

1 **Life cycle assessment of supercritical impregnation: starch aerogel + α -tocopherol**
2 **tablets**

3 Iolanda De Marco*, Stefano Riemma, Raffaele Iannone

4 University of Salerno, Department of Industrial Engineering

5 Via Giovanni Paolo II, 132, 84084, Fisciano (SA), Italy

6 *idemarco@unisa.it

7 The environmental impacts of starch aerogel (SA) loaded with vitamin E (α -tocopherol, TOC) using
8 supercritical carbon dioxide impregnation were evaluated, following a Life Cycle Assessment (LCA) approach.

9 All the emissions to air, water and soil were reported to a 120 mg SA tablet containing the daily therapeutic
10 dose of TOC (15 mg). The life cycle inventory was built using primary data and the LCA analysis was conducted
11 using SimaPro 8.5.2 software. The performed analysis showed that the stages most affecting the
12 environmental categories under study are the agricultural stages, the supercritical drying for the attainment
13 of the aerogel and the supercritical impregnation. Solutions aimed at minimizing the impacts of these steps
14 were proposed.

15

16 **Keywords:** starch aerogel; supercritical impregnation; vitamin E; minimized emissions; process optimization;
17 sustainability.

18 **1. Introduction**

19 Natural antioxidants such as flavonoids, phenolic acids, carotenoids, and tocopherols are widely used as free
20 radicals scavengers, pro-oxidative metals chelators, singlet oxygen and photosensitizers quenchers and
21 lipoxygenase inactivators [1, 2]. Vitamin E is the term for a group of tocopherols and tocotrienols, of which
22 α -tocopherol is the most abundant in nature and has the highest biological activity [3]. Considering that
23 vitamins are sensitive molecules, they have to be preserved from pro-oxidant elements which could affect
24 their chemical integrity and decrease their physiological potencies [4]. Moreover, lipophilic vitamins, such as
25 α -tocopherol, are poorly water-soluble and have a slow dissolution rate [5].

26 In order to both preserve fat soluble vitamins from light, moisture, and oxygen and improve their dissolution
27 rate, different approaches can be used [6]. Commonly, encapsulation methods based on size-reduction
28 techniques are proposed, with the aim of obtaining microspheres or microcapsules [7, 8]. An alternative way
29 is the charging of the active compound on a biocompatible substrate, which can be a film [9, 10], a membrane
30 [11, 12] or an aerogel [13].

31 Due to their low density, large open pores, and large internal surface area, aerogels are promising candidates
32 as matrices and carriers for active substances [14, 15]. They can be obtained from hydrogel precursors using
33 either supercritical drying [16] or freeze drying [17]. Despite the outstanding properties of silica aerogels in
34 terms of porosity and surface areas [18, 19], they are biocompatible but not biodegradable, and, therefore,
35 they are not enzymatically decomposed in the body [19]. On the contrary, polysaccharide-based aerogels
36 accomplish the biodegradability that silica aerogel lacks and, therefore, can be used as carriers in
37 nutraceutical and pharmaceutical fields [20]. In the last years, starch, being one of the most abundant and
38 low-cost polysaccharides, has been used as carrier for controlled delivery of drugs and vitamins [13, 21, 22].
39 The active substance can be adsorbed (impregnated) into the porous structure through supercritical carbon
40 dioxide (scCO₂) impregnation [15, 19, 21]. The process is based on the dissolution of the active principle in
41 scCO₂ and on the impregnation of the porous aerogel by its exposure to this supercritical solution. In a
42 previous work, De Marco and Reverchon demonstrated that α -tocopherol can be incorporated into starch

43 aerogel through scCO₂ impregnation, obtaining a loaded aerogel with a vitamin's dissolution rate 16 times
44 faster with respect to the unprocessed α -tocopherol [21].

45 Even though supercritical fluids' based processes are considered as "eco-friendly", it is important to study
46 the environmental emissions due to a specific production. The environmental impact of a process or a
47 product can be determined, in a quantitative way, using the life cycle assessment (LCA) analysis. Indeed, in
48 the last years, many papers based on LCA analyses were published in different research fields, such as energy
49 [23], beverages [24, 25], coffee [26, 27], food [28-31], pharmaceutical delivery systems [32, 33] and
50 wastewater treatments [34]. In particular, literature related to pharmaceuticals' LCA studies has been limited
51 to few papers. For example, Wernet et al. carried out a LCA of the production of a pharmaceutical principle,
52 without indicating its name for confidential reasons [33], whereas Jiménez-González et al. identified and
53 analyzed the environmental impacts of a typical active pharmaceutical ingredient synthesis, focusing the
54 attention in the optimization of the solvent use with the aim of reducing the impacts [35].

55 Concerning papers on LCA of biodegradable aerogels, an environmental study on starch aerogel production
56 on different scale plants was performed by De Marco et al. [32], but a complete study including also the
57 impregnation of an active principle into the porous structure was not carried out until now.

58 Therefore, the aim of this study is the LCA analysis of the production (using scCO₂ impregnation) of a 120 mg
59 starch aerogel (SA) tablet containing the daily therapeutic dose of α -tocopherol (TOC). In the LCA analysis,
60 the considered steps are corn cultivation, attainment of starch from corn, aerogel production from starch,
61 and supercritical impregnation of α -tocopherol in the aerogel. Data regarding the industrial stages of the
62 process were collected from an Italian processor.

