

# **Supercritical CO<sub>2</sub> impregnation of $\alpha$ -tocopherol into PET/PP films for active packaging applications**

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## 7 Abstract

8 Supercritical carbon dioxide impregnation technique was used to adsorb  $\alpha$ -tocopherol (TOC), a  
9 natural antioxidant, on monolayer and multilayer polyethylene terephthalate (PET)/polypropylene  
10 (PP) films to obtain active packaging. Supercritical impregnation experiments were performed at  
11 17 MPa and 40 °C using different supports: PP films, PET films (ut-PET), corona discharge treated  
12 PET surface (ct-PET) films, PET/PP films. Supercritical carbon dioxide (SC-CO<sub>2</sub>) impregnation  
13 revealed to be an effective technique in the attainment of active packaging films. Indeed, very  
14 high amounts of TOC were impregnated (up to 3.2 mg<sub>TOC</sub>/cm<sup>2</sup><sub>film</sub> considering a monolayer PP film  
15 and up to 2.66 mg<sub>TOC</sub>/cm<sup>2</sup><sub>film</sub> considering a multilayer film). Field emission scanning electron  
16 microscopy (FESEM) showed how the impregnation with TOC modified the film surface (which  
17 became heterogeneous). Fourier transform infrared spectroscopy (FT-IR) revealed the presence in  
18 the impregnated films of both TOC and polymers characteristic bands. Differential scanning  
19 calorimetry (DSC) indicated that the presence of SC-CO<sub>2</sub> induced a slight reduction in the  
20 crystallinity percentage of the polymers. Moreover, migration of  $\alpha$ -tocopherol from the packaging  
21 films in a food simulant was studied using UV-vis spectroscopy, and the effectiveness of the  
22 supercritical impregnation to obtain the controlled-release of the active agent was verified. Finally,

23 antioxidant activity tests confirmed the preservation of TOC antioxidant power after its  
24 impregnation on monolayer and multilayer films.

25 Keywords: PET/PP multilayer film; supercritical impregnation; migration tests; antioxidant activity.

26       **1. Introduction**

27       In recent years, the development of advanced packaging solutions gained considerable attention  
28       to prolong food shelf-life and preserve its quality and safety. One of the most attractive strategies  
29       turned out to be the active packaging, which provides the controlled release of antioxidant or  
30       antimicrobial agents included in some kinds of active packaging [1-4]. The active packaging is  
31       considered an effective response against lipid oxidation [5], which is one of the key causes of food  
32       deterioration.

33       A monolayer or a multilayer film containing the antioxidant can constitute the active packaging. In  
34       particular, a multilayer can consist of two layers (i.e., outer layer and active matrix layer) or of four  
35       layers (i.e., outer layer, barrier layer, active layer and control/inner layer) [5, 6]. Briefly, the barrier  
36       layer is placed between the outer layer and the active layer, and it allows to reduce the undesired  
37       migration of the active agent towards the outside of the package. The active layer, instead,  
38       incorporates the active compound. If a four-layer film is used, the inner layer, directly joined to the  
39       active layer, permits to control the active agent's migration towards the food surface.

40       Active packaging films can be carried out through many conventional techniques, such as  
41       extrusion or solvent casting, and the active agent can be contained into the plastic film or coated  
42       onto it. Up to now, different routes were attempted to reach the controlled-release of the active  
43       compound, as, for example, its incorporation into porous matrices [7, 8] or its encapsulation in a  
44       polymeric shell [9-12]. However, traditional methods for active packaging production have some  
45       drawbacks, mainly the deterioration of the active agent due to the high temperatures used during  
46       the process, that can also lead to the partial volatilization of the active compound with the solvent  
47       used. As a result, low penetration of the active agent in the polymer substrate and reduced  
48       loading efficiencies are generally obtained [13, 14]. An alternative solvent-free process is the  
49       impregnation using supercritical carbon dioxide (SC-CO<sub>2</sub>) [15, 16] since it is possible to operate at

50 low-temperature thanks to SC-CO<sub>2</sub> mild critical conditions ( $T_c=31.1\text{ }^\circ\text{C}$ ,  $P_c=7.38\text{ MPa}$ ) [17, 18]. SC-  
51 CO<sub>2</sub> allows solubilizing and, then, incorporating different kinds of organic compounds into polymer  
52 matrices because it has high diffusivity and acts as a plasticizing and a swelling agent for polymers  
53 [19]. However, the impregnation of a specific compound into a polymer matrix is strongly affected  
54 by the interaction between an active solute/SC-CO<sub>2</sub>/polymer substrate [19].

55 In the last few years, some articles were published on this subject, showing the effectiveness of  
56 the supercritical impregnation for food packaging applications [14, 20-24]. For example,  
57 Milovanovic et al. [14] loaded thymol into poly(lactic acid) (PLA)/poly( $\epsilon$ -caprolactone) (PCL) films  
58 obtaining a strong bactericidal action against *Escherichia coli* and *Bacillus subtilis*. Villegas et al.  
59 [22] impregnated cinnamaldehyde, a flavonoid present in the cinnamon essential oil, into PLA  
60 films. The loaded films exhibited good antibacterial activity and excellent thermal and mechanical  
61 properties, considering that they showed higher flexibility and greater resistance with respect to  
62 the unprocessed PLA films. Belizón et al. [23] produced active multilayer polyethylene  
63 terephthalate (PET)/polypropylene (PP) films containing antioxidant mango polyphenols. The  
64 latter two polymers are among the most commonly used ones for the development of active  
65 packaging [25]; the active films obtained by Belizón et al. [23] through supercritical impregnation  
66 preserved foods from degradation over an extended period. The same multilayer substrate was  
67 chosen by Cejudo Bastante et al. [24] that studied the supercritical impregnation of caffeic acid  
68 and of an olive leaf extract in PET/PP films, evaluating the antioxidant activity using the DPPH  
69 assay. In that paper, the potential of supercritical impregnation was highlighted, as well as the  
70 difficulty of optimizing the operating conditions of the process because of the numerous variables,  
71 often linked one to each other.

72 Categorized as GRAS (“Generally Recognized As Safe”) by the US Food and Drug Administration,  $\alpha$ -  
73 tocopherol (TOC) was widely proposed as a natural antioxidant for the production of controlled-

74 release packaging [7, 8, 26-29], in order to reduce food oxidation, but also as a stabilizer for  
75 polymer processing [5]. For example, Chen et al. [28] used the cast film extrusion to produce  
76 ethylene vinyl alcohol and low-density polyethylene films containing 1500 ppm tocopherol and  
77 1500 ppm quercetin, for the long-term inhibition of lipid oxidation; whereas, Hwang et al. [30]  
78 added TOC and resveratrol at various concentrations (0.01-0.04 mg<sub>antioxidant</sub>/mg<sub>film</sub>) to PLA film by a  
79 melt compounding and compression molding process for packaging applications. On the other  
80 hand, to our knowledge, there are no studies in the literature on supercritical impregnation of TOC  
81 for these purposes (reduction of food oxidation and stabilizing polymer processing), although it  
82 was applied in other fields, such as pharmaceutical one [31, 32]. For example, De Marco and  
83 Reverchon [31] impregnated TOC into maize starch aerogel to enhance the vitamin bioavailability,  
84 improving its dissolution rate, whereas Yokozaki and Shimoyama [32] loaded TOC into silicone  
85 aerogel to reduce the diffusivity of timolol maleate, an ocular drug used in the treatment of  
86 glaucoma.

