

# STANDARDISED FRICTION DAMPER BOLT ASSEMBLIES TIME-RELATED RELAXATION AND INSTALLED TENSION VARIABILITY

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## ABSTRACT

The sliding hinge joint is a type of low-damage seismic resistant connection equipped with a bolted friction damper at the bottom beam flange. To accurately control its flexural resistance, it is critical to govern the bolts' preload which depends on complex issues related to the installation procedure, and the short- and long-term phenomena. Despite the influence of these factors on the initial and life-time behaviour of bolts, currently, little information exists. Nevertheless, a statistical characterisation of the variability of the preloading force (initial and during the life-time) would be needed, in order to develop reliable design guidelines for these connections.

Within this framework, this paper examines experimentally, the variability of the preloading force of European bolt assemblies applied in friction dampers, through continuously monitoring the preloading at installation over a period of time. This was done to analyse the accuracy of the standardised installation procedures and the rate of loss of the initial tension over time. The tests have evidenced a higher accuracy of the torque method, highlighting some criticisms of the combined method which, conversely, proved to be inaccurate as currently codified. The short- and mid-term tests have shown that the estimated loss after 50 years, in case of assemblies with normal washers or with European standardised disc springs is, on average, equal to 10% and 27%, respectively. Additionally, in all the cases, the greatest part of the total loss ( $\cong 70\%$ ) occurred in just 30 days, highlighting that time-dependent phenomena are mainly concentrated in the first days after tightening.

*Keywords: Friction damper, tightening procedures, loss of preloading, bolted connections, disc springs*

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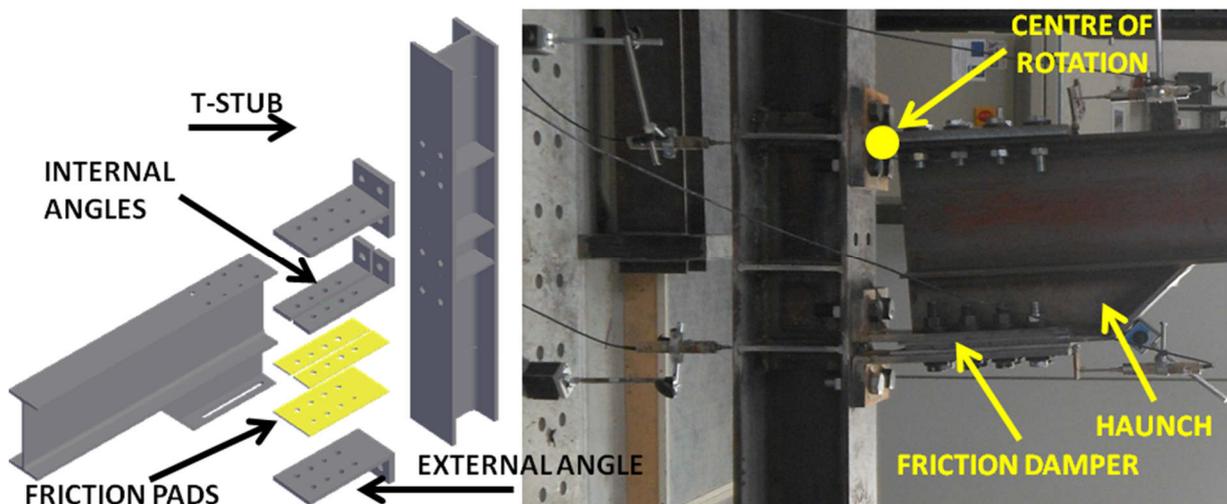
## 1. INTRODUCTION

Eurocodes provide to design structures to guarantee minimum performance levels under a set of design load combinations [1,2]. Typically, design procedures are based on checks for Serviceability Limit States (SLS) (related to the most frequent load combinations occurring during the life-time of the structure) and Ultimate Limit States (ULS) where, the structure, in case of the occurrence of rare load combinations (such as those related to seismic events with high return period), can be designed to dissipate energy in selected zones.

In case of steel Moment Resisting Frames (MRFs), according to the design procedures suggested by EC8 [3], the energy dissipation can be concentrated both in beams ends or in joints. In the former case, the design is aimed at promoting the formation of plastic zones in beams through the adoption of full-strength joints and over-strength columns while [4-7], conversely, in the latter case, the joints are designed to transfer to the columns only a part of the bending moment through the adoption of partial-strength joints [3,8,9]. Independently from the adoption of one or another design strategy, the main drawback of the traditional approaches is the need for the development of structural damage which, even though on one hand is used to preserve structural economy and human life, on the other hand represents also the main source of direct and indirect losses occurring in case of rare seismic events. Over the past decades, several strategies have been proposed in order to solve this issue. Among these, supplemental energy dissipation systems have been suggested, attempting to reduce structural damage, and proposing to concentrate energy dissipation in replaceable devices [10]. Nevertheless, even though supplementary energy dissipation design strategies can concentrate the greatest part of damage in specific fuses, the structural damage cannot be completely avoided because, to activate the seismic devices, adequate sway displacements, typically leading to the plastic engagement of the structure, are still needed.

In order to overcome these issues, recently, alternative low-damage strategies, based on the inclusion of friction dampers in the connections of MRFs, have been proposed. One of the first connections applying these principles was initially developed by Grigorian et al. in 1993 [11], providing pioneering studies on slotted bolted connections with friction interfaces made of mill scale steel or mill scale steel and brass. Following these initial works, many other studies have been carried out, especially in New Zealand, developing a further generation of friction connections, the so-called Sliding Hinge Joints (SHJ) which also help to keep any additional costs of the innovative solution to a minimum. These are characterised by extremely simple

75 details based on the inclusion of Asymmetric Friction Connections (AFC) at the beam bottom  
76 flange, with shims made of mild steel, aluminium, brass or – in the most recent versions –  
77 abrasion-resistant steel (e.g. [12-18]). Similar solutions have also been recently patented in  
78 Japan [19], extending a previous concept of a friction-bolted slotted anti-seismic damper [20].  
79 More recently, also in the European framework, similar solutions have been proposed  
80 suggesting new layouts, in which the friction damper is realised with steel angles and an  
81 additional haunch, welded or bolted to the beam bottom flange [21,22]. This layout, although  
82 probably not as simple as the SHJ, provides the possibility to realise the whole damper as a  
83 separate element in the shop (the haunch is represented in Fig.1, which can be produced and  
84 bolted on site to the beam), allowing, in this way, a better control on the materials' quality  
85 (e.g. higher control of the surface conditions, continuous factory controls on the production,  
86 control on the employed bolts' quality), and on the application of rigorous bolts installation  
87 procedures complying with the relevant European standards. The typical beam-to-column  
88 joint, recently proposed in Europe for application in semi-continuous steel Moment Resisting  
89 Frames (MRFs), represents an alternative to the classical bolted connections, consisting in a  
90 modification of the detail of a Double Split Tee joint (DST) where, in place of the bottom Tee, a  
91 bolted friction connection is realised with a slotted haunch slipping on friction shims pre-  
92 stressed with high strength bolts (Fig.1). All these elements, practically, realise at the bottom  
93 beam flange a Symmetrical Friction Connection (SFC). Adopting such a type of detail, under  
94 seismic actions, the beam is forced to rotate around the pin located at the base of the upper T-  
95 stub web and the energy dissipation is provided by the alternate slippage of the lower beam  
96 flange on friction shims (Fig.1). This detail is beneficial in isolating floor slab contribution and  
97 preventing frame elongation.



98 **Fig. 1** – Typical layout of the connection studied in [21, 22]  
99

100 This connection, similarly to the SHJ, is intended to behave as rigid under SLS, and to allow  
101 beam-to-column inelastic rotation at the ULS. Additionally, through the application of proper  
102 hierarchy criteria, both at the global and local level, it can be easily designed to be the only  
103 source of energy dissipation of the whole structure. The typical design of these connections  
104 should follow these conceptual steps:

- 105 1) **Design of the friction damper** for the actions deriving from the ULS load  
106 combinations. The dampers, in order to avoid the plastic engagement of the beam,  
107 should be designed in order to develop a flexural resistance of the connection  
108 corresponding at most to the plastic resistance of the beam;
- 109 2) **Design of the non-dissipative parts of the connection**, accounting for the  
110 maximum over-strength due to random variability of the friction material. It is  
111 worth noting that the component of the over-strength related to the material  
112 strain-hardening is negligible, because the friction damper is characterised by a  
113 rigid-plastic response. Additionally, in terms of stiffness, being the slip resistance of  
114 the friction damper uncoupled from the stiffness of the connection, the joints  
115 elements can be designed to achieve a full rigidity, with a clear advantage with  
116 respect to the classical semi-continuous design for the serviceability limit state  
117 checks [3,8];
- 118 3) **Design of columns** by means of the adoption of the classical standardised  
119 procedures (e.g. EC8) or even by means of more advanced design procedures, such  
120 as the Theory of Plastic Mechanism Control (TPMC) [23]. Accurate procedures, such  
121 as the TPMC, are able to assure the development of a failure mechanism of global  
122 type and the reduction of structural damage occurring in steel members, to zero.