63 **2. Process description**

64 In Table 1, the details of the process under analysis and the main activities are reported.

65 *Table 1: Process details and assumptions.*

Process	Characteristics and details
Energy supply to facility	Italian energy mix medium voltage
Corn cultivation	Energy, diesel and water supply Fertilizers (Nitrogen, phosphorous and potassium) supply
Corn conversion to starch	Energy, water, and fuel supply
Starch supply to facility	Transport by truck, 28 t from Mantua (distance = 700 km)

<i>Hydrogel formation</i>	
Gelatinization step	T=75 °C; t=24 h; energy and water supply
Retrogradation step	T=4 °C; t=72 h; energy supply for cooling
<i>Alcogel formation</i>	
T=25 °C; t=48 h; ethanol and water supply; energy supply	
<i>Aerogel formation</i>	
Pressurization	t=0.08 h; carbon dioxide supply; energy supply
Operating conditions' stabilization	T=45 °C; P=200 bar; t=0.25 h; carbon dioxide supply; energy supply
Drying	T=45 °C; P=200 bar; t=4 h; carbon dioxide supply; energy supply
Depressurization	T=25 °C; P=1 bar; t=0.33 h
<i>Supercritical impregnation</i>	
Stabilization	t=0.33 h; carbon dioxide supply; energy supply
Impregnation	T=60 °C; P=150 bar; t=24 h; carbon dioxide supply; energy supply
Depressurization	T=25 °C; P=1 bar; t=1 h

66 The used corn is cultivated in Italy in the province of Mantua and a local processor converts it into starch.
 67 After the conversion, corn starch is transported to a South Italy processor by truck. Then, it has to be prepared
 68 in form of aerogel and, subsequently, TOC can be impregnated into the prepared support.

69 *2.1 Aerogel preparation*

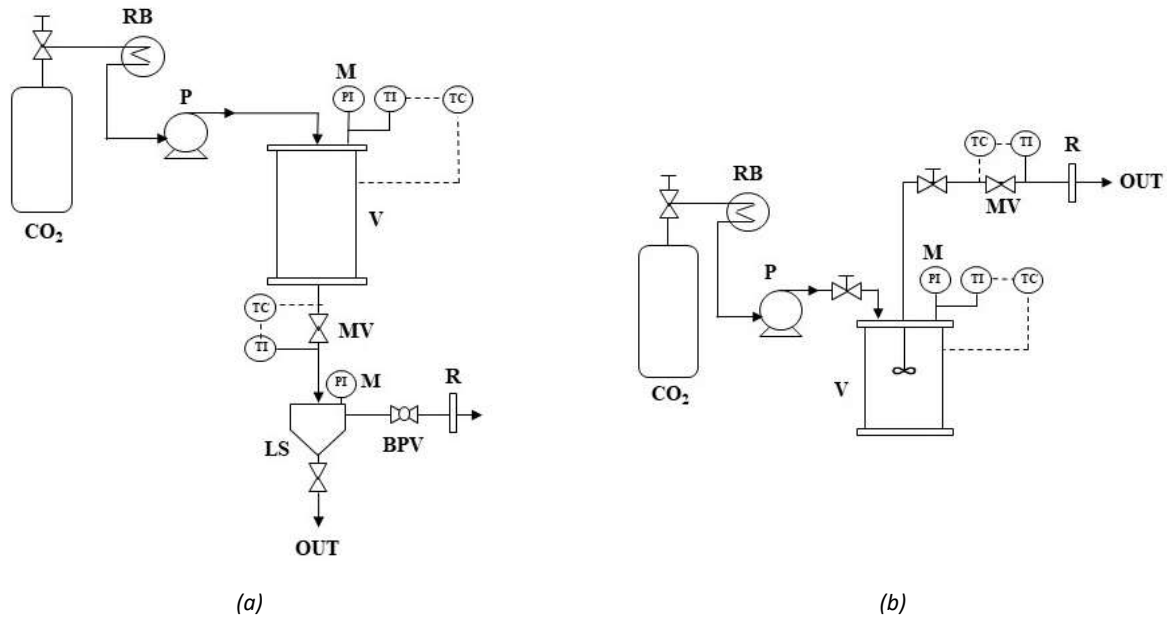
70 The aerogel preparation was previously optimized [36] and consisted in three steps: (a) hydrogel, (b) alcogel
 71 and (c) aerogel formation:

72 (a) The hydrogel can be obtained through gelatinization and retrogradation of starch granules. The
 73 gelatinization is obtained solubilizing starch in distilled water at a concentration of 15 % w/w, stirring the
 74 solution for 24 h at 75 °C, and pouring the structure called “cooked starch” into cylindrical moulds. The
 75 retrogradation is the rearrangement of the structure, obtained by putting the samples in a refrigerator at
 76 4 °C for three days.

77 (b) The alcogel is obtained replacing the water filling the pores of the hydrogel by batch equilibration using
 78 two ethanol baths at increasing concentration (40 % and 100 % (v/v)) at room temperature. Each ethanol
 79 bath contains two volumes of liquid for each volume of gel and the equilibration time for each bath is 24 h
 80 [32].