87 This work aims at obtaining an active packaging, using SC-CO<sub>2</sub> that incorporates TOC in multilayer  
88 PET/PP films. To optimize the active packaging, a comparison between a film in which TOC is  
89 impregnated on the surface of untreated PET (ut-PET) and a film in which TOC is adsorbed on the  
90 surface of PET subjected to corona discharge treatment (ct-PET) was performed. The confirmation  
91 of the attainment of an active agent controlled-release system was given by migration tests in  
92 food simulant and by the antioxidant activity quantification.

93 **2. Materials and methods**

94 *2.1 Materials*

95 Ethanol (EtOH, purity 99.9 %) and  $\alpha$ -tocopherol (TOC, purity 96%) were purchased by Carlo Erba  
96 (Cornaredo, MI, Italy) and Sigma-Aldrich (Milan, Italy), respectively. Morlando Group S.r.l. (Naples,

97 Italy) supplied carbon dioxide (CO<sub>2</sub>, purity 99 %) . The distilled water was obtained using a  
98 laboratory water distiller, purchased by ISECO S.p.A. (Aosta, Italy).

99 Bi-oriented Polyethylene Terephthalate (PET) film, with 23 µm thickness, was supplied by Nuroll  
100 S.p.a. Polypropylene (PP) film, with 33 µm thickness, was provided by Ifis S.p.A (Marcianise, Italy).

101 Multilayer PET/PP films were obtained by lamination technique, joining the single layers PP and  
102 PET films through the two-component polyurethane solvent based adhesive Polurene FP44A/58-  
103 01, supplied by Sapici S.p.a (Cernusco sul Naviglio, Italy), with an application weight of 3 g/m<sup>2</sup> by  
104 dry content. For the preparation of multilayer films, both monolayer PET and PP films were  
105 subjected to corona discharge treatment on the surface, to obtain sufficient wettability and  
106 adhesion capability [33]. The obtained multilayer film has a thickness of approximately 60 µm.

107       *2.2 Corona discharge treatment*

108 A corona discharge treatment was carried out in line during the film production. The treatment  
109 was applied to PET films (and to one side of the PP film when the multilayer film has to be  
110 prepared). Briefly, the electric discharge causes the oxidation of the polymeric surface through  
111 the generation of free radicals, resulting in the formation of additional polar groups on the surface  
112 that involve a strong adhesion of adhesives, dyes, coatings, etc. [33, 34]. It is worth noting that this  
113 treatment acts on small depths (nanometers) of the treated surface conferring it the desired  
114 properties, but leaving the bulk properties of the polymer unchanged.

115 High voltage and frequency discharge (corona discharge) were applied at atmospheric pressure  
116 with two treater machines, operating at a maximum output power of 8 kW set at an operating  
117 power of 3 kW to ensure a surface tension of 55 dyne/cm.

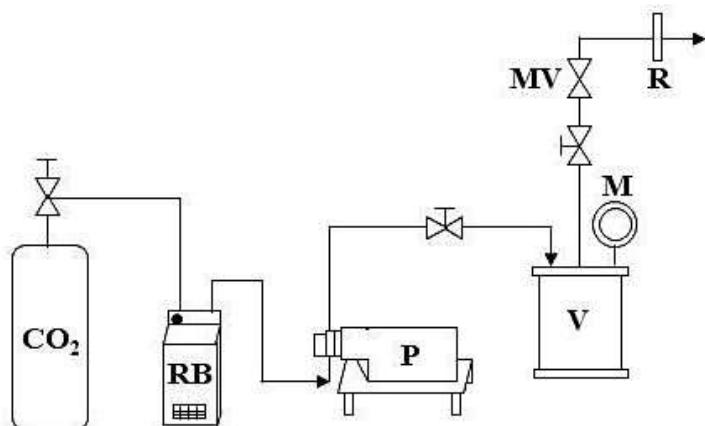
118        *2.3 Apparatus and procedure for supercritical impregnation*

119        The impregnation tests were performed employing a laboratory-scale apparatus (in Figure 1),  
120        which consists in a cylindrical stainless steel autoclave (NWA GmbH, Lorrach, Germany) with an  
121        internal volume of 100 mL, closed with two clamps on the top and the bottom. CO<sub>2</sub> was slowly fed  
122        at a constant flow rate (10 g/min) through a high-pressure pump (Milton Roy, mod. Milroyal B,  
123        Pont-Saint-Pierre, France), whose head was cooled by a refrigerating bath (Julabo, Seelbach,  
124        Germany). When the working pressure was reached, the operating conditions were maintained for  
125        a fixed time. An impeller, located on the top cap and driven by a variable velocity electric motor,  
126        ensured good stirring. Thin band heaters were used to heat the autoclave, whose internal  
127        temperature was measured by a K-type thermocouple (accuracy ±0.1 °C). The thermal control was  
128        guaranteed by a PID controller (Watlow, mod. 93, Toledo, OH, USA), whereas pressure was  
129        measured by a digital manometer (Parker, Minneapolis, MN, USA). A micrometric valve (Hoke,  
130        mod. 1315G4Y, Spartanburg, SC, USA), preceded by an on/off valve, allowed a slow  
131        depressurization. Through a rotameter at the exit of the cylinder, it was possible to evaluate the  
132        CO<sub>2</sub> flow rate .

133        Impregnation experiments were carried out using a static method [35, 36]. A small film piece  
134        (about 2.5 cm x 2.5 cm) was accurately weighed and put in a small stainless steel container,  
135        packed into filter paper (to avoid its contact with the liquid TOC); then, the sample was placed on  
136        the bottom of the cylindrical autoclave. In particular, the weights of PP and PET monolayer films  
137        were respectively 23.5 ± 1.5 mg and 24.5 ± 2.5 mg, whereas, for the multilayers PET/PP film, they  
138        were in the range 45.0 ± 3.0 mg. A weighed amount of TOC approximately equal to 0.80 g,  
139        corresponding to its saturation concentration in SC-CO<sub>2</sub> at the given pressure and temperature (10  
140        mg<sub>TOC</sub>/g<sub>CO<sub>2</sub></sub>) [31], was instead placed inside a small opened container, coaxially located on the  
141        impeller, to allow its contact with SC-CO<sub>2</sub>. The chosen pressure assured a high solubility of TOC in

142 SC-CO<sub>2</sub> [31]. The amount of CO<sub>2</sub> inside the cylinder, which was about 80.8 g, was calculated from  
143 its density value at the operating temperature and pressure. Carbon dioxide density was evaluated  
144 using the Bender equation of state [37]. Once the autoclave was closed, CO<sub>2</sub> was slowly delivered  
145 to the cylinder and simultaneously heated up to the required temperature. When the desired  
146 pressure (17 MPa) was reached, CO<sub>2</sub> flow was stopped, and the operating conditions were  
147 maintained for a fixed time. At the end of the experiment, the autoclave was depressurized with a  
148 constant flow rate (about 0.1 MPa/min). Once the depressurization ended, the loaded film was  
149 recovered and weighed. The weight increase of the sample was related to the quantity of  
150 impregnated TOC, which was also checked using UV/vis spectrophotometer, as reported below in  
151 the analytical methods section. In order to assure that the impregnated films did not contain  
152 adsorbed carbon dioxide in the polymer, each loaded sample was weighted an hour after the end  
153 of the experiment. Impregnation tests were repeated twice; the difference in weight between the  
154 experiments conducted at the same operating conditions was less than 5%.