123 Within this framework, it is clear that the capacity design of all the structural parts depends  
124 on the definition of the sliding resistance of the damper. In order to govern the bending  
125 strength of the joint and to control the resistance hierarchy of the whole structure, it is critical  
126 to characterise two main parameters: the friction coefficient of the interface, and the bolts  
127 forces at installation and during the life-time of the connection. Clearly, the friction  
128 coefficients – static (to be used in serviceability limit state design) or dynamic (to be used in  
129 ultimate limit state design) – of the friction devices depend on the materials employed to  
130 realise the dissipative interface and, specifically, they depend on the tribological properties of  
131 the shims (micro and macro hardness, shear resistance, roughness, superficial finishing, etc.)  
132 used in the damper. This topic has already been subject of studies by several research groups

133 worldwide [24-27] and it is currently in phase of study by the authors, who are providing a  
134 statistical characterisation of the friction coefficient values for several possible materials,  
135 defining upper and lower bound regression models able to provide the friction coefficient as a  
136 variable dependent on the cumulative travel [28,29]. These models can be used to define to  
137 design values of the friction coefficient under different load combinations (Serviceability  
138 (SLS) and Ultimate Limit State (ULS) design). A possibility for the friction sliding design could  
139 be to adopt the lower bound value of the dynamic CoF (Coefficient of Friction) to design the  
140 damper at ULS, the upper bound value of the static CoF to design the non-dissipative parts of  
141 the structure and the lower bound of the static CoF to design the joint under SLS load  
142 conditions. Alternatively, the nominal capacity of the damper could be designed adopting the  
143 average CoF using lower bound and upper bound values of the static CoF to determine  
144 strength reduction and overstrength factors.

145 Conversely, the bolt preloading force, after installation and during the life-time of the  
146 connection, aside from the procedure applied to tighten, depends on many complex  
147 phenomena involving: i) embedment relaxation, ii) bolt creep, iii) vibrations, iv) elastic  
148 interactions, and v) differential thermal expansions [30-36]. These effects are usually  
149 influenced by phenomena not easy to predict by means of a deterministic modelling, such as  
150 the velocity of application of the pre-load with the torque wrench, the tightening procedure,  
151 the crushing of micro-spots of the steel plates under the bolt head or nut and the creep of the  
152 coating materials and, therefore, to be quantified, need to rely on experimental investigation.  
153 Dealing with the tightening procedures, EN 1090-2 [37] currently recommends four different  
154 methods for the installation of High Strength bolts (both of HR or HV type) in friction bearing  
155 connections (torque method, combined method, HRC, DTI). These methods are calibrated and  
156 checked only for traditional friction connection. Therefore, to extend their validity also to AFC  
157 or SFC dampers, they need a preliminary experimental study. In fact, while the classical  
158 friction connections are realised, all with steel plates uncoated or coated with paintings or  
159 zinc, in case of friction joints such as those herein described, the bolts are used to pre-stress  
160 particular types of friction shims with possible differences in terms of initial or long-term  
161 response.

162 The paper has two main objectives. The first one is to assess the accuracy of some of the  
163 European standardised tightening procedures on sub-assemblies of symmetrical friction  
164 dampers. The second one is to assess the possible influence of time-related effects on the  
165 initial bolt tension, with specific tests carried out for periods of time, extending up to one

166 month. This duration has been sufficient in almost all cases to determine the tangent of the  
167 displacement-log time curve allowing, therefore, to extrapolate the data according to a  
168 procedure similar to that suggested by EN 1090-2 for creep tests. In addition, the efficiency of  
169 the only European standardised type of Belleville spring washer (which complies to DIN 6796  
170 [38]) in maintaining the preloading of the bolt assemblies constant during the life-time, is  
171 assessed. In order to analyse all these aspects, an experimental analysis regarding 84  
172 tightening tests on specimens of friction dampers is presented. All the specimens have been  
173 tested measuring with annular load cells the force applied to the bolts, in order to evaluate the  
174 initial achievement of the target preload adopting one of the standardised tightening  
175 procedures. Additionally, in 26 cases, the loss of preload occurring over a period of time has  
176 also been monitored. The additional loss of preloading, induced by the alternate slippage of  
177 the connection occurring in case of rare seismic events, has been neglected in this work. This  
178 is being evaluated in another separate research regarding the behaviour of sub-assemblies of  
179 friction dampers subjected to low velocity and high velocity cyclic loads [29]. The obtained  
180 results are hereinafter critically discussed, proposing, at the end, a statistical characterisation  
181 and a regression study of the loss of preloading in order to provide a simple tool for design.

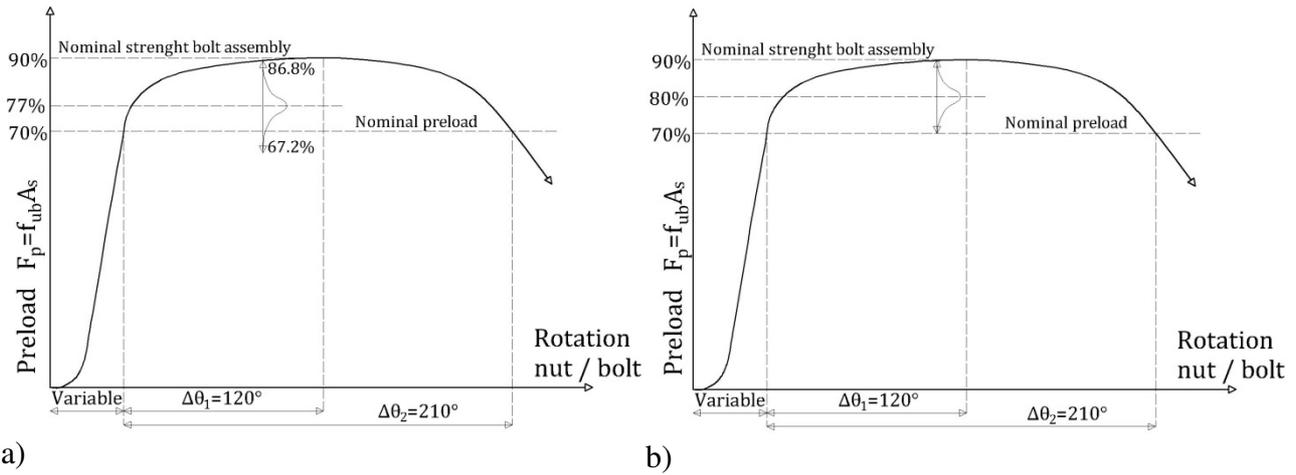
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## 183 **2. TIGHTENING PROCEDURES ACCORDING TO EN 1090-2**

184 EN 14399 [39], EN 898-1 [40] and EN 15048 [41] identify the different types of bolts to be  
185 used in steel structures as well as their geometrical and mechanical features. European bolt  
186 classes are divided into two macro-categories depending on the type of assembly: pre-  
187 loadable assemblies of HV, HR, and HRC type, and standard assemblies (SB) for normal  
188 connections. Dealing with the first category, for friction bearing connections, EN 1090-2 [37]  
189 introduces four different methods to tighten bolts: torque, combined, HRC, and DTI.

190 The **torque method** is, basically, a force control (torque control) procedure, and it is divided  
191 into two steps. During the first step, 75% of the torque reference value (i.e.  $T_r=0.7A_b f_{ub} k d$ ,  
192 where  $A_b$  is the bolt's net area,  $f_{ub}$  is the ultimate stress of the bolt's material,  $d$  is the bolt's  
193 nominal diameter and  $k$  is a constant depending on the bolt's assembly) is applied to all the  
194 bolts of the connections. During the second step, the torque is increased to the 110% of the  
195 torque reference value in all the bolts of the connection. This increase of the 10% of the  
196 tightening with respect to the nominal value is implicitly aimed at achieving a target mean  
197 preload equal to  $(1+1.65V_k) \times 0.7A_b f_{ub}$ , being  $V_k$  the coefficient of variation, assumed by the code