81 (c) The aerogel is obtained through a supercritical drying at 20 MPa, 45 °C for 4 h [21, 32, 36]. In an
 82 experimental test performed at industrial scale, the alcogel samples are placed in a 100 L volume vessel,
 83 heated through a heating jacket using vapour at 150 °C and 0.1 MPa; the vapour is produced in a burner using
 84 methane as fuel. The vessel, through a high-pressure pump, is filled from the top with supercritical carbon
 85 dioxide. Carbon dioxide is cooled using cooling water at 10 °C, before pumping, to avoid cavitation. The scCO₂

86 flow rate is fixed at 440 kg/h, corresponding to a residence time inside the vessel of about 4 min. A rotameter
 87 measures CO₂ flow rate and the carbon dioxide is recycled, after condensation, in a horizontal exchanger
 88 with a square pitch and 4 tube passes.



89 *Figure 1: Sketches of the plants for (a) drying of aerogel and (b) impregnation experiments. CO₂: carbon dioxide supply; RB:*
 90 *refrigerating bath; P: pump; V: vessel; TC: temperature controller; TI: temperature indicator; M: manometer; MV: micrometering*
 91 *valve; LS: liquid separator; BPV: back-pressure valve; R: rotameter.*

92 **2.2 Supercritical impregnation**

93 Impregnation experiments were performed using a static method [19, 37]. Briefly, a known amount of
 94 aerogel (about 100 g) was wrapped in filter paper placed on the bottom of the vessel (V=20 L), to avoid its
 95 contact with the vitamin (TOC) in the liquid state. In order to allow contact with scCO₂, a weighed amount of
 96 TOC was placed in a container opened on the top mounted axially on the impeller. The autoclave was, then,
 97 closed, heated to the fixed temperature and slowly filled with CO₂. After the working pressure (15 MPa) was
 98 reached, the system was stored for 24 h, which assured the dissolution of the vitamin in scCO₂ and the
 99 attainment of the adsorption equilibrium. Indeed, the impregnation time depends by the vessel volume [38]
 100 and by the vitamin's solubility in the supercritical carbon dioxide in correspondence of the chosen pressure
 101 and temperature. The amount of carbon dioxide in the vessel was determined from the density value (given
 102 at the test temperature and pressure), and, at 15 MPa and 60 °C, it was equal to 12 kg. Then, CO₂ was vented
 103 out at constant flow rate (about 1 MPa/min) and recycled, after condensation. When temperature and
 104 pressure in the vessel were equal to the ambient, the aerogel was removed from the autoclave and weighted.

105 The weight increase of the aerogel indicated the amount of loaded vitamin.

106 **3. LCA methodology**

107 Data regarding the life cycle of the entire process (drying + impregnation) can be correlated through the LCA
108 analysis, in order to identify the phases of the process that are critical from an environmental point of view.

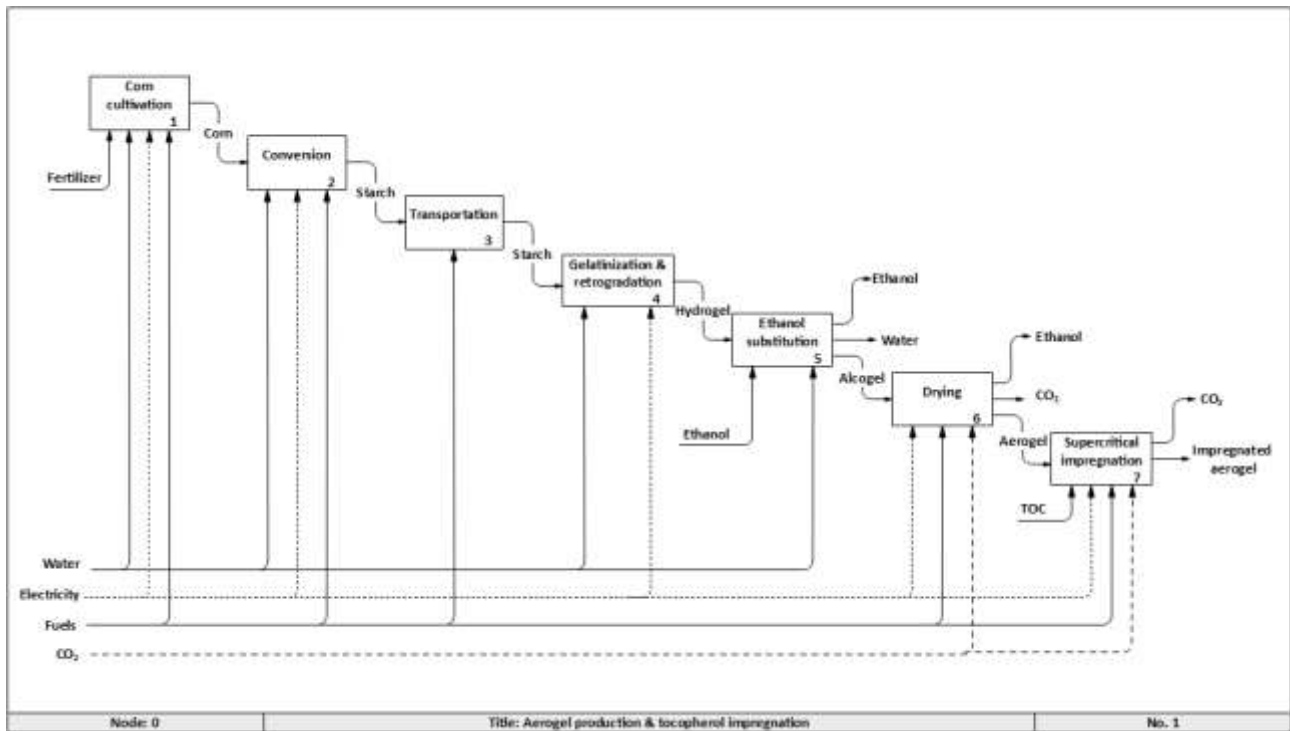
109 The main steps of the analysis are described in the following part of this section.

