545 (Hüttemann et al., 2012). The increase in COX activity observed in eels after the interruption of
546 cocaine exposure agrees with the hyperactivity of this enzyme typical of the
547 ischemia/reperfusion injury, and could coincide with reperfusion-induced hyperactivation
548 phase. This hypothesis should be confirmed by further experiments. In accordance with this
549 hypothesis, the evaluation of the activity of caspase-3, the major executioner caspase in the
550 apoptotic pathway (Cohen, 1997) showed a significant increase in both the exposed and the
551 post-exposure recovery eels. Cocaine is known to induce caspase activation (Cunha-Oliveira et
552 al., 2006) and apoptosis (Li et al., 2005; Su et al., 2003; Zhang et al., 1999) with a mechanism
553 involving the release of cytochrome *c* from the mitochondria into the cytosol, and the
554 subsequent activation of caspase-9 and caspase-3 (He et al., 2000). The increase in caspase-3
555 activity observed in the eels during the exposure and after the interruption of cocaine exposure
556 agrees with this mechanism and further supports the hypothesis that the increase in COX
557 activity could be associated with the ischemic/reperfusion injury.

558

559 **4.4. Serum enzymes**

560 As regards the serum levels of creatine kinase (CK), lactate dehydrogenase (LDH) and
561 aspartate aminotransferase (AST), our results showed that a chronic exposure to cocaine
562 increased the levels of all these enzymes, even if with a different pattern. Indeed, the increases
563 in CK and AST levels were always significant both during the cocaine exposure and after its

564 interruption, whereas the increase in LDH levels become significant only ten days after the
565 interruption of cocaine exposure. CK, LDH and AST are well-established serum markers of the
566 functional state of the muscle, and their increase may be an index of tissue injury (Brancaccio
567 et al., 2010). CK catalyzes the reversible reaction of creatine and ATP forming phosphocreatine
568 and ADP; it plays therefore a key role in energy homeostasis of cells and it is typical of tissues
569 with high energy demand as the skeletal muscle tissue, the heart, the brain and so on. LDH is
570 involved in the interconversion of pyruvate and lactate, with concomitant interconversion of
571 NADH and NAD, during the final reactions of glycolysis. It is present in the cytoplasm of all
572 the cells; since it is released during tissue damage, it is a marker of common injuries and
573 disease such as heart failure and muscle injury. AST catalyses the interconversion
574 of aspartate and α -ketoglutarate to oxaloacetate and glutamate, providing energy to the cells;
575 the enzyme is localized primarily in the skeletal and myocardial muscle, liver and erythrocytes
576 (Brancaccio et al., 2010; McLeish and Kenyon, 2005; Yousaf and Powell, 2012). The increase
577 in the serum levels of these enzymes observed both during the cocaine exposure (CK, AST)
578 and after its interruption (CK, LDH, AST) confirms the morphological observations of
579 structural damages to the skeletal muscle and could be indicative of a rhabdomyolysis
580 syndrome (Keltz et al., 2013; Khan, 2009;). However, considering that every enzyme has
581 different tissue-specific isoforms (Brancaccio et al., 2010) that were not evaluated, since only
582 the total amount of every enzyme was determined, the increases observed could be also
583 indicative of heart and/or liver damages. A correlation between muscle injury and the increase
584 in serum muscle enzymes levels was found also in the Atlantic salmon, in which increases in
585 serum CK and LDH levels, and CK levels, were associated with heart and skeletal muscle
586 inflammation (Yousaf and Powell, 2012), and with acute skeletal myopathy, respectively
587 (Rodger et al., 1991). Our results, showing an increase in the serum enzymes considered main

588 markers of muscle tissue injury, agree with these data and confirm the relationship between
589 muscle damage and change in the serum levels of these enzymes.

590

591 **4.5. Conclusion**

592 In conclusion, our results showed that the low cocaine concentrations found in the fresh waters
593 damaged the morphology and physiology of the eel skeletal muscle. Considering the life cycle
594 of the eel, it is evident how much the environmental cocaine could threaten the reproductive
595 fitness of this species. At the silver stage, the eel undertakes a swimming migration 6000 km
596 long (Tesch, 2003; van Ginneken and Maes, 2005) needing sufficient energy reserves and an
597 healthy skeletal muscle tissue, to be successfully completed. Our results suggest that cocaine, at
598 environmental concentrations, could compromise both the sustained swimming, ensured by the
599 slow red muscle, and the burst swimming, ensured by the fast white muscle. The European eel
600 is under threat and in serious decline, due to many causes such as overfishing, habitat loss,
601 presence of parasites, climate change, and water pollution (Dekker, 2003). Our results suggest
602 that environmental cocaine could be considered another cause for the decline, as well.

603 Finally, the European eel is an edible species, whose farming currently supplies more than the
604 80% of the world's consumption of the species (Nielsen and Prouzet, 2008). Since the skeletal
605 muscle is the edible part of the eel, the study of the changes induced by the aquatic
606 contaminants is informative from a human health point of view. The eel muscle tissue
607 bioaccumulates cocaine to a large extent (Capaldo et al., 2012); our results, showing severe
608 damages induced from this drug in the muscle suggest also a potential consequence on the
609 nutritional value of this tissue, although further studies are needed to verify this hypothesis.