155 Impregnation kinetics were determined to find out the time required by TOC to reach the  
156 equilibrium concentration at the chosen value of temperature and pressure. Kinetic data were  
157 obtained at different contact times (2- 48 h), at 17 MPa and 40 °C.



158

159 Figure 1 Schematic representation of the impregnation laboratory plant. CO<sub>2</sub>: carbon dioxide supply; RB: refrigerating  
 160 bath; P: pump; V: vessel; M: manometer; MV: micrometric valve; R: rotameter.

161 *2.4 Analytical methods*

162 Films were observed by Field Emission Scanning Electron Microscopy (FESEM, mod. LEO 1525, Carl  
163 Zeiss SMT AG, Oberkochen, Germany) before and after impregnation of TOC with SC-CO<sub>2</sub>. Small  
164 film pieces were placed on a carbon tab previously attached to an aluminum stub (Agar Scientific,  
165 Stansted, United Kingdom) and, then, covered with gold-palladium (layer thickness 250 Å) using a  
166 sputter coater (mod. 108 A, Agar Scientific, Stansted, United Kingdom). Many FESEM images were  
167 taken for each sample to verify its uniformity.

Fourier transform infrared (FT-IR) spectra were obtained through an FTIR spectrophotometer (IRTracer100, Shimadzu Italia, Milan, Italy) at a resolution of  $0.5\text{ cm}^{-1}$  in a scan wavenumber range from  $4000$  to  $450\text{ cm}^{-1}$ , as the mean of 16 measurements. Potassium bromide (KBr) was used as an infrared transparent matrix and well-mixed in an agate mortar with small pieces of each film that has to be analyzed. Then, a hydraulic press (gradually increasing the pressure up to  $30\text{ MPa}$ ) compressed the samples blended with KBr in the form of disks [38].

Differential scanning calorimetry (DSC) measurements were carried out by a differential scanning calorimeter (mod. TC11, Mettler-Toledo International Inc., Columbus, OH, USA) using Mettler STARe system. Each film (about 5 mg) was crimped into an aluminum pan. For both PP and PET, the analysis was conducted under a nitrogen gas flow equal to 100 mL/min. PP samples were heated from -35 °C to 200 °C at a rate of 10 °C/min, and then held at 200 °C for 5 min to ensure the complete melting of crystallites. Then, they were cooled from 200 °C to -35 °C at a rate of 10 °C/min and, after, heated up again from -35 °C to 200 °C (10 °C/min). To better detect the PP glass transition temperature, DSC was repeated in the range from -50 °C to 20 °C at a rate of 5 °C/min.

182 PET samples were, instead, heated from 25 °C to 300 °C at a rate of 10 °C/min, held at 300 °C for 5  
183 min, then cooled from 300 °C to 25 °C (10 °C/min) and finally heated up again from 25 °C to 300 °C  
184 (10 °C/min). The glass transition temperature ( $T_g$ ), the melting temperature ( $T_m$ ) and the melting  
185 enthalpy ( $\Delta H_m$ ) were determined from the second heating scan, according to the ASTM D3418-12  
186 method [39]. A comparison with the melting enthalpy of pure crystalline PP and PET (207 J/g and  
187 140 J/g, respectively) allowed to calculate the crystallinity degree (%) of pure and loaded films.

188 TOC loadings, evaluated to assess the weight increase of the impregnated samples, and *in vitro*  
189 migration studies were performed by a UV/vis spectrophotometer (model Cary 50, Varian, Palo  
190 Alto, CA, USA) at a wavelength of 295 nm [28]. Each analysis was repeated twice, and the mean  
191 release profiles were proposed in this work, plotting the percentage of released TOC as a function  
192 of time.

193 The migration tests were conducted at 40 °C in food simulant D1 (50 % EtOH), according to the  
194 European Commission Regulation No. 10/2011 [40]. In detail, small film pieces containing an  
195 equivalent amount of TOC (5 mg) were immersed in 70 mL of food simulant D1, continuously  
196 stirred at 100 rpm. The absorbance was monitored until the steady state was reached. Then, the  
197 maximum absorbance measured at the end of the release; i.e., when the film released all TOC to  
198 the outer ethanolic solution, was converted into TOC concentration using a calibration curve,  
199 obtained using very diluted standards at different concentrations of TOC in the release medium  
200 (0.2850, 0.1425, 0.0713 and 0.0356 mg/mL). In particular, the percentage of TOC released at any  
201 time was determined as follows:

$$202 \quad TOC\ release, \% = \frac{\text{the amount of TOC measured at a certain time}}{\text{the maximum amount of released TOC}} \times 100 \quad (1)$$

203 To eliminate a possible influence of other polymer additives, release tests were also performed on  
204 pure single layer PP and PET films and on multilayer PET/PP films before supercritical  
205 impregnation; however, no significant absorbance value was detected at 295 nm.

206 The antioxidant activity of TOC impregnated into the different films was determined using 2,2-  
207 diphenyl-1-picrylhydrazyl (DPPH) as stable free radical, according to the method described by  
208 Brand-Williams [41]. Tests were carried out in triplicate.

209 Ethanolic solutions at different concentrations of pure TOC (30-800 ppm) were tested. Firstly, 0.1  
210 mL of each solution was added to 3.9 mL of a  $6 \times 10^{-5}$  mol/L solution of DPPH. The decrease in the  
211 absorbance was monitored using a UV/vis spectrophotometer (model Cary 50, Varian, Palo Alto,  
212 CA) at 515 nm (characteristic wavelength of DPPH) every 5 minutes for two hours under dark at  
213 room temperature until the steady state was achieved. The initial DPPH concentration was  
214 measured at time zero. From these kinetic results, Efficient Concentration ( $EC_{50}$ ) of TOC; i.e., the  
215 concentration of antioxidant that decreased the initial DPPH one by 50%, was graphically  
216 calculated and it was found to be equal to 191.3  $\mu$ g/mL. Moreover, this preliminary study allowed  
217 to select the amount of TOC to be considered for the impregnated films analyses to avoid a total  
218 reaction of the DPPH and, at the same time, to apply the DPPH protocol optimized for the activity  
219 of the impregnated films by Cejudo Bastante et al. [24].Indeed, the DPPH protocol was slightly  
220 modified to evaluate the antioxidant activity of the impregnated films [24]. An amount of sample  
221 was submerged in 4 mL of  $6 \times 10^{-5}$  mol/L DPPH in ethanol. The absorbance was measured at 515  
222 nm every 5 minutes for two hours under dark at room temperature. To have an accurate  
223 comparison, the antioxidant activity tests were performed considering the same amount of TOC  
224 (0.7 mg/mL) for all the samples.