110 *3.1 Goal definition, functional unit and system boundaries*

111 The goal definition is one of the most important phases of the LCA methodology, because the whole study
112 will be influenced by the choices made in this step. In particular, the goal of this study is the evaluation of the
113 environmental impacts related to the attainment of a SA tablet loaded with TOC. Both the aerogel production
114 and the TOC impregnation are obtained through scCO₂ based techniques.

115 Another important step of an LCA analysis is the definition of the functional unit (FU), which is the reference
116 to which inputs and outputs of the process have to be related. In this work, the FU was defined as a 120 mg
117 SA tablet containing the daily therapeutic dose of TOC (15 mg).

118 Through mass and energy balances of each operation constituting the process, a cradle-to-factory gate
119 analysis was performed; therefore, the system boundaries (reported in Figure 2) are set from corn cultivation
120 to impregnated aerogel attainment. The use phase and disposal phase of the product were not considered
121 in this study.



122

123 Figure 2: IDEF diagram of aerogel production and tocopherol impregnation.

124 3.2 Data collection and life cycle inventory

125 The life cycle inventory (LCI) is one of the most time-consuming steps and the quality and repeatability of an
 126 LCA study is strongly dependent on the quality of data handled in this step. LCI consists in the search,
 127 collection, and interpretation of data regarding each step of the process. All inputs and outputs regarding
 128 resources, water, electricity and fuels have to be collected and quantified with respect to the chosen
 129 functional unit. Inventory data regarding the TOC extraction from the microalgae *Tetraselmis suecica* were
 130 recovered from literature [39]. A Northern Italy processor supplied data regarding the corn cultivation and
 131 its conversion into starch; these data were collected on-site and corresponded to the amounts of chemicals,
 132 water and electricity used to obtain starch. Data regarding the starch aerogel production and its impregnation
 133 with TOC were collected directly from the production site, thanks to a Southern Italy processor, which uses
 134 supercritical carbon dioxide based processes in the attainment of aerogel and in the impregnation process.
 135 The electricity consumptions in each step of the process were evaluated considering the different
 136 constituents of the plants. Background inventory data, consisting in the production of chemicals, fertilizers,
 137 and electricity (Italian energy mix) were taken from the Ecoinvent 3.4 database. All the data were organized

138 in tables constituting the inventory through mass and energy balances made on each step of the production
 139 process. The resulting inventory for the inputs and outputs of the different main steps is shown in Table 2.

140 *Table 2: Life cycle inventory of the main inputs and outputs for starch aerogel production, and tocopherol impregnation on starch*
 141 *aerogel with respect to 120 mg tablet.*

Production Phase	Input/Output	Unit	
Agricultural	Water	m ³	2.25E-03
	Diesel	kJ	2.86E+01
	Fertilizers	g	5.61E-01
	Electricity	kJ	8.97E+00
Transportation	Starch	g	6.87E-02
	Transport by truck	tkm	3.25E-04
Gelatinization step	Starch	g	6.87E-02
	Water	g	3.89E-01
	Electricity	kJ	2.08E+00
Retrogradation step	Hydrogel	g	4.58E-01
	Electricity for cooling	kJ	2.49E-01
Alcogel 40 %	Hydrogel	g	4.58E-01
	Ethanol	g	3.62E-01
	Water	g	6.87E-01
	<i>Output</i>		
	Ethanol	g	2.83E-01
	Water	g	9.26E-01
Alcogel 100 %	Alcogel 40 %	g	2.98E-01
	Ethanol	g	9.05E-01
	<i>Output</i>		
	Ethanol	g	7.70E-01
	Water	g	2.29E-01
Drying	Alcogel 100 %	g	2.03E-01
	Carbon dioxide	g	7.28E+00
	Methane	g	3.73E-02
	Electricity	kJ	1.25E+02
	Electricity for cooling	kJ	2.74E+00
	<i>Output</i>		
	Carbon dioxide	g	7.28E+00
	Ethanol	g	9.83E-02
Impregnation	Aerogel	g	1.05E-01
	Carbon dioxide	g	5.05E-02
	α-tocopherol	g	1.50E-02
	Methane	g	3.60E-01
	Electricity	kJ	1.05E+00
	Electricity for cooling	kJ	4.21E-02
	<i>Output</i>		
	Impregnated aerogel	g	1.20E-01
	Carbon dioxide	g	5.05E-02

142 3.3 Impact assessment

143 The elaboration of the inventory data was performed through the LCA software SimaPro 8.5.2 (PRÉ
 144 Consultants, 2018) in agreement with the reference standard for LCA (i.e. ISO 14040-14044). ReCiPe method
 145 [40] was used to aggregate the inventory results first in terms of 18 midpoint categories and, then, in terms
 146 of damages to human health, ecosystem diversity and resource availability (endpoint). The list of the impact
 147 categories at midpoint and endpoint level assessed in the present study is shown in the first column of Table

148 3. In the second and third column of Table 3, the impact categories' acronyms and the units in which they
 149 are measured are reported. ReCiPe method proposed three cultural perspectives, representing choices on
 150 time or on expectations linked to the development of future technologies that should avoid future damages:
 151 the "individualist" is a short term optimistic perspective, the "hierarchical" is a consensus model, and the
 152 "egalitarian" is a long term perspective based on precautionary principle thinking [40]. The chosen time
 153 perspective in this study is the hierarchical (H), which is based on the most common policy principles
 154 concerning time-frame and is the most balanced one.