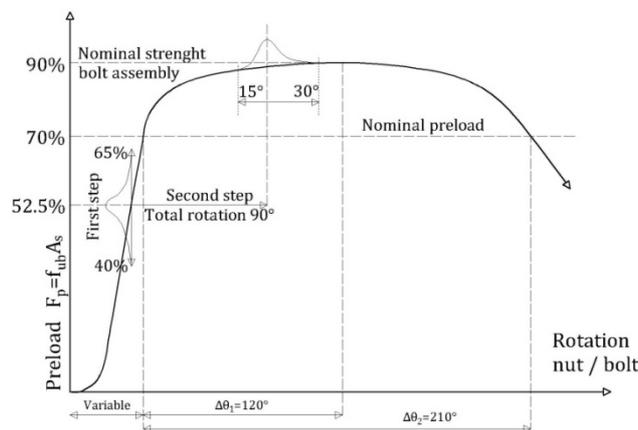
198 as equal to 0.06 (see clause 8.5.3 of [37]). Therefore, the increment of the 10% is meant to  
199 consider the random variation of the bolts tightening in order to guarantee contemporarily  
200 that the 5% fractile of the pre-load (lower bound value) is higher than the nominal preload  
201 ( $0.7A_{bfub}$ ), and that the 95% fractile (upper bound value) is lower than the bolt's nominal  
202 tensile strength ( $0.9A_{bfub}$ ) (Fig.2a). The first condition is to assure that the actual preload in  
203 the assembly is higher than the design value, the second one, to guarantee that the applied  
204 tightening torque does not exceed the bolt yield strength. Nevertheless, even though this is  
205 the aim of the code, it is easy to verify that, as already demonstrated by Berenbak [28], the  
206 torque method, as currently codified, is not able to assure the minimum 95% reliability  
207 required by EC0 [1]. In fact, the adoption of a coefficient of variation for the bolt assemblies  
208 equal to 0.06 [28] does not lead to the needed reliability due to the influence of other random  
209 effects that should be considered in design. In fact, aside from the random variation of the k-  
210 factor, equal to 0.06, there are other random parameters that influence the estimate of  $k$ ,  
211 namely the accuracy of the bolt measuring device used in the k-test ( $\pm 0.02$ ) and its  
212 repeatability ( $\pm 0.01$ ), the accuracy of the bolt torque measurer used in the k-test ( $\pm 0.01$ ) and  
213 its repeatability and the accuracy of the torque wrench used to apply the preload which, as  
214 required by the EN 1090-2, for the torque method, must be at most equal to the  $\pm 4\%$ . All these  
215 factors, if combined with the maximum coefficient of variation allowed for bolt assemblies  
216 (0.06), would lead to a combined value of the coefficient of variation equal to 0.077. Due to  
217 this, it could be verified with simple calculations that when a target mean value of  $1.1 \times 0.7A_{bfub}$   
218 is assumed, the reliability with respect to the upper bound value is guaranteed (98.6%), but it  
219 does not guarantee the reliability for the nominal preload which is only equal to the 88.2%  
220 (Fig.2a). It is worth noting that, in order to respect the minimum reliability of the 95% for  
221 both bound pre-load values, the torque procedure could be easily corrected, imposing a target  
222 mean value equal to  $0.8A_{bfub}$  [42] (Fig.2b). Additionally, it must be underlined that the torque  
223 method, relying on a pre-qualification of the bolts based on the so-called k-test (the test used  
224 to determine the correlation factor between torque and pretension), needs to be applied only  
225 on bolts which are exactly in the same conditions of the tested bolts. Therefore, they must  
226 have no rust or dust in the threads, and they must be in the same lubrication state. This  
227 requirement can be practically considered satisfied only if the installed bolts are delivered  
228 and taken from closed boxes and if, before installation, it is possible to verify that the nut is  
229 able to turn freely through performing a free-nut turn check.



a) **Fig. 2** – Torque method. a) Current procedure with  $V_k=0.06$  and mean value equal to  $0.77f_{ub}A_b$  ; b) Improved procedure with mean value equal to  $0.80f_{ub}A_b$ .

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233 Conversely, the **combined method** is substantially a displacement-control (turn-of-the-nut  
234 control) procedure, divided into two phases: a first one equal to the first step of the torque  
235 method, and a second consisting in a controlled part-turn rotation of the nut determined as a  
236 function of the thickness of the assembly. This procedure, as opposed to the previous one, is  
237 able to provide a 100% reliability with respect to the minimum tightening force required,  
238 because the displacement control phase is meant to assure that the preloading force achieves  
239 the plastic branch of the pre-load/elongation curve. Nevertheless, as shown hereinafter, this  
240 procedure does not allow a clear control of the upper bound value of the preloading force and,  
241 in fact, can lead in many cases to the development of pre-loads higher than the bolt nominal  
242 tensile strength (Fig.3).



**Fig. 3** – Combined method, distribution preload according to EN 1090-2

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245 The **HRC system** is very different from the other methods because it requires a particular  
246 assembly and the employment of a special wrench equipped with two co-axial sockets that

247 react against each other to tighten the bolt. In this case, it is not necessary to calibrate the  
248 wrench because the maximum torque is determined by the strength of the splined end. In any  
249 case, the accuracy of this method also depends on the quality of the threads which must be  
250 checked prior to installation. Finally, the **Direct Tension Indicator** (DTI) method comprises  
251 the use of special washers with compressible nibs on one face that deform to indicate when  
252 the maximum preload has been reached. The tightening process is divided into two steps:  
253 during the first step, the bolt assembly is tightened until the nibs just begin to deform, while  
254 during the second step the bolt assembly is tightened until reaching the full compression of  
255 the protrusion.

256 This work seeks to evaluate the possibility to extend the two easiest procedures to symmetric  
257 friction dampers, namely the torque, and combined methods. These tightening methods can  
258 be applied using only HV or HR bolts. The HV and HR assemblies are very similar, and they  
259 can both be used for friction bearing connections. Their main difference is the shape of the  
260 threads and the height of the nut, which lead to a different failure mechanism under tension:  
261 in the HR system, the failure occurs in the bolt's threaded part, while in the HV system the  
262 failure occurs in the threads of the nut. This failure mode of the HV system is not typical in  
263 other countries but, nevertheless, represents the most common type of pre-loadable bolt  
264 assembly in Europe. Further discussions on this topic are reported in [43, 46].

265 From the point of view of the qualification procedures for bolts belonging to preloaded  
266 assemblies, the relevant European standards, EN 14399-3/4 [44,45], and EN 1090-2 [37],  
267 divide the bolts into three classes: K0 class (no requirements for the  $k$ -factor); K1 class  
268 (minimum 5 tests on bolts and  $0.10 \leq k_i \leq 0.16$ ); and K2 class (minimum 5 tests on bolts and  
269  $0.10 \leq k_m \leq 0.23$  with  $V_k \leq 0.10$ ). K2 bolts can be used for both, the combined and the torque  
270 method, assuming  $k = k_m$  (declared by manufacturer), while K1 bolts can be used only for the  
271 combined method. However, in this case, the value of the  $k$  coefficient is assumed equal to  
272 0.13 for the first tightening step (the mean value between 0.10 and 0.16), if not differently  
273 specified. It is worth noting that currently, the minimum requirements for the  $k$ -classes are  
274 poorly defined. In fact, as explained before, the torque method for a consistent application  
275 needs a maximum value of the coefficient of variation to be equal to 0.06 as required by EN  
276 1090-2 [37], while EN 14399 [44,45] allows the use of the torque method for bolts having a  
277 coefficient of variation up to 0.10. Hence, in order to fulfil both the requirements of EN 1090-2  
278 and EN 14399-3/4, bolts which are contemporarily complying with the requirements for K1  
279 and K2 classes with  $0.10 \leq k_i \leq 0.16$ ,  $0.10 \leq k_m \leq 0.16$ , with a coefficient of variation lower than

280 0.06 are currently available on the market. In the tests reported subsequently, bolt assemblies  
281 of this type have been used and their use is suggested, in general, for the application of the  
282 torque method.

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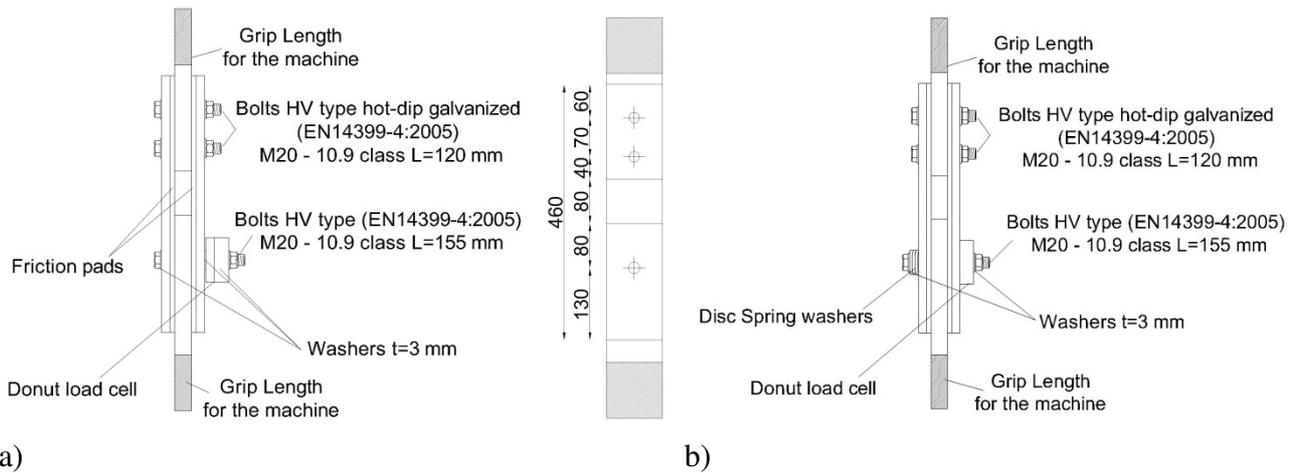
### 284 **3. TIGHTENING TESTS AND SHORT-TERM RELAXATION TESTS ON SFC SUB-ASSEMBLIES**

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#### 286 **3.1 Experimental layout**