225 The percentage inhibition (%I), which represents the amount of DPPH that reacts with a given  
226 concentration of TOC, was calculated as follows:

227                   
$$\%I = \left(1 - \frac{A_i}{A_0}\right) * 100 \quad (2)$$

228       where  $A_0$  is the initial DPPH absorbance at 515 nm and  $A_i$  is the final absorbance of each sample  
229       measured at 515 nm after two hours of reaction.

230       To ensure that the adhesive or other polymer additives did not distort the measurements of  
231       antioxidant activity, a DPPH assay was also performed on the film before impregnation without  
232       observing the antioxidant activity.

233           **3. Results and discussion**

234       The work can be divided into four main steps:

- 235       (1) study of impregnation kinetics of TOC into single layer PET and PP films;  
236       (2) single layer loaded films characterization to choose the best conditions to develop active  
237       multilayer PET/PP films;  
238       (3) study of impregnation kinetics of TOC into multilayer PET/PP film;  
239       (4) multilayer PET/PP loaded films characterization to investigate the potential as controlled-  
240       release packaging.

241           *3.1 Kinetics of TOC impregnation into single-layer films*

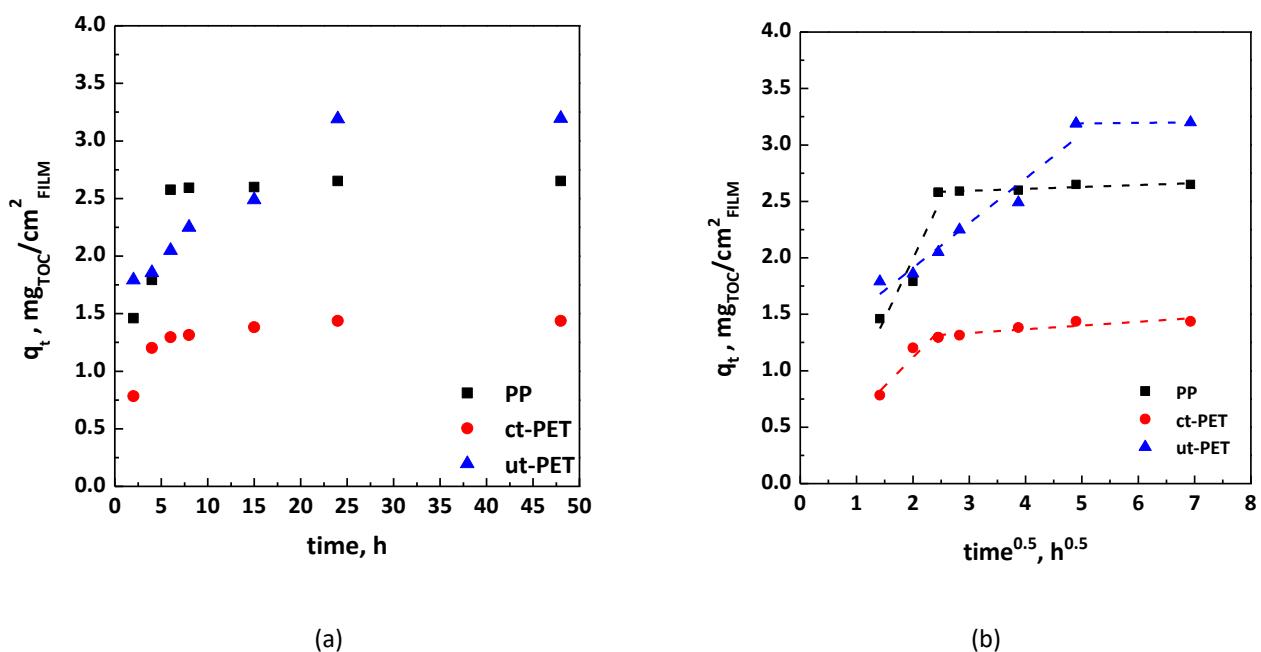
242       Firstly, the impregnation of TOC into single layer films was studied at 17 MPa, 40 °C in  
243       correspondence of various contact times (from 2 to 48 h). In particular, the impregnation kinetics  
244       of TOC into PP film, on the side of ut-PET and ct-PET were determined and compared, as shown in  
245       Figure 2a. Uptake was expressed per unit area of film as  $q_t$ ; i.e., mg of impregnated TOC per  $\text{cm}^2$  of  
246       film ( $\text{mg}_{\text{TOC}}/\text{cm}^2_{\text{PP}}$ ,  $\text{mg}_{\text{TOC}}/\text{cm}^2_{\text{ut-PET}}$  and  $\text{mg}_{\text{TOC}}/\text{cm}^2_{\text{ct-PET}}$ , respectively). From the kinetic curves in  
247       Figure 2a, an increase of the loaded TOC can be observed with the increase of contact times, up to  
248       a maximum value, which was found at 24 h for all the films. Moreover, comparing the

249 impregnation kinetics obtained for the different substrates, the lowest quantity of impregnated  
250 TOC was achieved with ct-PET, whereas the amount of loaded TOC into PP and ut-PET was more  
251 similar. TOC uptake is different considering different polymers because swelling capability as well  
252 as diffusivity [42] of CO<sub>2</sub> in the matrix vary from polymer to polymer. These properties influenced  
253 the amount of an active substance that can be charged into a polymer. As previously discussed,  
254 the high-frequency discharge used during the corona treatment causes the formation of additional  
255 polar groups on the polymer surface that probably have a weak attraction for fat-soluble TOC,  
256 leading to the low penetration of the active compound into the ct-PET surface [33, 34].