155 *Table 3: Environmental impact categories with their respective acronyms and units and impact assessment at midpoint*
 156 *level with respect to 120 mg tablet.*

Impact category	Acronym	Unit	Impact assessment
<i>Midpoint level</i>			
Climate change	CC	kg CO ₂ eq	2.53E-02
Ozone depletion	OD	kg CFC-11 eq ¹	2.37E-09
Terrestrial acidification	TA	kg SO ₂ eq	1.25E-04
Freshwater eutrophication	FE	kg P eq	8.99E-06
Marine eutrophication	ME	kg N eq	1.42E-05
Human toxicity	HT	kg 1,4DCB eq ¹	8.14E-03
Photochemical oxidant formation	POF	kg NMVOC ¹	9.01E-04
Particulate matter formation	PMF	kg PM ₁₀ eq	4.01E-05
Terrestrial ecotoxicity	TET	kg 1,4DCB eq ¹	1.10E-05
Freshwater ecotoxicity	FET	kg 1,4DCB eq ¹	8.37E-04
Marine ecotoxicity	MET	kg 1,4DCB eq ¹	7.39E-04
Ionising radiation	IR	kBq U235 eq ¹	3.33E-03
Agricultural land occupation	ALO	m ² x yr	3.15E-03
Urban land occupation	ULO	m ² x yr	2.65E-04
Natural land transformation	NLT	m ²	3.07E-06
Water depletion	WD	m ³	5.12E-04
Mineral resource depletion	MRD	kg Fe eq	1.10E-03
Fossil fuel depletion	FD	kg oil eq	7.24E-03
<i>Endpoint level</i>			
Human health	HH	DALY ¹	
Ecosystem diversity	ED	species.yr	
Resource availability	RA	\$	

157 ¹CFC-11: Chlorofluorocarbon; 1,4DCB: 1,4 dichlorobenzene; NMVOC: Non Methane Volatile Organic Carbon compound; U235:
 158 Uranium 235; DALY: disability-adjusted life years; species.yr: loss of species during a year; \$: increased cost.

159 4. Results and discussion

160 4.1 Environmental analysis of aerogel + TOC formation

161 The environmental analysis of the production of starch aerogel loaded with TOC was performed in terms of
 162 ReCiPe midpoint categories. The analysis was performed considering the production of a 120 mg tablet
 163 containing the 15 mg daily therapeutic dose of vitamin E; the results of the impact assessment due to the
 164 cradle-to-factory gate production are reported in the last column of Table 3.

165 In order to identify the processing steps that generate the higher impact, an in-depth analysis was performed.

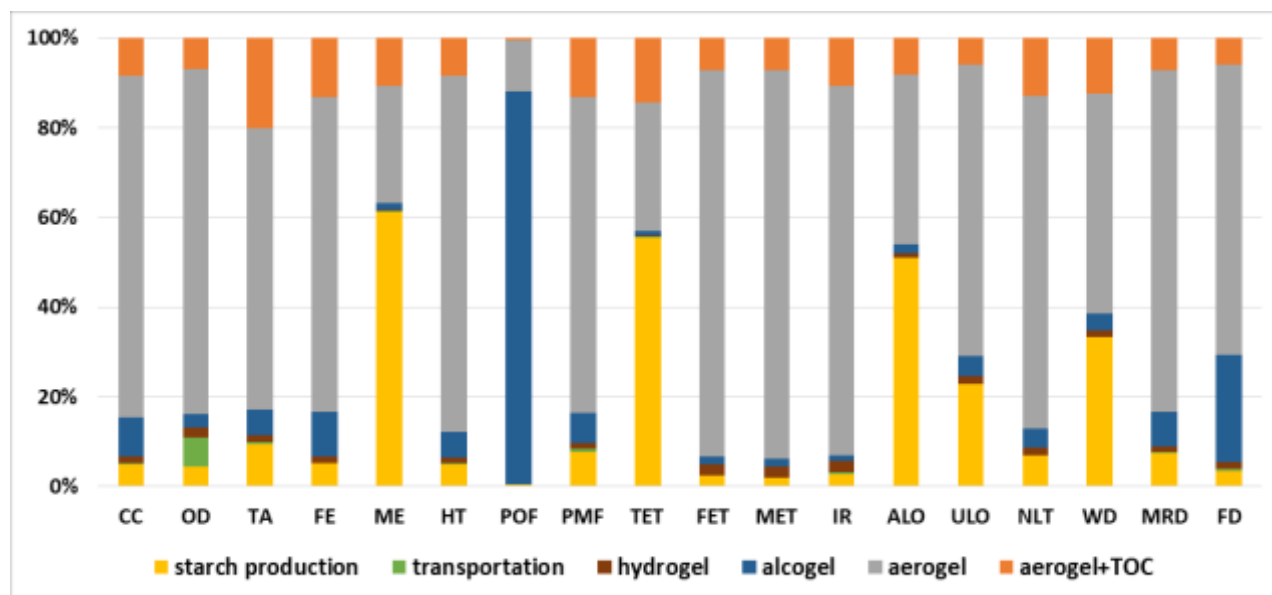
166 The impact assessments at midpoint level related to each stage of the process are reported in Table 4.