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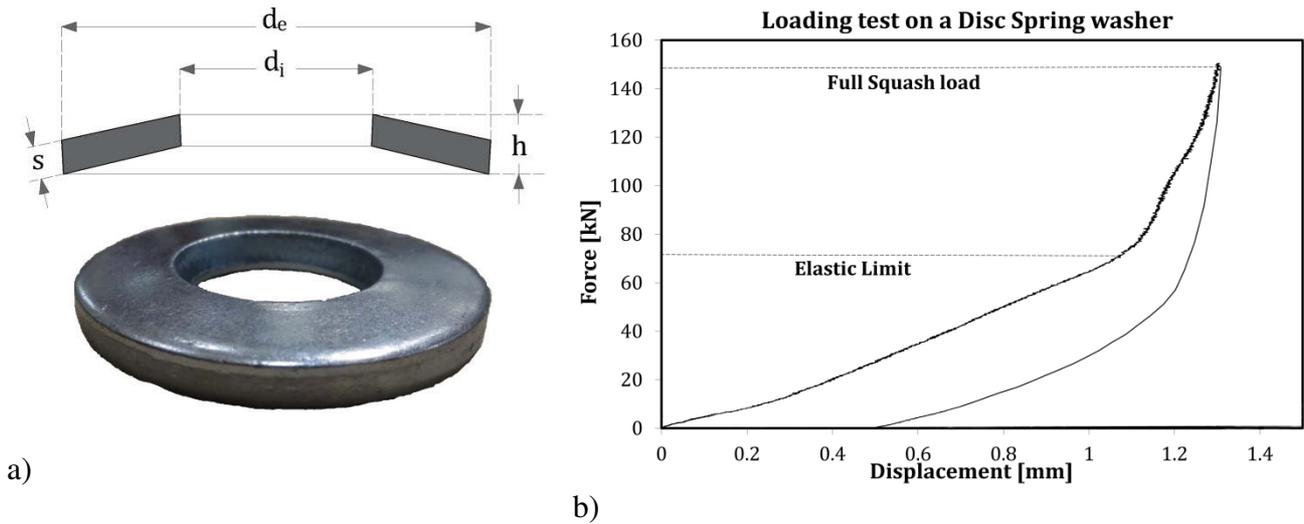
288 In order to evaluate the accuracy of the EN 1090-2 tightening procedures and the possible  
289 short- and mid-term loss of the initial tension of bolts installed in friction dampers, 58  
290 tightening tests on simple bolt assemblies and 26 relaxation tests were performed at the  
291 laboratory STRENGTH (STRuctural ENgineering Testing Hall) of the University of Salerno.  
292 The typical specimen adopted to evaluate the accuracy of the tightening procedures is a  
293 simple modification of the specimen suggested by EN 1090-2 [34] for slip tests adapted to the  
294 case of a SFC connection. It is constituted by 8 mm friction shims, realised with sand-blasted  
295 steel plates coated with three different coating materials, a couple of 15 mm hot-dip  
296 galvanised external steel plates and a couple of plates, one realised with S275JR steel and  
297 normal holes (upper part of the specimen, Fig.4) and the other realised with stainless steel  
298 and a slotted hole (steel equivalent to the AISI 304 [47], lower part of the specimen, Fig.4).  
299 The mild steel plates (made exception for the friction shims) are all hot-dip galvanized, while  
300 the internal stainless steel plate is untreated. The specimen is designed to be similar to the  
301 typical configuration of an SFC employed in SHJs recently tested and similar to the SFC  
302 reported in [21,22] (Fig.1). In fact, the stainless-steel plate simulates the internal plate of the  
303 haunch located under the bottom flange of the beam (Fig.1), while the external plates simulate  
304 the angles used to fasten the friction pads to the column. In the upper and lower part of the  
305 specimen two bolts and one bolt M20 10.9 HV have been used, respectively, to tighten the  
306 specimen. The bolts used in the experimental analysis are produced by SBE-Varvit S.p.A  
307 (Italy).



308 **Fig. 4** – Configurations adopted for the tightening tests. a) HV washers; b) HV + Disc Spring  
 309 washers.

310 The tests were performed measuring the preload applied, the tightening torque and the  
 311 rotation of the nut using specific devices. The tightening torque, applied through a hand  
 312 torque wrench calibrated according to EN 1090-2 [37] in order to reach the accuracy of +/-  
 313 4%, was also monitored, using a torque sensor FUTEK TAT430 with a maximum capacity  
 314 equal to 680Nm. Conversely, the preload applied to the bolts was measured through a donut  
 315 load cell, FUTEK LTH500, with maximum capacity of 222.4 kN located on the side of the bolt's  
 316 nut. Finally, to measure the rotation of the nut, a digital angle meter, USAG 831A, with a  
 317 tolerance of  $\pm 2\%$  was used.

318 The tested bolts are 10.9 class HV with size M20x155 mm with the following characteristics  
 319 certified by the manufacturer:  $k_m=0.119$  and  $V_k<0.06$ , so that they can be classified both as K2  
 320 or K1 class according to EN 14399-2 [48] and they can be tightened using the torque method  
 321 or the combined method, indifferently (EN 1090-2 [37]). Two different configurations have  
 322 been tested: one with standard flat washers (EN 14399-6 [49]) (Fig.4a) and another one with  
 323 flat and disc springs washers (DIN 6796 [38]) (Fig.4b). The normal flat washers have been  
 324 used also in the second case to comply with the value of the k-factor provided by the bolt's  
 325 manufacturer. The disc spring washers, also called Belleville, are conical washers made of  
 326 high strength steel, able to compress elastically, provided that they are properly pre-set, until  
 327 the full squash load [50]. Conversely, the standardised European disc spring washers  
 328 (complying to DIN 6796), which are not pre-set, provide an elastic behaviour until reaching a  
 329 threshold value beyond which they show a significant increase of stiffness (Fig.5).



330 **Fig. 5** – Disc Spring washers. a) Geometric features of a Disc Spring washer; b) Experimental  
 331 behaviour of a disc spring washer.  
 332

333 The aim of the introduction of these washers in SFC is to increase the axial deformability of  
 334 the bolt assembly in order to limit the loss of preload due to long-term relaxation, vibration,  
 335 and thermal effects [17, 18, 30-36, 51]. In fact, during the life-time of a friction connection,  
 336 when the bolts relax or the coatings of the friction shims creep, the disc washers act as  
 337 springs, pushing the bolt and restoring the preload force initially applied. The Belleville  
 338 springs can be assembled in different ways to create a system of desired stiffness. Usually, it is  
 339 possible to stack them one over the other, obtaining an increase of stiffness and resistance  
 340 proportional to the number of disc springs (parallel configuration); face-to-face, obtaining an  
 341 increase of the deformability proportional to the number of disc springs (series  
 342 configuration), or in groups of series and parallels. Preliminarily, in order to determine the  
 343 load-bearing capacity of the disc springs, a compression test has been performed highlighting  
 344 that the standardised European disc springs for M20 bolts are able to resist to a force of about  
 345 73 kN elastically, value beyond which they exhibit an increase of stiffness until complete  
 346 flattening (Fig.5b). Considering that the single disc spring can resist to 73kN, three disc  
 347 springs in parallel have been necessary to withstand the upper bound value of the tightening  
 348 force which, as explained before, may be at most equal to the bolt's yielding resistance (for  
 349 M20 bolts, class 10.9,  $245 \times 900 = 220.5$  kN). Therefore, in order to understand the influence of  
 350 the disc springs over the tightening procedure and the short- or mid-term relaxation, as an  
 351 alternative to the configuration with normal washers, a simple configuration composed of  
 352 three disc springs arranged in parallel has been considered. Obviously, this configuration is

353 selected only to provide a first comparison of the behaviour of normal flat washers and  
 354 standardised Belleville washers. Further experimental efforts should be, eventually, devoted  
 355 to understanding the influence of the configurations or of other disc springs typologies on the  
 356 short-term or long-term behaviour of the bolt assembly.

357

### 358 **3.2 Tightening tests**

359 The accuracy of the EN1090-2 tightening methods applied to SFC dampers has been verified  
 360 carrying out 36 tightening tests on bolt assemblies employing normal flat washers and 22  
 361 tightening tests on bolt assemblies employing also disc springs. The typology and number of  
 362 tests performed are summarised in Table 1.