610

611 **5. Competing interests**

612 The Authors declare no competing or financial interests.

613

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617

618

619 **References**

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- 787

788 **Figure legends**

789

790 **Figure 1. Light micrographs of the skeletal muscle of *Anguilla anguilla*: control**

791 **specimens.** (A, B, C, D: Mallory staining; E, F. silver impregnation). (A) The red (r) muscle
792 lied as a wedge along the lateral line, whereas the white (w) muscle formed the greatest volume
793 of the body tissue. (B, C) In transverse section, the red (r) fibres appeared rounded and
794 intensely stained, and the white (w) fibres, larger and less intensely stained. The connective
795 reticular tissue (c) was more abundant in the red muscle. The white fibres had different
796 diameters; both types of fibres had a well organized contractile apparatus, showing, in
797 longitudinal section (D), myofibrils (m) regularly aligned and parallel each other. (E, F) The
798 connective reticular tissue (c) was weakly argyrophilic in the red muscle (E) and deeply
799 argyrophilic, black stained, in the white muscle (F). No stain was observed in the sarcoplasm
800 (s) of both types of fibres. Scale bar: a: 200 µm; b, c, d, e, f: 25 µm.

801

802 **Figure 2. Light micrographs of the skeletal muscle of *Anguilla anguilla*: exposed**

803 **specimens.** (A, B, C, D: Mallory staining; E, F. silver impregnation). Both red (r) (A, B) and
804 white (w) (C, D) fibres showed signs of injury as laceration (arrow) and trasversal
805 fragmentation (arrowhead). (E, F) In addition to the connective (c) tissue, the sarcoplasm (s) of
806 both the red (E) and white (F) fibres were silver-stained and argyrophilic. Scale bar: 25 µm.

807

808 **Figure 3. Light micrographs of the skeletal muscle of *Anguilla anguilla*: post-exposure**

809 **recovery three and ten days specimens.** (A, B, C, D, E: Mallory staining; F. silver

810 impregnation). Three days (A, B) and ten days (C, D, E) after the interruption of cocaine

811 exposure, both red (r) (A, C) and white (w) (B, D, E) fibres showed signs of injury and

812 breakdown (arrow). (C). The red (r) fibres showed signs of swelling (asterisk), rarefaction of

813 the miofibrils and disorganization of the contractile apparatus . (F) Ten days after the
814 interruption of cocaine exposure, the sarcoplasm of both types of fibres appeared silver stained.
815 Scale bar: a, b, c, d, e; 25 μm ; f: 200 μm .

816

817 **Figure 4. Fluorescent micrographs of the skeletal muscle of *Anguilla anguilla*: FITC-**
818 **phalloidin staining.** (A) Control specimens. Actin (a) filaments showed a regular organization
819 (B) Exposed specimens. Actin filaments showed signs of laceration (arrow) and transversal
820 fragmentation (arrowhead), still evident (C) three days after the interruption of cocaine
821 exposure and (D) ten days after the interruption of cocaine exposure. Scale bar: a: 50 μm ; b, c,
822 d, e: 100 μm .

823

824 **Figure 5. SDS-page representative profiles of proteins from samples of skeletal muscles**
825 **from control (CTR), exposed (EXP), post-exposure recovery three days (REC-3) and ten**
826 **days (REC-10) specimens.** No differences in both the ranges of high molecular weight (HMW
827 myosins) (A) or low molecular weight (actins and tropomyosins) (B) were observed.

828

829 **Figure 6. Citocromo oxydase (COX) activity in control, exposed, post-exposure recovery**
830 **three and ten days specimens.** Values are expressed as $\text{nmol O}_2/\text{min} \times \text{mg protein}$. COX
831 activity significantly increased three and ten days after the interruption of cocaine exposure.
832 Values are mean \pm SE of the mean . *: significantly ($P < 0.05$) different from the control values.

833

834 **Figure 7. Caspase-3 activity in the skeletal muscle of control, exposed, post-exposure**
835 **recovery three and ten days specimens.** Values are expressed as nmol of free pNA
836 normalized for μgram of proteins and time (min). (A) Caspase-3 activity significantly increased
837 in cocaine-exposed and post-exposure recovery specimens. (B) In representative samples from

838 each experimental group, the use of caspase-3 inhibitor reduced the registered absorbances of
839 all samples. Values are the mean \pm SE of the mean. *: significantly ($P < 0.05$) different from
840 the control values.

841

842 **Figure 8. (A) Serum creatine kinase (CK) and (B) serum lactate dehydrogenase (LDH)**
843 **levels in control, exposed, post-exposure recovery three and ten days specimens.** Values
844 are expressed as UI L^{-1} . (A) The serum CK levels significantly increased in the exposed
845 specimens to be steady three days and further increase ten days after the interruption of cocaine
846 exposure. (B) The serum LDH levels significantly increased only ten days after the interruption
847 of cocaine exposure. Values are the mean \pm SE of the mean. *: significantly ($P < 0.05$) different
848 from the control values.

849

850 **Figure 9. Serum aspartate aminotransferase (AST) levels in control, exposed, post-**
851 **exposure recovery three and ten days specimens.** Values are expressed as UI L^{-1} . The serum
852 AST levels significantly increased in the exposed specimens to further hugely increase three
853 days and to decrease ten days after the interruption of cocaine exposure, when AST levels were
854 however significantly higher than the control levels. Values are the mean \pm SE of the mean.
855 *: significantly ($P < 0.05$) different from the control values.

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859

860 **Table 1.** Diameter (μm) of the red and white muscle fibers in control, exposed and post-
861 exposure recovery three and ten days specimens. Values are means \pm SE of the mean. *: $P <$
862 0.05 vs. control.

863

864

	Red fibers (μm)	White fibers (μm)
Control	19.76 ± 5.90	24.41 ± 10.38
Exposed	* 27.91 ± 15.19	26.72 ± 13.65
Post-exposure recovery 3 days	* 29.27 ± 10.05	30.35 ± 14.03
Post-exposure recovery 10 days	* 33.55 ± 6.96	* 33.37 ± 16.52

865