257 From a quantitative point of view, it is possible to note that the obtained loading is very high, if  
258 compared with literature results [19, 28, 30]; indeed, the amount of loaded TOC, expressed in  
259 terms of uptake, reached a very high value equal to 3.20 mg<sub>TOC</sub>/cm<sup>2</sup><sub>FILM</sub> in case of ut-PET after 24 h  
260 of impregnation. This achievement allows to overcome the main drawbacks of conventional  
261 techniques used to obtain active packaging; i.e., low penetration into the polymer and low loading  
262 efficiencies [19, 28, 30]. The high loadings reached confirmed the potential of the supercritical  
263 impregnation of active compounds into polymeric films with loadings greater than the ones  
264 obtained in previous papers focused on the same technique; for example, the loading of thymol  
265 into PLA/PCL films obtained by Milovanovic et al. [14] was equal to 35.8 wt %. Therefore, the  
266 loadings shown in Figure 2a obtained using supercritical impregnation are 2-3 orders of magnitude  
267 higher than the values reported in previous works [14, 28]. To determine which is, among “film  
268 diffusion” and “intraparticle diffusion”, the limiting step of the process, the adsorption of TOC into  
269 the different films were plotted in terms of q<sub>t</sub> versus t<sup>0.5</sup> (Figure 2b), according to the Weber and  
270 Morris approach [43]. Indeed, it is well known that q<sub>t</sub> vs. t<sup>0.5</sup> plots can be characterized by a  
271 multilinearity, ascribable to the different steps that occur in the adsorption process. It is possible  
272 to note from Figure 2b that, for all the films, in correspondence of lower values of t<sup>0.5</sup>, the plot is

273 sharper because of a boundary layer effect due to the adsorption of TOC on the exterior part of  
 274 the film: film diffusion is the governing step at the earlier stages of the process. The second part of  
 275 the plot is linear and ascribable to the adsorption stage: at these stages, the adsorption is  
 276 governed by the intraparticle diffusion.

277



278 Figure 2 Impregnation of TOC into PP film, corona discharge treated and untreated surface of PET film: (a) kinetic  
 279 curves; (b) intraparticle diffusion plot.

### 280 3.2 Characterization of single-layer films after impregnation

281 FESEM images of films before and after TOC impregnation (17 MPa, 40 °C and 6 h) are reported in  
 282 Figure 3 for PP, ut-PET and ct-PET samples. Comparing the FESEM images of the unloaded films  
 283 (Fig. 3a, 3b and 3c) with the ones of the impregnated films (Fig. 3d, 3e and 3f), it is possible to  
 284 observe that, in the case of the unloaded films, the observed surface is smooth, whereas, in the  
 285 case of the impregnated films, the film surfaces appear discontinuous because of the presence of  
 286 TOC.

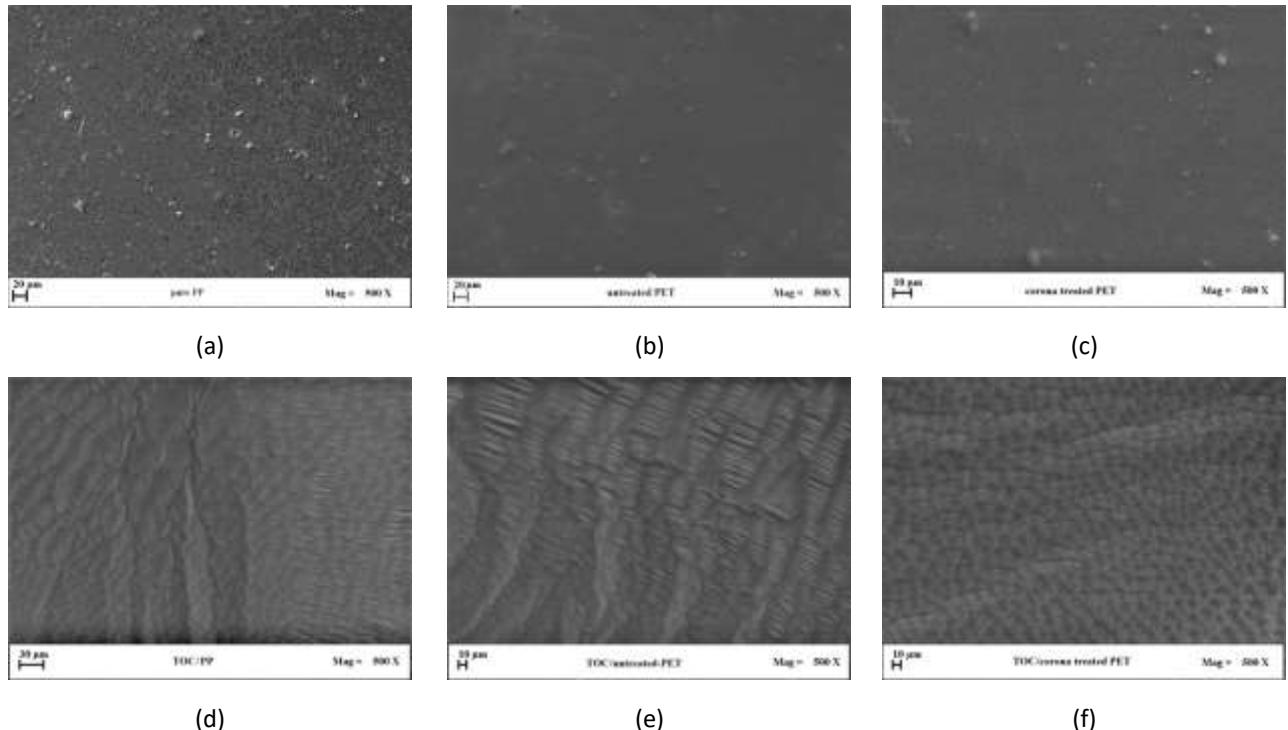
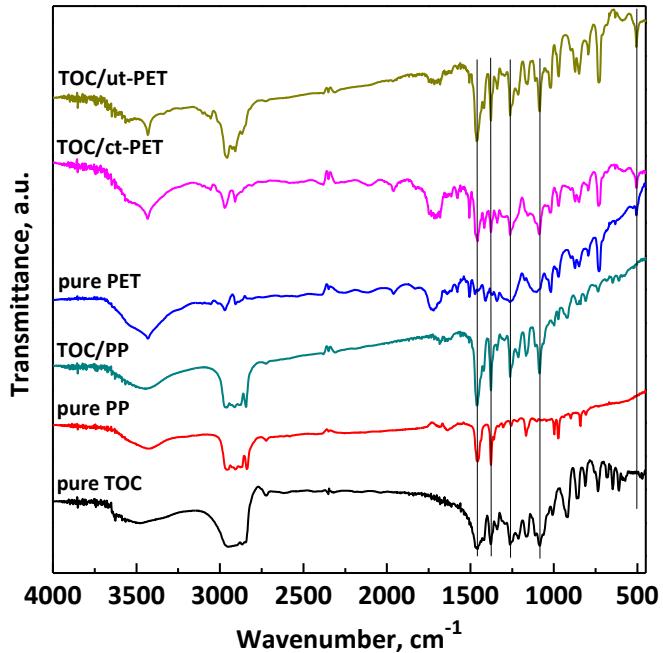


Figure 3 FESEM images of films: (a) pure PP; (b) pure ut-PET; (c) pure ct-PET; (d) TOC impregnated in PP; (e) TOC impregnated in ut-PET; (f) TOC impregnated in ct-PET.