167 *Table 4: Impact assessment at midpoint level with respect to 120 mg tablet.*

Impact category	corn cultivation	conversion to starch	transportation	hydrogel	alcogel	aerogel	TOC impregnation
CC	4.17E-04	4.68E-04	7.24E-05	2.65E-04	1.59E-03	2.10E-02	1.54E-03
OD	2.17E-11	4.64E-11	9.95E-11	3.19E-11	4.56E-11	2.02E-09	1.05E-10
TA	4.07E-06	4.37E-06	5.27E-07	1.28E-06	5.24E-06	9.08E-05	1.83E-05
FE	1.68E-07	1.83E-07	2.00E-10	8.81E-08	6.71E-07	7.00E-06	8.74E-07
ME	2.20E-06	5.60E-06	3.06E-08	5.41E-08	1.70E-07	4.78E-06	1.37E-06
HT	1.02E-04	1.98E-04	9.31E-06	8.13E-05	3.39E-04	6.91E-03	4.98E-04
POF	1.38E-06	1.52E-06	9.75E-07	5.93E-07	7.16E-04	1.11E-04	3.43E-06
PMF	1.13E-06	1.17E-06	2.19E-07	3.83E-07	1.98E-06	3.13E-05	3.91E-06
TET	3.32E-06	2.23E-06	9.29E-09	3.81E-08	9.45E-08	3.86E-06	1.45E-06
FET	5.67E-06	6.38E-06	3.82E-08	1.28E-05	7.95E-06	7.68E-04	3.62E-05
MET	3.62E-06	4.92E-06	9.32E-08	1.12E-05	7.88E-06	6.79E-04	3.21E-05
IR	1.70E-05	3.97E-05	1.13E-05	4.79E-05	2.79E-05	2.97E-03	2.17E-04
ALO	4.71E-04	7.90E-04	0.00E+00	2.54E-05	4.93E-05	1.61E-03	2.01E-04
ULO	2.48E-05	1.86E-05	0.00E+00	2.86E-06	8.74E-06	1.99E-04	1.13E-05
NLT	7.23E-08	7.99E-08	0.00E+00	3.38E-08	9.28E-08	2.51E-06	2.81E-07
WD	1.11E-04	1.27E-05	5.03E-07	5.21E-06	1.42E-05	3.21E-04	4.62E-05
MRD	1.92E-05	4.42E-05	3.10E-06	9.13E-06	6.80E-05	8.95E-04	6.13E-05
FD	8.07E-05	1.03E-04	2.49E-05	7.45E-05	1.27E-03	5.37E-03	3.12E-04

168 The relative contributions of the different stages of the complete process are reported in Figure 3, where the

169 corn cultivation and its conversion into starch were grouped in the “starch production” stage.



170
171 *Figure 3. Relative contributions of the different stages with respect to the overall impact.*

172 The contribution of each production stage on the midpoint impact categories may be immediately visualized

173 in the heat map reported in Table 5, where the cell colors (and the fonts) are assigned based on the value of

174 the impact. The color scale is green to yellow to red, with low contribution to the impact getting the green
 175 color (italic) and high contribution to the impact getting the red color (bold).

176 *Table 5. Heat map of the process stages with respect to the overall impact.*

impact category	starch production	transportation	hydrogel	alcogel	aerogel	aerogel+TOC	entire process
Climate change	3.5%	0.3%	1.0%	6.3%	55.1%	6.1%	100%
Ozone depletion	2.9%	4.2%	1.3%	1.9%	49.6%	4.4%	100%
Terrestrial acidification	6.8%	0.4%	1.0%	4.2%	45.5%	14.7%	100%
Freshwater eutrophication	3.9%	0.0%	1.0%	7.5%	51.9%	9.7%	100%
Marine eutrophication	54.9%	0.2%	0.4%	1.2%	23.5%	9.6%	100%
Human toxicity	3.7%	0.1%	1.0%	4.2%	58.4%	6.1%	100%
Photochemical oxidant formation	0.3%	0.1%	0.1%	85.8%	11.4%	0.4%	100%
Particulate matter formation	5.7%	0.5%	1.0%	4.9%	52.7%	9.8%	100%
Terrestrial ecotoxicity	50.5%	0.1%	0.3%	0.9%	25.8%	13.2%	100%
Freshwater ecotoxicity	1.4%	0.0%	1.5%	0.9%	51.3%	4.3%	100%
Marine ecotoxicity	1.2%	0.0%	1.5%	1.1%	51.7%	4.4%	100%
Ionising radiation	1.7%	0.3%	1.4%	0.8%	51.0%	6.5%	100%
Agricultural land occupation	40.0%	0.0%	0.8%	1.6%	29.8%	6.4%	100%
Urban land occupation	16.4%	0.0%	1.1%	3.3%	46.3%	4.3%	100%
Natural land transformation	5.0%	0.0%	1.1%	3.0%	52.5%	9.2%	100%
Water depletion	24.2%	0.1%	1.0%	2.8%	35.8%	9.0%	100%
Mineral resource depletion	5.8%	0.3%	0.8%	6.2%	59.3%	5.6%	100%
Fossil fuel depletion	2.5%	0.3%	1.0%	17.5%	46.9%	4.3%	100%