363

*Table 1. Tightening tests' list.*

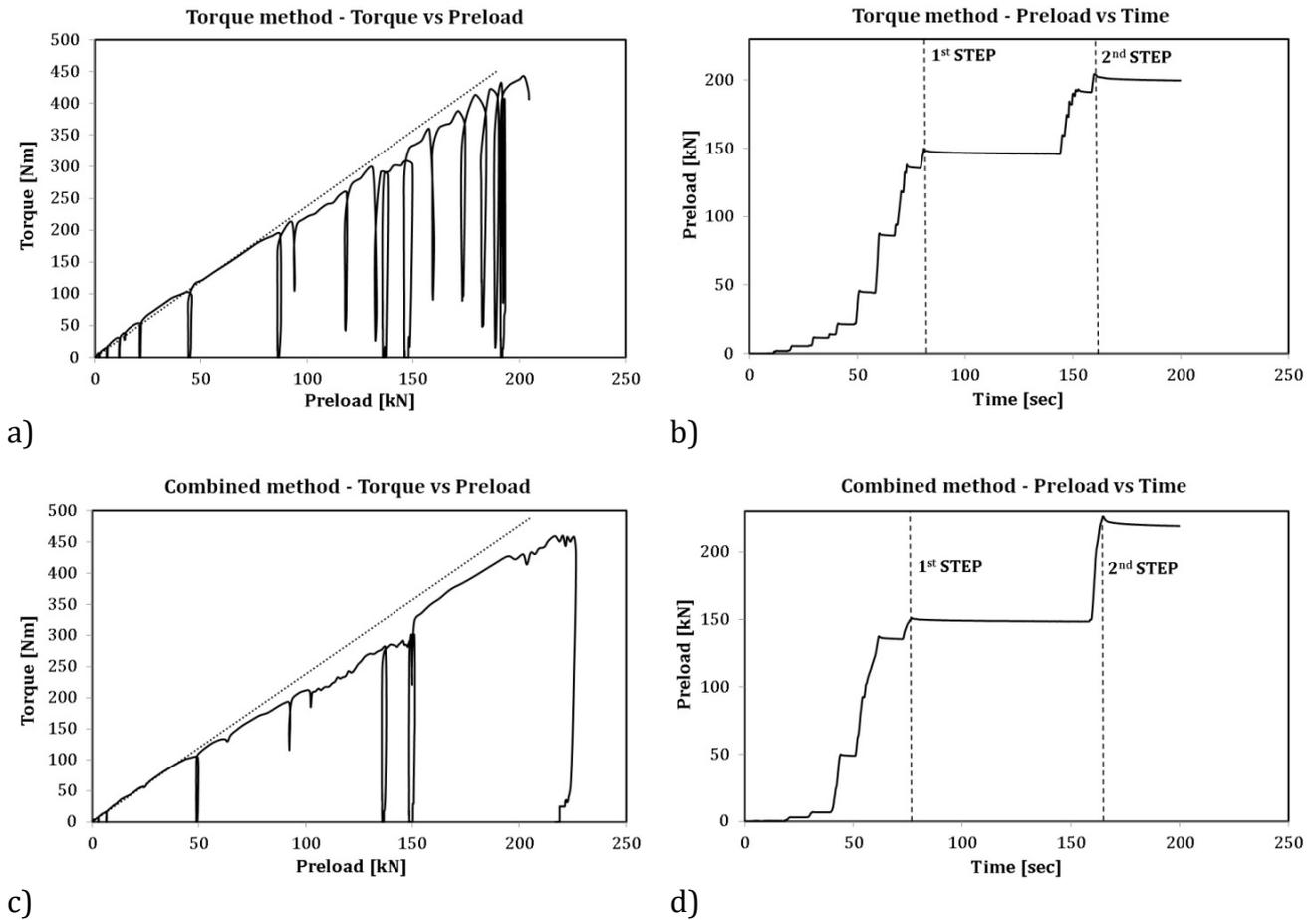
<b><i>Flat washers</i></b>	<i>Torque method</i>	15 tightening tests
	<i>Combined Method</i>	21 tightening tests
<b><i>Disc Springs</i></b>	<i>Torque method</i>	11 tightening tests
	<i>Combined Method</i>	11 tightening tests

364

365 The torque method has been applied adopting the procedure previously described, namely:  
 366 during the first step, the target preload has been fixed equal to  $0.75F_p=128.6kN$ , while during  
 367 the second one, the target preload force has been assumed equal to  $1.10F_p=188.7kN$ .

368 Conversely, the combined method has been executed applying to the specimens initially a  
 369 tightening control phase analogous to the one performed with the torque method and,  
 370 afterwards, a controlled part-turn rotation of the nut. In the case under study in this paper, as  
 371 far as the total thickness of the specimens was equal to 84mm, the rotation of the nut was  
 372 assumed equal to  $90^\circ$  according to the EN 1090-2 provisions.

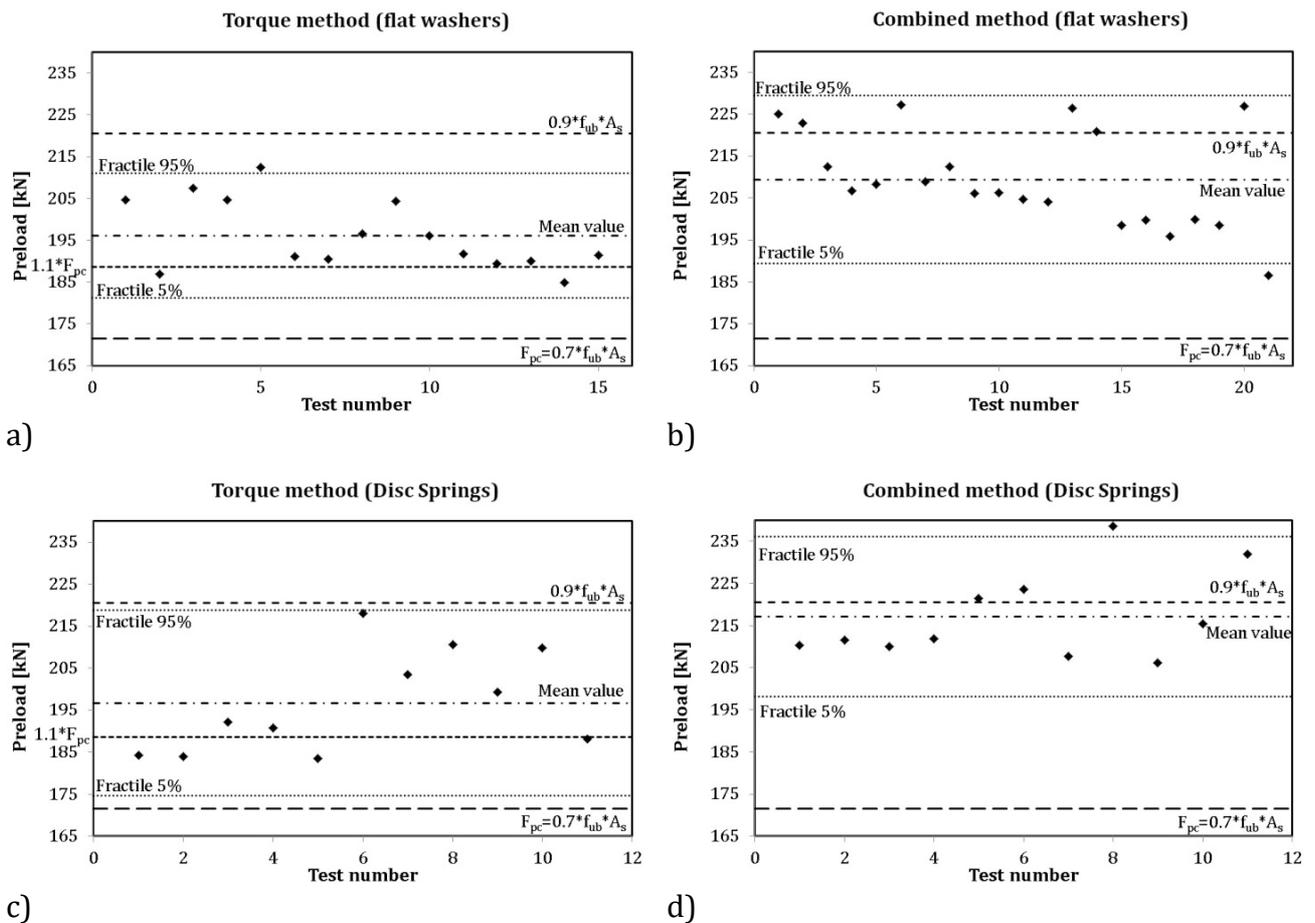
373 In Fig.6 the results of the application of the two different procedures are delivered,  
 374 representing in terms of *torque vs preload* and *preload vs time* a typical tightening session,  
 375 both for the torque and for the combined method. In both cases, it is possible to note that the  
 376 relationship between the torque and the preload is linear, with a slope corresponding  
 377 approximately to the k-factor. Additionally, in the *preload vs time* curves, the two loading  
 378 steps previously mentioned are easily recognisable, showing the approximate achievement of  
 379 the target values. All the specimens have been tightened following these methodologies, and  
 380 the results are herein critically discussed.



381 **Fig. 6** - Examples of tightening sessions  
 382

383 In order to assess the results, they have been collected into four charts delivered in Fig.7,  
 384 while in Table 2 the main statistical parameters obtained for each group of tightening tests  
 385 have been summarised. From the diagrams, it is possible to note some significant differences  
 386 between the two tightening methods individuating some criticisms, especially with respect to  
 387 the possible application to SFC dampers. First, a preliminary useful observation is that, the  
 388 two procedures could assure, in all the tightening tests, a value of the pre-load higher than the  
 389 minimum characteristic value used in design equal to 171.5kN. Therefore, they seemed to  
 390 perform adequately from this point of view. Despite this, the results obtained with the torque  
 391 and the combined method were significantly different (Fig.7). These differences, according to  
 392 the authors, are essentially due to the different goals that the two methods want to achieve. In  
 393 fact, as previously mentioned, the torque method (even though it has the criticisms previously  
 394 evidenced) is executed basically under force control and is calibrated to assure that, in the  
 395 same time, the characteristic value of the preload is higher than the nominal value used in  
 396 design and that the 95% fractile of the preload is lower than the nominal bolt tensile strength.

397 Conversely, the combined method is a displacement control procedure, able to guarantee that  
 398 the nominal value of the bolt preload is attained. However, even though it is very effective in  
 399 achieving this objective, it does not provide a clear control on the applied upper bound value  
 400 of the pre-load, which is based only on an empirical relationship between the part-turn  
 401 rotation of the nut and the thickness of the bolted assembly.  
 402 The varied accuracy of the two methods is very clear from the results represented in Fig.7. In  
 403 fact, for the torque method, under the assumption of a normal distribution, it resulted in the  
 404 lower and upper bound fractiles of the preloads being always contained in between the bound  
 405 values represented by the bolt's yield strength and nominal resistance. This happened both,  
 406 for assemblies employing flat washers, and for those equipped with disc springs. Conversely,  
 407 for the combined method, it is easy to note from Fig.7 that while, on the one hand, the  
 408 minimum preload was always achieved, on the other hand, in many cases the obtained pre-  
 409 load was greater than the nominal bolt tensile strength, with the consequent risk to over-load  
 410 the bolts.