FT-IR analyses were performed for pure TOC, pure films, and TOC impregnated into each monolayer, as reported in Figure 4. The spectra of the impregnated samples exhibited both the characteristic bands of the polymer and the active compound; in particular, all of them showed peaks ascribable to TOC at  $1262\text{ cm}^{-1}$  for  $\text{CH}_2$  and at  $1086\text{ cm}^{-1}$  for plane bending of phenyl [44]. The increase of the absorbance peaks at  $1378$  and  $1460\text{ cm}^{-1}$ , related to the methyl symmetric and asymmetric bending [44], observed in the spectra of all loaded films with respect to the ones of pure films, confirmed the presence of TOC. Indeed, the percentage increase of the absorbance at  $1378$  and  $1460\text{ cm}^{-1}$  was significant, ranging from 63 % for loaded PP to 91 % for loaded ut-PET in the case of the first mentioned peak and from 33% for loaded PP to 84% for loaded ut-PET in the case of the second one. Moreover, an increase of the peak at around  $500\text{ cm}^{-1}$  corresponding to the C-C bending was found in the spectrum of loaded ut-PET.



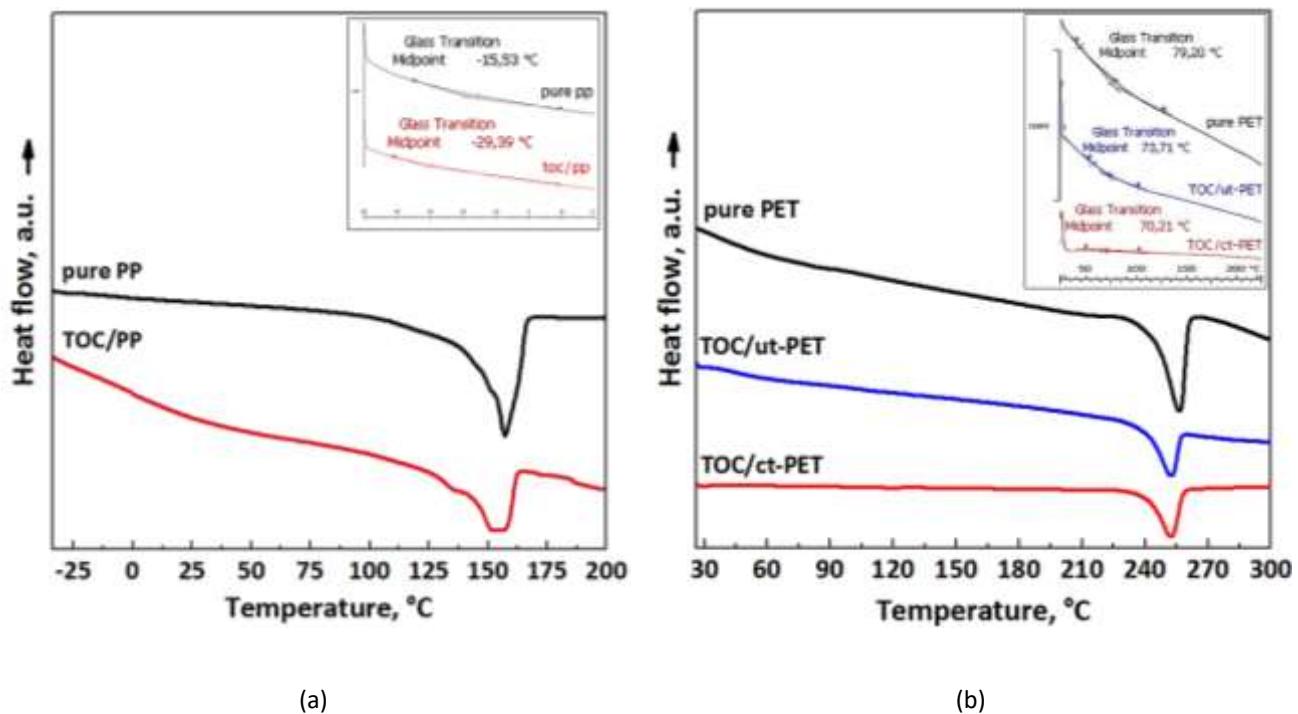
301

302     Figure 4 FT-IR spectra of pure TOC, pure PP and PET films, TOC impregnated into PP, ut-PET and ct-PET. Vertical lines  
303                  are referred to the peaks at 1460, 1378, 1262, 1086 and 500 cm<sup>-1</sup>.

304     Figure 5 showed DSC thermograms of films before and after TOC impregnation (17 MPa, 40 °C and  
305                  6 h). In agreement with the literature [45], in Figure 5a it is possible to observe that PP curve  
306                  shows a peak at about 157 °C corresponding to its melting temperature, slightly shifted at a lower  
307                  temperature after supercritical impregnation. Moreover, the  $T_g$  of pure PP was observed at about -  
308                  16 °C [46], and it shifted at a lower temperature equal to -29 °C for impregnated PP. In Figure 5b,  
309                  the PET curve exhibits a peak at around 256 °C, which corresponds to the  $T_m$ , according to  
310                  literature data [47]; the  $T_m$  slightly shifted at a lower temperature in the case of PET films  
311                  processed by supercritical impregnation (ut-PET, ct-PET). The corona discharge treatment does not  
312                  influence the thermal properties, being a surface treatment; i.e., it only modifies the film  
313                  electrostatic surface charge (and not the bulk properties) [33].

314

315 Moreover, PET thermogram shows a  $T_g$  at about 79 °C [47], less prominent and shifted at lower  
 316 temperatures in impregnated samples; i.e., about 74 °C for impregnated ut-PET and 70 °C for  
 317 impregnated ct-PET. The shifts of melting and glass transition temperatures may be ascribed to  
 318 the well-known plasticizing effect of compressed fluids in the presence of semicrystalline polymers  
 319 [19, 48]. Moreover, some literature studies show that a plasticizing effect can be also caused by  
 320 active substances, including TOC, leading to an improvement in the flexibility and fatigue strength  
 321 of polymers [49, 50]. The melting enthalpy ( $\Delta H_m$ ) and the crystallinity degree (%) for pure and  
 322 loaded films were reported in Table 1. Comparing the results of pure and impregnated films, it is  
 323 possible to observe that the presence of SC-CO<sub>2</sub> induced a slightly reduction in the crystallinity  
 324 percentage of the polymers.



325 Figure 5 Entire DSC thermograms and enlargement of a part of curves (with the indication of  $T_g$ ) for pure and  
 326 impregnated films: (a) PP samples; (b) PET samples.