177 Observing Figure 3 and Table 5, it is evident that the contributions of starch transportation step and hydrogel
 178 formation step are negligible on all the ReCiPe midpoint categories. The corn cultivation and its
 179 transformation into starch (grouped in the “starch production” column) are high in terms of marine
 180 eutrophication (54.9 %), terrestrial ecotoxicity (50.5 %) and agricultural land occupation (40.0 %). The alcogel
 181 production has a high contribution (85.8 %) on photochemical oxidant formation, because of the high
 182 quantity of ethanol used in solvent exchanges to transform the hydrogel in alcogel. The supercritical drying

183 (aerogel formation) is the major contributor to all the midpoint categories, with an exception for ME, POF,
184 TET and ALO. The supercritical impregnation of TOC onto the aerogel has an appreciable contribution (at
185 least 5 %) in terms of all the categories with an exception for OD, POF, FET, MET, ULO and FD. In both the
186 supercritical based processes, the emissions are due to the high consumption of electrical energy, mainly
187 related to the condensation and recycling of carbon dioxide.

188 *4.2 Scenario analysis and improved solution*

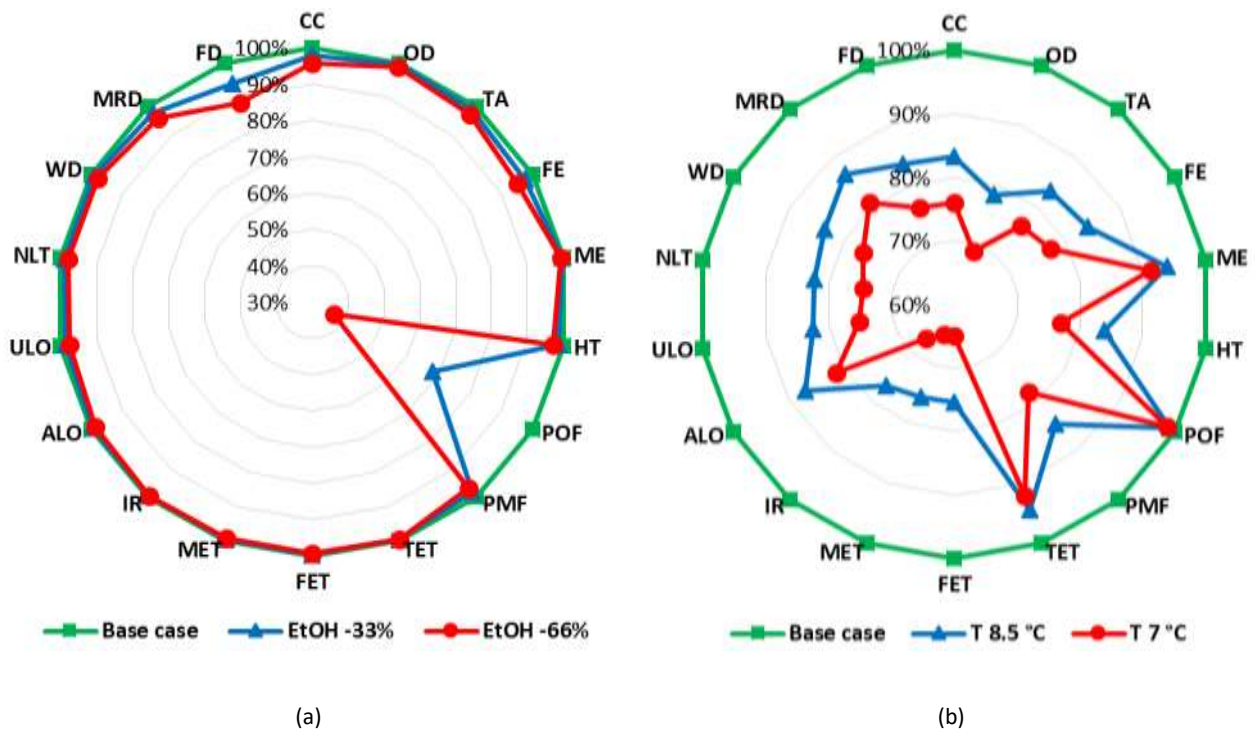
189 Considering that the emissions on some impact categories may be reduced if proper industrial choices are
190 made, a scenario analysis is proposed. The possible interventions on the early stages of the process (starch
191 production) were not taken into account, considering that those stages are not responsibility of the TOC
192 charged aerogel processor. Drying pressure, temperature and time modifications were not considered,
193 because these variables were chosen in order to optimize the attainment of the porous structure of the
194 aerogel [36]. Moreover, the effect of the reduction of the impregnation time was not investigated, because
195 in correspondence of the chosen time, the maximum amount of α -tocopherol was impregnated onto the
196 starch aerogel [21].

197 The proposed scenario analysis considers: (a) the possibility of recycling (in the alcogel formation stage) part
198 of the ethanol; (b) the reduction of the consumption due to the carbon dioxide condensation.