411 **Fig. 7** – Summary of the tightening tests

412 In terms of statistical parameters, both methods provided low values for the coefficient of  
413 variation (lower than 0.06), complying with the minimum requirements of EN 1090-2, but the  
414 tightening forces applied with the combined method were characterised by an upward shift of  
415 the mean value (very close to the nominal bolt tensile strength) and of the upper and lower  
416 bound fractiles. Particularly with the combined method, in both cases (with or without disc  
417 springs), the upper bound fractile exceeded the minimum bolt yielding resistance.  
418 Additionally, in the case of the torque method, the presence of the disc springs did not seem  
419 influent on the response of the assembly, while for the combined method the presence of the  
420 disc springs provided a further upward shift of the mean value. This is probably because the  
421 procedure suggested by EN1090-2 has been extended straightforwardly to assemblies with  
422 disc springs, adopting the same angle of rotation of the nut (90°). Supposedly, with disc  
423 springs, due to the difference in the stiffness of the assembly, a recalibration of the part-turn  
424 of the nut should be performed. This should be investigated in greater detail in further  
425 analyses. Furthermore, this result may be also related to the fact that these disc springs are  
426 usually sold without “pre-setting” as, instead, suggested by [50] in application to AFC of SHJs.  
427 Additional burdens that seem to characterize the behaviour of the disc springs standardised  
428 according to DIN6796 are that they have a limited load capacity (which usually leads to adopt  
429 more disc springs in parallel), a low maximum deflection and edges which are not smooth and  
430 round, leading to a considerable energy dissipation while squashing them. All these factor,  
431 substantially, lead to a behaviour of the disc spring which is not actually elastic.

432 *Table 2. Tightening tests – Summary of statistical results.*

		$\mu$ [kN]	$\sigma$ [kN]	CV	Fractile 5% [kN]	Fractile 95% [kN]	$F_p$ [kN]	$1,1F_p$ [kN]
<b>Flat Washers</b>	<i>Torque Method</i>	196.14	8.19	0.04	181.24	211.04	171.50	188.65
	<i>Combined Method</i>	209.44	11.35	0.05	189.41	229.47	171.50	-
<b>Disc Springs</b>	<i>Torque Method</i>	196.73	10.53	0.05	172.98	214.25	171.50	188.65
	<i>Combined Method</i>	217.15	10.03	0.05	198.16	236.15	171.50	-

433  
434 As a conclusion, from the developed analyses, it seems that the torque method provided  
435 reliable results, fully complying with the EN 1090-2 requirements, both in case of traditional  
436 HV assemblies and in case of HV assemblies with disc springs. Nevertheless, it must be  
437 underlined that, as already specified before, a good threads quality is a fundamental feature  
438 for the consistent application of this methodology. Conversely, the combined method, even  
439 though on the one hand provided a reliable response in terms of achievement of the minimum  
440 preload, on the other hand showed to be more empirical, leading, in some cases, to values of

441 the tightening force being very close to or exceeding the bolt's yielding resistance.  
 442 Additionally, it was evident from the experimental data that the part-turn rotations currently  
 443 indicated in EN1090-2 should not be extended straightforwardly to assemblies with disc  
 444 springs. In fact, when disc springs are employed, due to the different stiffness of the assembly,  
 445 a recalibration of the part-turns should be previously performed.

446 **3.3 Short-term and mid-term relaxation tests**

447 In order to investigate the possible short- and medium-term relaxation effects of bolted  
 448 assemblies, specific tests have been conducted on specimens, in some cases employing disc  
 449 springs and HV washers, in other cases only with standard HV washers. The tests were  
 450 performed similarly to the tightening tests. Therefore, the specimens were tightened and the  
 451 preload was monitored for a period of time. No tensile force was applied to the specimens.  
 452 Some tests were performed by tightening according to the torque method and others using  
 453 the combined method. In 24 cases, the preload was monitored for a period of at least 18 hours  
 454 (short-term tests) and in 4 cases, the bolts' force was recorded for a minimum of 30 days  
 455 (mid-term tests). In Table 3, the typology of short-term tests performed are reported. The  
 456 results, which are not reported here in extensive detail for reasons of brevity, demonstrate  
 457 that there is no significant correlation between the tightening method and the bolts' loss of  
 458 tension, while it was possible to observe a very strong difference comparing the behaviour of  
 459 the assemblies with or without disc springs. In particular, as shown afterwards, when disc  
 460 springs were included in the assembly, the loss of preload was significantly higher, even  
 461 though the experimental data were characterised by a lower dispersion.

462 *Table 3. Short term relaxation tests list.*

<b>Flat Washers</b>	<i>Torque method</i>	6 tightening tests
	<i>Combined Method</i>	6 tightening tests
<b>Disc Springs</b>	<i>Torque Method</i>	6 tightening tests
	<i>Combined Method</i>	6 tightening tests

463 In Table 4, the results of the tests performed on specimens with HV flat washers are  
 464 summarised. For the sake of simplicity, even though the loss of tension was monitored  
 465 continuously during the tests, they are reported in this table in correspondence of precise  
 466 instants, namely at 1h, 6h, 12h and 18h. For each time instant, the losses are reported  
 467 summarising the results of the twelve tightening tests in terms of statistical parameters. It is  
 468 evident from Table 4 that in each time instant the coefficient of variation is very high,  
 469 underlining the strong aleatory nature of the phenomena, while the average loss varies from  
 470

471 about 4% to 5.3% at 1h and 18h from the initial tightening, respectively. In the last column of  
 472 the table, the expected loss at 50 years (reference life-time of the structure) is estimated  
 473 through extrapolation of the data (according to EN 1090-2), considering the possibility to  
 474 define, starting from the test data, an equation providing the loss over the time. To this scope,  
 475 four regression curves are proposed, normalising the loss with respect to the loss of initial  
 476 bolt tension that occurred at different time instants (1h, 6h, 12h, and 18 h) (Fig.8). These  
 477 regressions can be used as rapid tools to evaluate the bolts' loss of initial tension over time.  
 478 Additionally, they can also be interpreted from a statistical standpoint, assuming as a random  
 479 variable the loss at 1h, 6h, 12h, and 18h, with the mean values and coefficients of variations  
 480 reported in Table 4. Therefore, the regressions can be expressed in the following way:

$$\frac{p_{\%}(t)}{p_{\%,\#h}} = c_1 \ln(t) + c_2 \quad (1)$$

481 where  $p_{\%}(t)$  is the loss of preload at time  $t$  (in hours),  $c_1$  and  $c_2$  are two constants calibrated  
 482 on the experimental data by means of least square regression, and  $p_{\%,\#h}$  is the loss of preload  
 483 at time  $\#$ , with  $\#$  equal to 1h, 6h, 12h, or 18h. Based on the obtained data, according to the  
 484 procedure provided by EC0,  $p_{\%,\#h}$  is a variable that can be assumed normally distributed with  
 485 mean value equal to the mean value (reported in the second column of Table 4) and  
 486 coefficient of variation estimated from the sample (reported in the fourth column of Table 4).  
 487 In this way, the mean, lower bound and upper bound fractiles of the loss used to normalise  
 488 the regression can be determined as follows:

$$p_{\%,\#h,5\%fractile} = p_{\%,\#h,mean}(1 - \gamma \times CV) \quad (2)$$

$$p_{\%,\#h,95\%fractile} = p_{\%,\#h,mean}(1 + \gamma \times CV) \quad (3)$$

489 where  $\gamma$  accounts for the narrowness of the sample and can be expressed as:

$$\gamma = \left(1 + \frac{1}{n}\right)^{0.50} t_{\alpha,n} \quad (4)$$

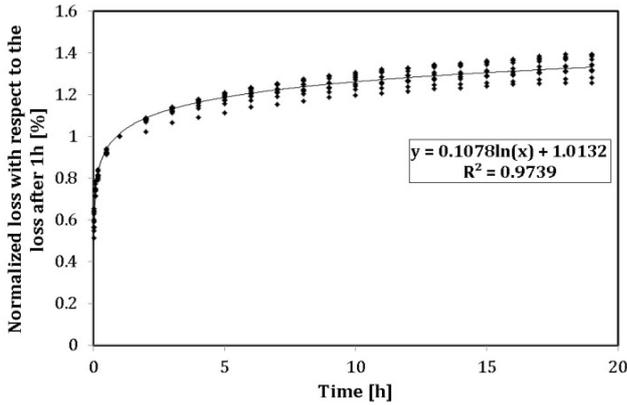
490 where  $n$  is the numerosity of the sample, and  $t_{\alpha,n}$  is the quantile of the t-student's distribution  
 491 with  $\alpha=0.05$ .