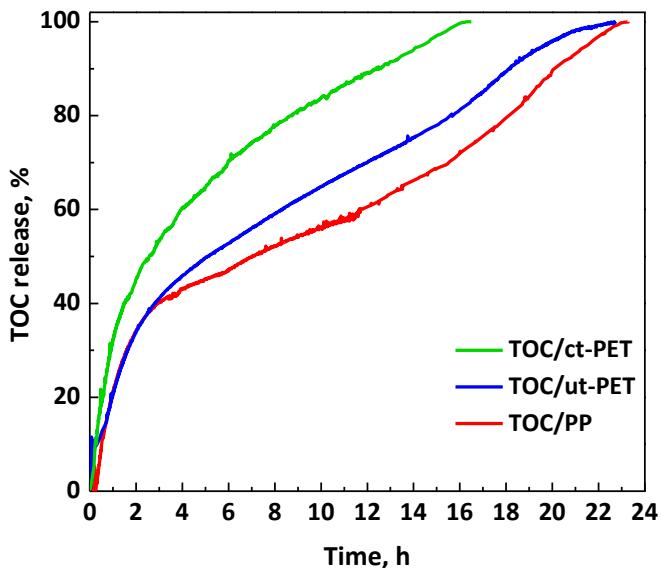
327 Table 1 Melting enthalpy ( $\Delta H_m$ ) and crystallinity degree (%) of pure and loaded films.

Sample	$\Delta H_m$ [J/g]	Crystallinity degree [%]

unprocessed PP	88.97	42.98
TOC/PP	64.03	30.93
pure PET	42.15	30.10
ct-PET	34.71	24.79
ut-PET	39.83	28.45

328

329 The migration of TOC from the packaging films into the food simulant D1 [23] was studied using  
 330 UV-vis spectroscopy. Release profiles of TOC incorporated into the films, processed by  
 331 supercritical impregnation for 24 h, at 17 MPa and 40 °C, are shown in Figure 6. Unprocessed TOC  
 332 was wholly dissolved in the release medium in almost 45 minutes, whereas the release of TOC was  
 333 significantly delayed by its impregnation into films with SC-CO<sub>2</sub>. In particular, all impregnated TOC  
 334 migrated in 16 h from corona discharge treated PET surface (ct-PET), whereas it took 22.8 h and  
 335 23.3 h respectively from untreated PET surface (ut-PET) and PP film, which showed the slowest  
 336 release profile. Release profiles revealed the presence of an initial burst-like effect, which was  
 337 about 10 % in case of PP and ut-PET and 20% for ct-PET, due to the percentage of TOC located  
 338 on/near the film surface, which dissolved quickly. In agreement with results about impregnation  
 339 kinetics, the faster release of TOC from ct-PET is related to the lower penetration of TOC into the  
 340 corona treated surface due to a low affinity with the additional polar groups formed during the  
 341 treatment.



342

343

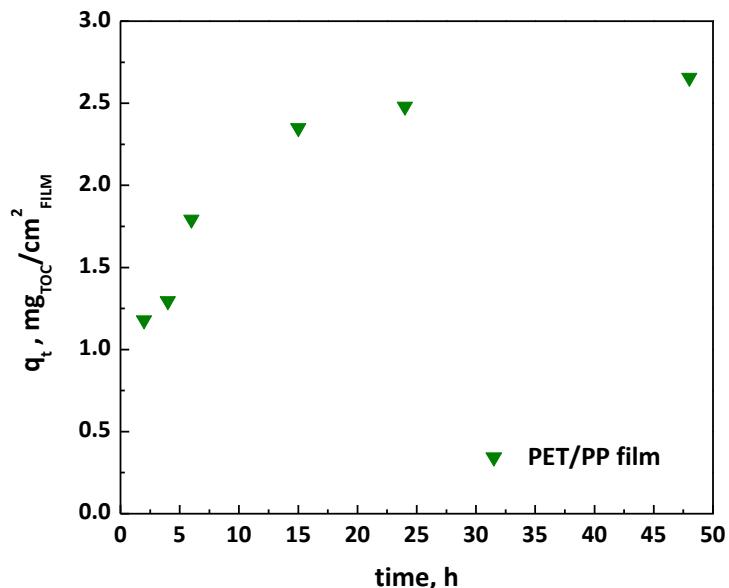
Figure 6 Release kinetics of TOC in food simulant D1 from single-layer films.

344        *3.3 Kinetics of TOC impregnation into multilayer PET/PP film*

345        Since the best results, from the release kinetics point of view, were obtained considering TOC  
 346        release from PP film, the supercritical impregnation of TOC into a multilayer PET/PP film was  
 347        studied by exposing the PP surface to the TOC dissolved in SC-CO<sub>2</sub>. Indeed, the use of PP/PET  
 348        multilayer film may be more favorable than the monolayer film. Indeed, the inner active layer (PP  
 349        in this specific case) allows the migration of the active compound (TOC) towards the food surface.  
 350        On the contrary, the outer layer (PET) is in contact with the external environment, offering more  
 351        protection for the active matrix layer and reducing the unwanted migration of the active  
 352        compound towards the outside of the package.

353        Even in the case of the multilayer film, the uptake ( $q_t$ ) was expressed per unit area of film, as the  
 354        ratio between the amount of impregnated TOC per cm<sup>2</sup> of film (mg<sub>TOC</sub>/cm<sup>2</sup><sub>FILM</sub>). The impregnation  
 355        kinetics of TOC into a multilayer PET/PP film, reported in Figure 7, showed that the quantity of  
 356        loaded TOC increased with the contact time, up to a maximum value reached in about 48 h equal  
 357        to 2.66 mg<sub>TOC</sub>/cm<sup>2</sup><sub>FILM</sub>. This maximum amount of TOC loaded in the multilayer film, in terms of

358  $\text{mg}_{\text{TOC}}/\text{cm}^2_{\text{FILM}}$ , was similar to the one obtained using the monolayer PP film. From the kinetics  
359 results, it is possible to deduce that a sufficient loading is reached after 24 h.