199 Therefore, different scenarios were proposed, considering:

- 200 • the recovery of part of the ethanol (33 or 66 %) from the water/ethanol mixture using a rotary
201 evaporator, with the consequent reuse of the organic solvent in the alcogel formation step;
- 202 • the use of cooling water at a lower temperature (8.5 or 7 °C), considering the withdrawal of the water
203 from the well at different depths.

204 The results of the scenario analysis are shown in the radar charts in Figure 4.



205 Figure 4: Scenario analysis at midpoint level: (a) different amount of the recycled ethanol; (b) different temperatures of
 206 the cooling water.

207 It is evident from Figure 4a that the recycling of ethanol drastically reduced the emissions in terms of
 208 photochemical oxidant formation (POF). Indeed, the environmental impact due to this category is strictly
 209 related to the presence of volatile organic compounds (VOCs) that, in presence of nitrogen oxides (NOx),
 210 formed through a photochemical oxidation tropospheric ozone (O₃), which is a toxic air pollutant and
 211 greenhouse gas [41]. Reducing the amount of organic solvents, the VOCs and therefore the tropospheric O₃
 212 formation is deeply reduced.

213 It is possible to observe from Figure 4b that the water supply at different well depths; i.e., at different
 214 temperatures, lowered the emissions in terms of all the ReCiPe midpoint categories.

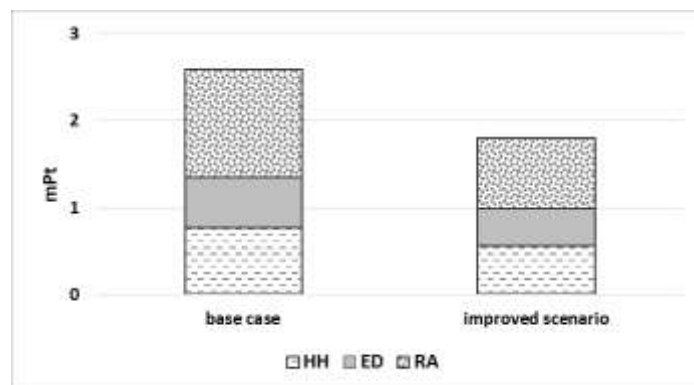
215 On the basis of the performed analysis, an improved scenario is proposed, considering the recycling of the
 216 66 % of ethanol and the use of cooling water at 7 °C. In Table 6, the emissions at midpoint level of this
 217 improved scenario and its comparison with the base case (use of not recycled ethanol and cooling water at
 218 10 °C) are reported.

219 Table 6. Impact assessment at midpoint level of the improved scenario ant its comparison with the base case. Data are
 220 referred to the production of a 120 mg SA tabled impregnated with TOC.

Impact category	Base case (a)	Improved scenario (b)	Emissions' reduction with respect to the base case $\frac{(b - a)}{a} \times 100$
CC	2.53E-02	1.82E-02	-28.3%
OD	2.37E-09	1.61E-09	-32.3%
TA	1.25E-04	9.14E-05	-26.6%
FE	8.99E-06	6.51E-06	-27.6%
ME	1.42E-05	1.28E-05	-9.6%
HT	8.14E-03	6.03E-03	-25.9%
POF	9.01E-04	3.18E-04	-64.7%
PMF	4.01E-05	2.99E-05	-25.4%
TET	1.10E-05	1.01E-05	-8.6%
FET	8.37E-04	5.38E-04	-35.8%
MET	7.39E-04	4.75E-04	-35.7%
IR	3.33E-03	2.21E-03	-33.7%
ALO	3.15E-03	2.53E-03	-19.7%
ULO	2.65E-04	1.93E-04	-27.2%
NLT	3.07E-06	2.23E-06	-27.5%
WD	5.12E-04	3.82E-04	-25.4%
MRD	1.10E-03	8.44E-04	-23.3%
FD	7.24E-03	4.67E-03	-35.5%

221 It is evident that the use of the improved scenario allows an appreciable reduction of the impacts on all the
 222 ReCiPe midpoint categories.

223 Finally, the environmental impacts were grouped and normalized, according to the ReCiPe method,
 224 considering the damage at the endpoint level; i.e., in terms of damage to human health (HH), to ecosystem
 225 diversity (ED) and to resource availability (RA). The comparison between the base case and the proposed
 226 improved scenario is reported in Figure 5.



227
 228 Figure 5: Environmental impact according to the normalised ReCiPe damage categories (millipoint, mPt).

229 It is possible to observe that the improved solution generated a reduction of the environmental impact equal
230 to 27.5 % in terms of human health (HH), 25.8 % in terms of ecosystem diversity (ED) and 34.7 % in terms of
231 resource availability (RA) with respect to the base case.

232 **5. Conclusions and perspectives**

233 In this study, we performed a LCA analysis regarding the production of starch aerogel loaded with α -
234 tocopherol.

235 Besides, the cradle-to-factory gate LCA analysis provided quantitative information of the environmental
236 performance of the process, showing that the major contributors to the environmental impact are
237 agricultural stages, alcogel formation and both the supercritical carbon dioxide based processes.

238 The scenario analysis demonstrated that the emissions related to the alcogel formation step may be reduced
239 recycling the ethanol and that the emissions due to the supercritical processes may be reduced varying the
240 conditions of carbon dioxide condensation. An improved solution was proposed, obtaining a global reduction
241 of the impact with respect to the base case equal to 30.6 %.

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