492 *Table 4. Short term relaxation tests results (Flat washers).*

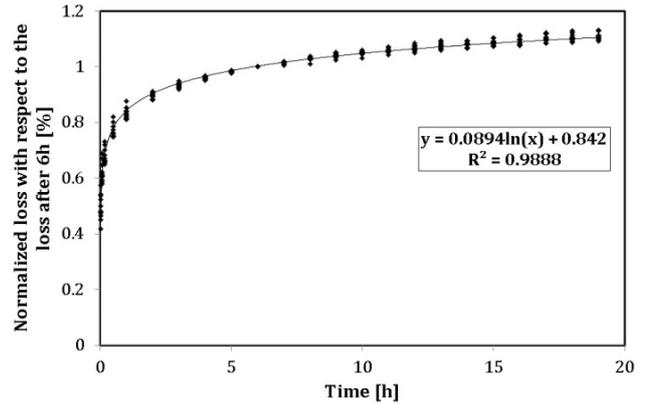
	$\mu$ [%]	$\sigma$ [%]	CV	Fractile 5% [%]	Fractile 95% [%]	Expected loss at 50 years (Regression curve)			$c_1$	$c_2$
						5%	Mean	95%		
<b>1h</b>	4.03%	1.01%	25.12%	2.22%	5.83%	5.37%	9.72%	14.07%	0.1078	1.0132
<b>6h</b>	4.79%	1.35%	28.24%	2.38%	7.20%	4.77%	9.60%	14.43%	0.0894	0.842
<b>12h</b>	5.09%	1.56%	30.71%	2.30%	7.87%	4.33%	9.55%	14.78%	0.0838	0.7893

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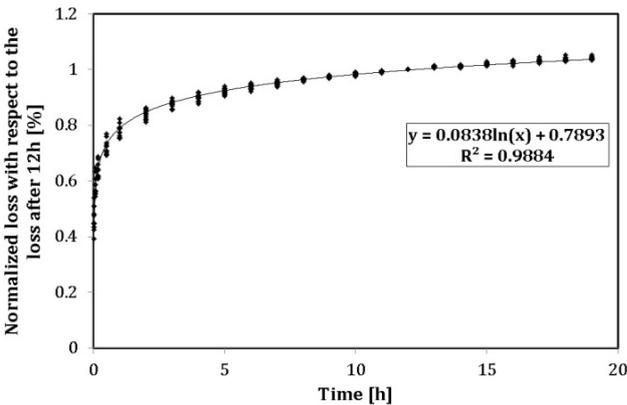
494 The results of the regression curves are summarised in Table 4 with the correlation  
 495 coefficients reported directly in Fig.8. In general, the results of the tests demonstrate that for  
 496 bolt assemblies with normal washers, the loss occurring in 50 years, on average, is  
 497 approximately equal to 10%, and that half of the total loss occurring during the life-time of the  
 498 bolted assemblies occurs in the first 12h.



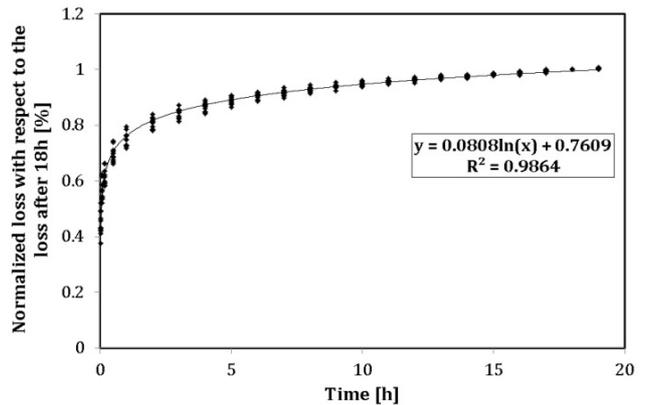
a)



b)



c)



d)

499 **Fig. 8** – Regression curves of short term relaxation tests (Flat washers) normalised with  
 500 respect to the loss occurred in fixed time instants a) 1h; b) 6h; c) 12h; d) 18h.  
 501

502 For the specimens equipped with disc spring, the same number of tests and the same analysis  
 503 of the data have been carried out. The results are reported in Table 5 and Fig.9. In this case, it  
 504 is easy to note from Table 5 that in the assemblies with disc springs the observed loss of  
 505 tension was always greater but, as stated, was also characterised by a lower variability. In fact,  
 506 the coefficient of variation evaluated at different time instants was, in this case, equal to about  
 507 8%. As before, in order to have a fast tool to estimate the bolts' loss of tension over time,  
 508 regression analyses of the data have been carried out, normalising the regression curves with

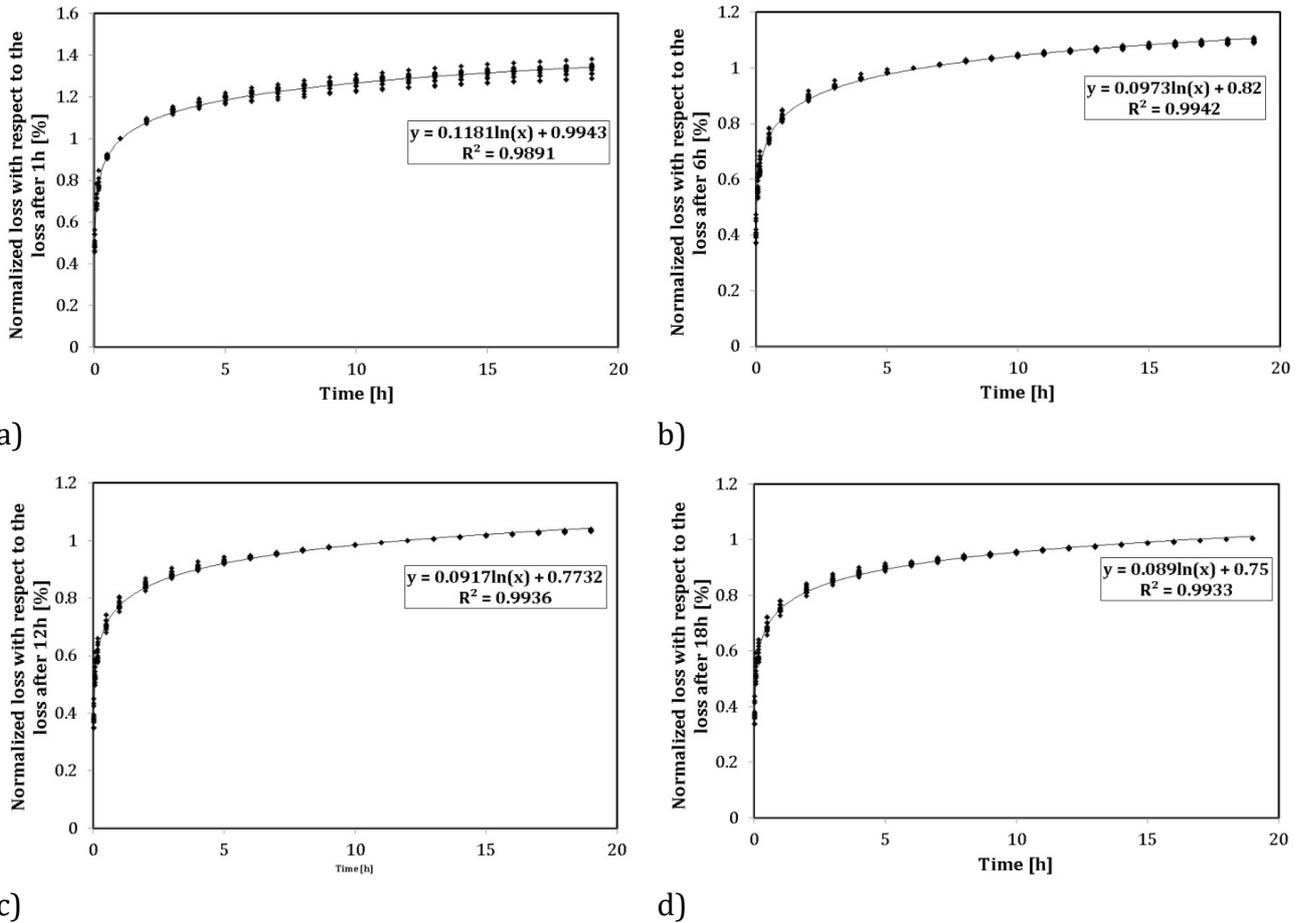
509 the loss occurring at 1h, 6h, 12h, and 18h. The loss of tension occurred at different time  
 510 instants with the mean values and coefficients of variations reported in Table 5. The analysis  
 511 of the data points out that in assemblies with disc springs, the loss of preload estimated at 50  
 512 years is, on average, of about 27% and that half of this loss occurs in the first 12h.