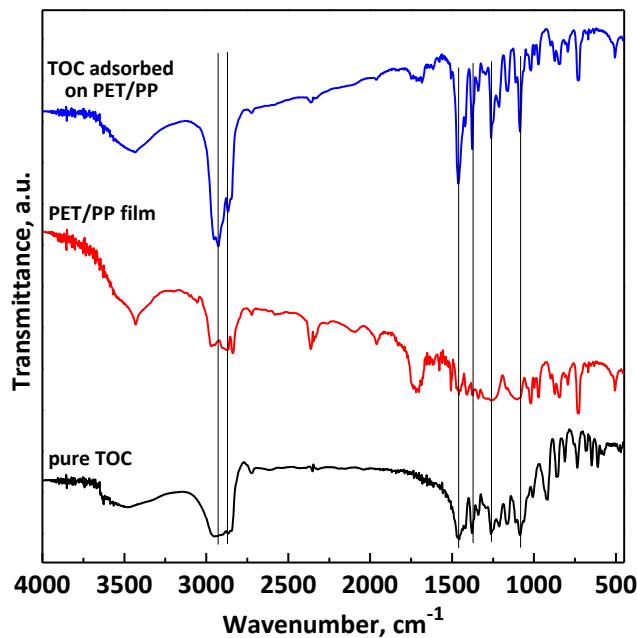
360

361 Figure 7 Kinetic curve at 17 MPa and 40 °C for the impregnation of TOC into multilayer PET/PP film.

362 *3.4 Characterization of multilayer PET/PP films after impregnation*

363 FT-IR spectra of pure TOC, pure multilayer PET/PP film, and TOC impregnated into multilayer  
364 PET/PP film are reported in Figure 8. The spectrum of multilayer PET/PP film exhibited both the  
365 characteristic peaks of monolayer PET and PP films. In addition to these, the spectra of the  
366 impregnated sample showed the typical bands of TOC, such as the peaks at 2927 and 2868  $\text{cm}^{-1}$   
367 related to the asymmetric and symmetric stretching vibrations of the  $\text{CH}_2$  and  $\text{CH}_3$ , at 1262  $\text{cm}^{-1}$   
368 for  $\text{CH}_2$  and at 1086  $\text{cm}^{-1}$  for plane bending of phenyl [44]. Moreover, the presence of TOC was  
369 confirmed by an increase of the absorbance peaks at 1378 and 1460  $\text{cm}^{-1}$ , respectively associated  
370 to the methyl symmetric and asymmetric bending [38], observed in the spectrum of loaded  
371 multilayer PET/PP film with respect to the pure one. The percentage increase of the absorbance at  
372 1378 and 1460  $\text{cm}^{-1}$  was found to be about 79% and 83%, respectively. Moreover, the presence of  
373 TOC peaks at 2927 and 2868  $\text{cm}^{-1}$  was less evident in monolayer films, slightly noticeable in the

374 case of ut-PET monolayer film, while it is more accentuated in the spectrum of multilayer film, as  
375 shown in Figure 8.

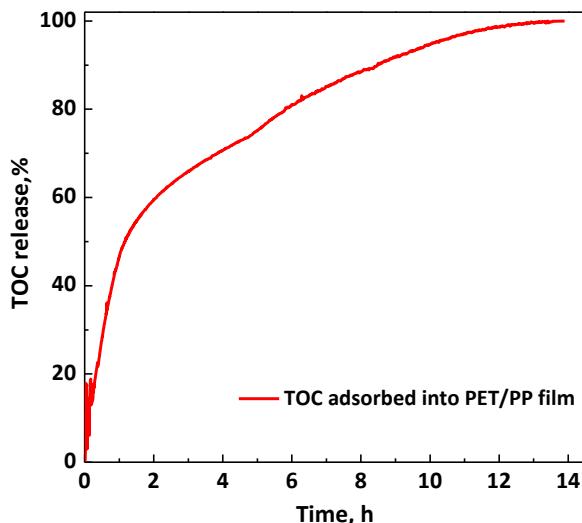


376

377 Figure 8 FT-IR spectra of pure TOC, pure multilayer PET/PP film and TOC impregnated into multilayer PET/PP film.

378 Vertical lines are referred to the peaks at 2927, 2868, 1460, 1378, 1262 and 1086 cm<sup>-1</sup>

379 Migration tests of TOC in food simulant D1 were performed on multilayer PET/PP film to study its  
380 possible use as active packaging. The release profile of TOC impregnated into PET/PP film (17 MPa,  
381 40 °C and 24 h) is reported in Figure 9. It is possible to observe that TOC completely migrated from  
382 the multilayer film into food simulant D1 in 14 hours. . In conclusion, the impregnation with SC-  
383 CO<sub>2</sub> into polymeric films has excellent potential to develop controlled-release packaging.



384

385

Figure 9 Release kinetics of TOC in food simulant D1 from multilayer PET/PP film.

386

387 The antioxidant activity was determined for unprocessed TOC, TOC impregnated on each  
 388 monolayer (PP, ut-PET and ct-PET) and multilayer PET/PP films at 17 MPa and 40 °C for 24 h. An  
 389 equivalent amount of TOC was considered to compare unprocessed TOC and impregnated films.

390 In particular, the antioxidant activity was checked to understand if TOC was damaged by thermal  
 391 and oxidative degradation during the impregnation process. Results of percentage inhibition (%I)  
 392 of the loaded films are similar to those of pure TOC, as demonstrated in Table 2 by reporting the  
 393 data obtained after two hours of reaction with DPPH radical. Quantitatively, the reduction of the  
 394 percentage inhibition with respect to the %I of unprocessed TOC was included between a  
 395 minimum of 0.11 % for TOC impregnated into the ut-PET film to a maximum of 0.43 % for TOC  
 396 loaded on PP film. These results confirmed that, in all cases, the antioxidant power of the active  
 397 compound is preserved after the impregnation with SC-CO<sub>2</sub>.

398

Table 2 Antioxidant activities in terms of percentage inhibition (%I) for pure TOC and loaded films.

Sample	%I
unprocessed TOC	92.4

PP	92.0
ct-PET	92.2
ut-PET	92.3
multilayer PET/PP	92.1

399

400       **4. Conclusions**

401       In the present work, the adsorption of TOC into polymeric films using supercritical impregnation  
 402       was studied, firstly considering single-layer PP and PET films and, then, multilayer PET/PP films.  
 403       The influence of corona discharge treatment on supercritical impregnation was also investigated  
 404       comparing the PET untreated surface with the treated one. PET surface with corona discharge  
 405       treatment showed the worst results both concerning the amount of impregnated TOC and the  
 406       release profile, whereas the attainment of TOC loaded into PP films was the best option to  
 407       produce a controlled-release packaging, with high values of loaded TOC. According to the  
 408       literature, the shifts of melting and glass transition temperatures of polymers was observed from  
 409       DSC analyses due to the well-known swelling and plasticizing effects of SC-CO<sub>2</sub> that allow a better  
 410       penetration of the active compound into the polymer substrate, resulting in high loadings. Based  
 411       on the results obtained for monolayers, to create active multilayer films, the impregnation of TOC  
 412       with SC-CO<sub>2</sub> was studied considering the PP surface of PET/PP film. Migration tests in food  
 413       simulant D1 (50% EtOH) demonstrated that the impregnation of TOC into polymeric films using SC-  
 414       CO<sub>2</sub> induced a prolonged release of the vitamin. These results are promising from an industrial  
 415       point of view, confirming the effectiveness of this process to produce controlled-release  
 416       packaging. Moreover, the antioxidant activity tests confirmed that the impregnation process did  
 417       not damage the TOC structure.

418 Besides, supercritical impregnation has proved to be an effective route to overcome the main  
419 limitations associated with the production of active packaging with conventional techniques.  
420 Indeed, high loading values, up to  $3.20 \text{ mg}_{\text{TOC}}/\text{cm}^2_{\text{film}}$  and  $2.66 \text{ mg}_{\text{TOC}}/\text{cm}^2_{\text{film}}$ , for monolayer and  
421 multilayer films respectively, were obtained. This result can be ascribed to the low temperature  
422 used and to the high diffusivity of SC-CO<sub>2</sub>, which allows to avoid the volatilization/degradation of  
423 the active substance and, at the same time, to have a rapid penetration of the active principle into  
424 the polymer matrix.

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