513

514 *Table 5. Short term relaxation tests results (Disc Springs).*

	$\mu$ [%]	$\sigma$ [%]	CV	Fractile 5% [%]	Fractile 95% [%]	Expected loss at 50 years (Regression curve)			c <sub>1</sub>	c <sub>2</sub>
						5%	Mean	95%		
<b>1h</b>	10.71%	0.91%	8.51%	9.09%	12.34%	22.98%	27.09%	31.19%	0.1181	0.9943
<b>6h</b>	12.98%	1.00%	7.72%	11.20%	14.77%	23.33%	27.05%	30.77%	0.0973	0.82
<b>12h</b>	13.76%	1.03%	7.46%	11.93%	15.60%	23.44%	27.04%	30.63%	0.0917	0.7732
<b>18h</b>	14.19%	1.04%	7.32%	12.34%	16.04%	23.52%	27.05%	30.58%	0.089	0.75

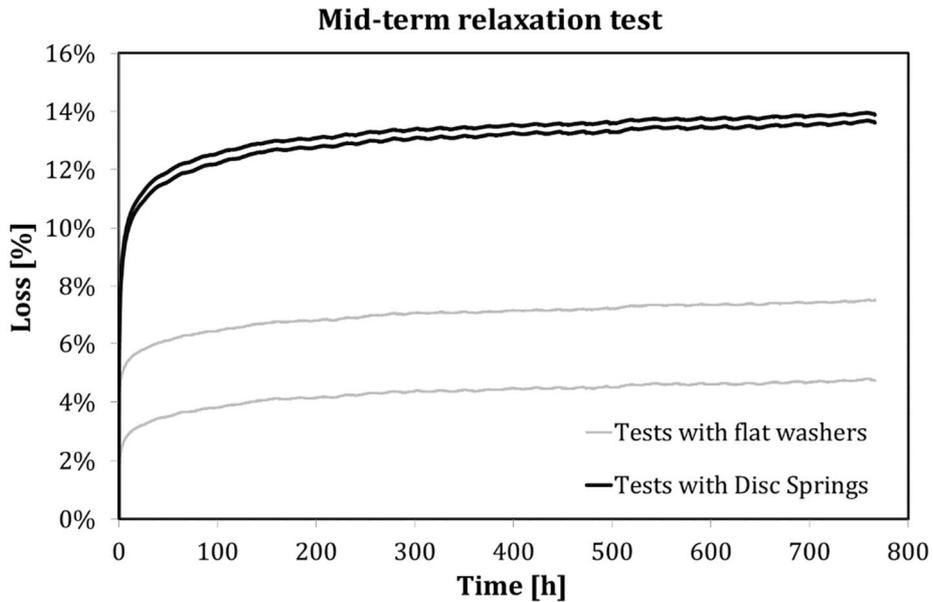
515



516 **Fig. 9** – Regression curves of short term relaxation tests (Disc Springs) normalised with  
 517 respect to the loss occurred in fixed time instants a) 1h; b) 6h; c) 12h; d) 18h.

518 In order to better clarify the role of time-dependent effects on the bolts' pre-load, other four  
 519 tests have been performed: two on equal specimens with flat washers and two on equal

520 specimens with disc springs. These tests have been extended over a period of 30 days  
521 monitoring continuously the pre-load. The results of the tests are shown in Fig.10, where the  
522 dashed lines report the results of the tests with flat washers and the continuous lines  
523 represent those of the specimens with disc springs. Again, it is immediate to note from Fig.10  
524 that the specimens employing disc springs showed a higher loss of preload since the  
525 beginning. This is probably related to the higher deformability of the assembly. In fact, the  
526 higher deformability of the assembly seems to provide, at installation, a higher elastic return  
527 of the tightening force. This may, obviously, also depend on the installation procedure that has  
528 been carried out; in the current case – manually – with a torque wrench. The same results  
529 represented in Fig.10, are summarised in Table 6, reporting the losses in different time  
530 instants, namely at 1h, 6h, 12h, 18h, 15 days, and 30 days. Additionally, in this table, for every  
531 test an estimate of the loss of preload at 50 years is reported, performing several regression  
532 analyses using the data acquired from the beginning of the test up to the fixed time instants.  
533 This is to check on the approximation obtained in the estimate of the 50-years loss using the  
534 data coming from the short-term tests, with respect to the estimate made using the data  
535 coming from the mid-term tests. From the results reported in Table 6, several aspects can be  
536 noted. First, as also previously observed, the loss of initial tension with disc springs was  
537 evidently higher since the beginning and it did not stabilise as fast as it did for specimens with  
538 flat washers. In fact, for specimens with flat washers, the regression curves became practically  
539 stable after 12-18h from the tightening, while for specimens employing disc springs, the loss  
540 was not completely stabilised even after 30 days. This is evidenced from the extrapolations of  
541 the 50-year loss. In fact, for specimens with flat washers the estimate of the loss of initial  
542 tension did not change significantly, if considering the data at 6h or 30 days (the regression  
543 curve is stabilised already after 6h and does not vary significantly adding data of the next  
544 29days and 18h). Conversely, for specimens with disc springs the estimate of the loss of  
545 preload varies significantly considering the data at 18h or the data at 30 days (the regression  
546 curve is not stable and tends to stabilise after a longer period of time because the slope of the  
547 curve tends to soften over the time).



**Fig. 10** – Medium-term relaxation tests results

548

549 Therefore, from the obtained results it seems that short-term tests provide accurate results in  
 550 estimating the loss of bolts' tension for assemblies with flat washers even after 6 hours and,  
 551 additionally, the estimate with short-term tests is also slightly on the safe side. Conversely, for  
 552 assemblies with disc springs, as far as the loss does not stabilise rapidly, it seems that the  
 553 short-term tests are not accurate, and too conservative to estimate the loss over 50-years.  
 554 Overall, in all the tests, both with disc springs and with normal washers, about 70% of the loss  
 555 expected to occur in 50 years ended in 30 days.

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Table 6. Medium term relaxation tests results.

		1h	6h	12h	18h	15days	30days	
<b>Flat washers</b>	<b>Test 1</b>	<i>Loss of preload after # hours/days</i>	4.35%	5.21%	5.50%	5.66%	7.06%	7.40%
		<i>50 years' loss estimated using the data obtained up to #hours/days</i>	15.74%	11.68%	11.04%	10.68%	10.36%	10.41%
	<b>Test 2</b>	<i>Loss of preload after # hours/days</i>	1.99%	2.71%	2.98%	3.12%	4.37%	4.68%
		<i>50 years loss estimated using the data obtained up to #hours/days</i>	5.00%	6.35%	6.75%	6.74%	7.48%	7.33%
<b>Disc Springs</b>	<b>Test 3</b>	<i>Loss of preload after # hours/days</i>	6.78%	9.36%	10.19%	10.62%	13.13%	13.54%
		<i>50 years loss estimated using the data obtained up to #hours/days</i>	17.54%	23.37%	23.77%	23.52%	19.42%	18.83%
	<b>Test 4</b>	<i>Loss of preload after # hours/days</i>	7.01%	9.66%	10.50%	10.91%	13.43%	13.84%
		<i>50 years loss estimated using the data obtained up to #hours/days</i>	18.03%	24.01%	24.28%	24.03%	20.32%	19.22%

#### 576 4. CONCLUSIONS

577 In this paper, an experimental analysis regarding the accuracy of the tightening procedures  
578 proposed by EN 1090-2 and the influence of time-related relaxation effect over the pre-load  
579 has been carried out. In the experimental analysis, different bolt assemblies have been tested  
580 considering also the possibility to employ the standardised type of European disc springs.  
581 Based on the developed work the following conclusions can be drawn:

- 582 • The torque method as currently codified – even though as already evidenced by  
583 Berenbak [42] presents some criticisms and should be improved – seems sufficiently  
584 accurate. In fact, with the torque procedure, in all the tightening tests, the bolt target  
585 preload was matched obtaining the expected accuracy. The accuracy did not vary  
586 significantly with the type of bolt assembly. In fact, analysing the experimental data  
587 statistically revealed that the torque method can be applied to both standard HV  
588 assemblies and to assemblies employing disc springs not changing the accuracy;
- 589 • The combined method has proved to be accurate in achieving the nominal preload.  
590 However, despite this, it demonstrated to be more empirical and not accurate enough  
591 in limiting the bolt preload below the nominal value of the yield resistance. In fact,  
592 following the currently codified procedure, in many cases a preload exceeding the  
593 nominal bolt tensile strength was applied. This may be due to an imprecise definition

594 of the part-turn rotations indicated in the EN 1090-2. Additionally, the tests performed  
595 have shown that the part-turn rotations suggested by the EN 1090-2 cannot be  
596 straightforwardly extended to assemblies with disc springs. This is because, due to the  
597 higher deformability of the assembly, a different part-turn rotation should be applied  
598 to the assembly. Therefore, a recalibration of the part-turns should be made in order to  
599 extend the combined method to assemblies with disc springs;

- 600 • The short-term tests have revealed that the bolts' loss of initial tension is a relevant  
601 effect that deserves to be accounted for in design procedures. To this scope, regression  
602 curves of the experimental data have been provided. Overall, the short-term  
603 experimental tests have shown that with normal assemblies the loss of preload in 18h  
604 is equal, on average, to about 5%, while for assemblies with disc springs it reaches an  
605 average value of 14% in 18h. The extrapolation of short-term data led to an estimate of  
606 the average loss over 50 years of about 10% and 27% for assemblies with normal HV  
607 washers and disc springs, respectively. In both cases, it was observed that the loss of  
608 preload occurring in 18h is about 50% of the total estimated to occur in 50 years;
- 609 • In order to generalise the obtained results, the possibility to employ different  
610 configurations of disc springs or customised pre-set disc springs should also be  
611 investigated. In fact, it was demonstrated in this work that the European standardised  
612 disc springs are not effective in maintaining the initial pre-load because, basically, they  
613 do not behave elastically. Additionally, they have, as already stated in the paper, a low  
614 load capacity and maximum deflection as well as edges which are not smooth and  
615 round, leading to a significant energy dissipation while squashing them. In this regard,  
616 further experimental analyses will be undertaken by the authors in the future research  
617 activities;
- 618 • Overall, from the experimental data, it was observed that both, in case of assemblies  
619 with disc springs and normal washers, about 70% of the loss that is expected to occur  
620 in 50 years ends in 30 days.

621

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625 Research & Innovation is gratefully acknowledged.

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